

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Agulhas Aquatics-OB**1 Beyers, Lize M - Female - Age: 12 - Ind/Rel: 8 / 0**

#202 Women 16&U 100 Free Prelims	1:13.50	#208 Women 16&U 200 Back Prelims	3:07.02
#306 Women 16&U 50 Breast Prelims	49.53	#310 Women 16&U 100 Back Prelims	1:23.95
#314 Women 16&U 200 IM Prelims	3:06.48	#402 Women 16&U 50 Free Prelims	32.56
#410 Women 16&U 50 Back Prelims	37.53	#412 Women 16&U 50 Fly Prelims	37.10

2 Naude, Niel P - Male - Age: 11 - Ind/Rel: 7 / 0

#207 Men 16&U 200 Back Prelims	3:05.76	#211 Men 16&U 100 Fly Prelims	1:30.99
#309 Men 16&U 100 Back Prelims	1:25.94	#313 Men 16&U 200 IM Prelims	3:08.16
#401 Men 16&U 50 Free Prelims	34.24	#409 Men 16&U 50 Back Prelims	40.24
#411 Men 16&U 50 Fly Prelims	36.55		

Agulhas Aquatics-OB Total Individual Entries: 15 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Alpha Swim Club-CP**1 Langeveldt, Christiano C - Male - Age: 15 - Ind/Rel: 8 / 0**

#109 Men 15 400 Free	4:59.88	#201 Men 16&U 100 Free Prelims	1:03.78
#211 Men 16&U 100 Fly Prelims	1:13.61	#301 Men 16&U 200 Free Prelims	2:18.09
#305 Men 16&U 50 Breast Prelims	38.83	#313 Men 16&U 200 IM Prelims	2:42.65
#401 Men 16&U 50 Free Prelims	28.63	#411 Men 16&U 50 Fly Prelims	31.09

2 October, Jemma F - Female - Age: 11 - Ind/Rel: 8 / 0

#102 Women 11&U 400 Free	6:06.10	#202 Women 16&U 100 Free Prelims	1:23.90
#212 Women 16&U 100 Fly Prelims	1:58.29	#302 Women 16&U 200 Free Prelims	2:58.09
#314 Women 16&U 200 IM Prelims	3:38.14	#402 Women 16&U 50 Free Prelims	40.01
#410 Women 16&U 50 Back Prelims	51.35	#412 Women 16&U 50 Fly Prelims	53.75

Alpha Swim Club-CP Total Individual Entries: 16 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Anax Swim Academy Swim Club-CP**1 Madeley, Amy O - Female - Age: 14 - Ind/Rel: 10 / 0**

#108 Women 14 400 Free	5:12.10	#202 Women 16&U 100 Free Prelims	1:10.57
#208 Women 16&U 200 Back Prelims	2:37.49	#212 Women 16&U 100 Fly Prelims	1:20.96
#302 Women 16&U 200 Free Prelims	2:29.32	#310 Women 16&U 100 Back Prelims	1:15.88
#314 Women 16&U 200 IM Prelims	2:53.84	#402 Women 16&U 50 Free Prelims	33.04
#410 Women 16&U 50 Back Prelims	34.69	#412 Women 16&U 50 Fly Prelims	34.67

Anax Swim Academy Swim Club-CP Total Individual Entries: 10 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Aqua Dolphin Swimming Club-CP**1 De Smidt, Emma J - Female - Age: 13 - Ind/Rel: 8 / 0**

#106 Women 13 400 Free	5:30.90	#206 Women 16&U 100 Breast Prelims	1:43.89
#212 Women 16&U 100 Fly Prelims	1:24.26	#302 Women 16&U 200 Free Prelims	2:36.06
#310 Women 16&U 100 Back Prelims	1:29.72	#314 Women 16&U 200 IM Prelims	3:09.34
#402 Women 16&U 50 Free Prelims	31.99	#406 Women 16&U 200 Breast Prelims	3:49.24

Aqua Dolphin Swimming Club-CP Total Individual Entries: 8 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

Team Entries - All Events

Aqua Sharks Academy-CP

1 Hauser, Paul - Male - Age: 13 - Ind/Rel: 6 / 3

#201 Men 16&U 100 Free Prelims	1:12.08	#205 Men 16&U 100 Breast Prelims	1:27.45
#301 Men 16&U 200 Free Prelims	2:40.63	#305 Men 16&U 50 Breast Prelims	39.90
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:08.83	#401 Men 16&U 50 Free Prelims	31.54
#405 Men 16&U 200 Breast Prelims	3:09.81	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:27.18
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:47.16		

2 Lombard, Quan R - Male - Age: 13 - Ind/Rel: 9 / 5

#105 Men 13 400 Free	5:54.16	#201 Men 16&U 100 Free Prelims	1:08.87
#205 Men 16&U 100 Breast Prelims	1:28.25	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:39.31
#301 Men 16&U 200 Free Prelims	2:30.01	#305 Men 16&U 50 Breast Prelims	40.50
#309 Men 16&U 100 Back Prelims	1:19.29	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:02.78
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:20.05	#401 Men 16&U 50 Free Prelims	30.79
#405 Men 16&U 200 Breast Prelims	3:13.36	#409 Men 16&U 50 Back Prelims	34.97
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:17.24	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:30.76

3 Longueira, Ava L - Female - Age: 14 - Ind/Rel: 8 / 5

#108 Women 14 400 Free	5:46.80	#202 Women 16&U 100 Free Prelims	1:08.54
#206 Women 16&U 100 Breast Prelims	1:28.71	#212 Women 16&U 100 Fly Prelims	1:18.04
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:40.61	#302 Women 16&U 200 Free Prelims	2:33.98
#306 Women 16&U 50 Breast Prelims	39.08	#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.15
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:20.05	#402 Women 16&U 50 Free Prelims	31.15
#406 Women 16&U 200 Breast Prelims	3:08.62	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:27.29
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:30.76		

4 Lubbe, Mikael B - Male - Age: 13 - Ind/Rel: 10 / 4

#105 Men 13 400 Free	5:32.80	#201 Men 16&U 100 Free Prelims	1:14.81
#207 Men 16&U 200 Back Prelims	2:54.86	#211 Men 16&U 100 Fly Prelims	1:31.80
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:39.31	#301 Men 16&U 200 Free Prelims	2:43.32
#305 Men 16&U 50 Breast Prelims	44.36	#309 Men 16&U 100 Back Prelims	1:19.15
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:02.78	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:20.05
#401 Men 16&U 50 Free Prelims	33.08	#405 Men 16&U 200 Breast Prelims	3:41.00
#411 Men 16&U 50 Fly Prelims	35.38	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:17.24

5 Makore, Bona M - Female - Age: 12 - Ind/Rel: 9 / 4

#104 Women 12 400 Free	6:01.06	#202 Women 16&U 100 Free Prelims	1:13.57
#206 Women 16&U 100 Breast Prelims	1:43.03	#212 Women 16&U 100 Fly Prelims	1:30.11
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.34	#302 Women 16&U 200 Free Prelims	2:41.62
#306 Women 16&U 50 Breast Prelims	47.69	#314 Women 16&U 200 IM Prelims	3:04.09
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:11.51	#402 Women 16&U 50 Free Prelims	34.00
#412 Women 16&U 50 Fly Prelims	37.41	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:32.04
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:47.16		

6 Meets, Daniel - Male - Age: 12 - Ind/Rel: 7 / 4

#201 Men 16&U 100 Free Prelims	1:19.21	#301 Men 16&U 200 Free Prelims	3:08.02
#305 Men 16&U 50 Breast Prelims	49.50	#309 Men 16&U 100 Back Prelims	1:29.68
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:08.83	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:32.28
#401 Men 16&U 50 Free Prelims	35.06	#409 Men 16&U 50 Back Prelims	39.40
#411 Men 16&U 50 Fly Prelims	39.63	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:27.18
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.06		

7 Pitout, Addison P - Female - Age: 11 - Ind/Rel: 8 / 4

#102 Women 11&U 400 Free	5:57.08	#202 Women 16&U 100 Free Prelims	1:12.84
#206 Women 16&U 100 Breast Prelims	1:42.44	#212 Women 16&U 100 Fly Prelims	1:27.96
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.34	#302 Women 16&U 200 Free Prelims	2:43.76
#314 Women 16&U 200 IM Prelims	3:14.63	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:11.51
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.65	#402 Women 16&U 50 Free Prelims	32.42
#412 Women 16&U 50 Fly Prelims	34.88	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:32.04

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Team Entries - All Events

Aqua Sharks Academy-CP

8 Pitout, Zachary J - Male - Age: 14 - Ind/Rel: 9 / 5

#107 Men 14 400 Free	5:24.99	#201 Men 16&U 100 Free Prelims	1:04.56
#205 Men 16&U 100 Breast Prelims	1:25.15	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:39.31
#301 Men 16&U 200 Free Prelims	2:26.90	#305 Men 16&U 50 Breast Prelims	39.81
#309 Men 16&U 100 Back Prelims	1:22.55	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:02.78
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.65	#401 Men 16&U 50 Free Prelims	28.60
#405 Men 16&U 200 Breast Prelims	3:10.35	#411 Men 16&U 50 Fly Prelims	34.97
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:17.24	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:30.76

9 Smith, Jenson C - Male - Age: 15 - Ind/Rel: 6 / 2

#201 Men 16&U 100 Free Prelims	1:00.78	#211 Men 16&U 100 Fly Prelims	1:12.23
#301 Men 16&U 200 Free Prelims	2:28.87	#313 Men 16&U 200 IM Prelims	2:49.17
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:08.83	#401 Men 16&U 50 Free Prelims	28.00
#411 Men 16&U 50 Fly Prelims	30.69	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:17.24

10 Sprong, Jaime M - Female - Age: 12 - Ind/Rel: 10 / 5

#104 Women 12 400 Free	6:08.10	#202 Women 16&U 100 Free Prelims	1:11.14
#208 Women 16&U 200 Back Prelims	3:02.08	#212 Women 16&U 100 Fly Prelims	1:28.67
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.34	#302 Women 16&U 200 Free Prelims	2:49.55
#310 Women 16&U 100 Back Prelims	1:24.73	#314 Women 16&U 200 IM Prelims	3:07.95
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:11.51	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:32.28
#402 Women 16&U 50 Free Prelims	31.57	#410 Women 16&U 50 Back Prelims	38.42
#412 Women 16&U 50 Fly Prelims	37.52	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:32.04
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.06		

11 Swanepoel, Pia Q - Female - Age: 12 - Ind/Rel: 10 / 5

#104 Women 12 400 Free	5:45.47	#202 Women 16&U 100 Free Prelims	1:12.79
#206 Women 16&U 100 Breast Prelims	1:34.37	#212 Women 16&U 100 Fly Prelims	1:23.35
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.34	#302 Women 16&U 200 Free Prelims	2:47.24
#306 Women 16&U 50 Breast Prelims	43.74	#314 Women 16&U 200 IM Prelims	3:01.54
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:11.51	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:32.28
#402 Women 16&U 50 Free Prelims	33.52	#406 Women 16&U 200 Breast Prelims	3:24.23
#412 Women 16&U 50 Fly Prelims	35.51	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:32.04
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.06		

12 Van Dyk, Adriaan J - Male - Age: 12 - Ind/Rel: 8 / 4

#201 Men 16&U 100 Free Prelims	1:20.92	#205 Men 16&U 100 Breast Prelims	1:49.00
#211 Men 16&U 100 Fly Prelims	1:26.40	#305 Men 16&U 50 Breast Prelims	47.76
#309 Men 16&U 100 Back Prelims	1:31.12	#313 Men 16&U 200 IM Prelims	3:23.37
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:08.83	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:32.28
#401 Men 16&U 50 Free Prelims	34.23	#411 Men 16&U 50 Fly Prelims	37.57
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:27.18	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.06

13 Van Dyk, Zani - Female - Age: 14 - Ind/Rel: 8 / 5

#202 Women 16&U 100 Free Prelims	1:08.79	#208 Women 16&U 200 Back Prelims	2:51.66
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:40.61	#306 Women 16&U 50 Breast Prelims	39.83
#310 Women 16&U 100 Back Prelims	1:19.36	#314 Women 16&U 200 IM Prelims	2:55.77
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.15	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.65
#402 Women 16&U 50 Free Prelims	30.34	#410 Women 16&U 50 Back Prelims	34.88
#412 Women 16&U 50 Fly Prelims	33.94	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:27.29
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:30.76		

14 Voysey, Ella N - Female - Age: 13 - Ind/Rel: 7 / 5

#202 Women 16&U 100 Free Prelims	1:10.44	#206 Women 16&U 100 Breast Prelims	1:27.69
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:40.61	#302 Women 16&U 200 Free Prelims	2:35.34
#306 Women 16&U 50 Breast Prelims	39.22	#314 Women 16&U 200 IM Prelims	3:01.23
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.15	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:20.05
#406 Women 16&U 200 Breast Prelims	3:15.24	#412 Women 16&U 50 Fly Prelims	38.54
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:27.29	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:47.16

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Aqua Sharks Academy-CP****15 Wener, Sophia - Female - Age: 15 - Ind/Rel: 7 / 3**

#202 Women 16&U 100 Free Prelims	1:12.84	#206 Women 16&U 100 Breast Prelims	1:25.17
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:40.61	#306 Women 16&U 50 Breast Prelims	38.90
#314 Women 16&U 200 IM Prelims	2:59.71	#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.15
#402 Women 16&U 50 Free Prelims	32.11	#406 Women 16&U 200 Breast Prelims	3:09.85
#412 Women 16&U 50 Fly Prelims	35.88	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:27.29

16 Wilson, Kaleb - Male - Age: 13 - Ind/Rel: 9 / 5

#105 Men 13 400 Free	5:49.27	#201 Men 16&U 100 Free Prelims	1:11.07
#205 Men 16&U 100 Breast Prelims	1:28.49	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:39.31
#305 Men 16&U 50 Breast Prelims	38.29	#309 Men 16&U 100 Back Prelims	1:21.94
#313 Men 16&U 200 IM Prelims	2:55.97	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:02.78
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:16.65	#401 Men 16&U 50 Free Prelims	30.31
#405 Men 16&U 200 Breast Prelims	3:14.68	#411 Men 16&U 50 Fly Prelims	36.44
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:27.18	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:47.16

Aqua Sharks Academy-CP Total Individual Entries: 131 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Aquanova Aquatics Club-BU**1 Chetty, Liam - Male - Age: 16 - Ind/Rel: 5 / 0**

#205 Men 16&U 100 Breast Prelims	1:19.56	#305 Men 16&U 50 Breast Prelims	35.45
#313 Men 16&U 200 IM Prelims	2:53.47	#405 Men 16&U 200 Breast Prelims	2:58.47
#409 Men 16&U 50 Back Prelims	36.43		

2 van Staden, Mika L - Male - Age: 16 - Ind/Rel: 7 / 0

#111 Men 16 400 Free	5:11.80	#201 Men 16&U 100 Free Prelims	1:00.17
#211 Men 16&U 100 Fly Prelims	1:07.24	#301 Men 16&U 200 Free Prelims	2:17.01
#305 Men 16&U 50 Breast Prelims	37.73	#401 Men 16&U 50 Free Prelims	27.38
#411 Men 16&U 50 Fly Prelims	28.16		

3 van Staden, Stella - Female - Age: 12 - Ind/Rel: 5 / 0

#206 Women 16&U 100 Breast Prelims	1:39.06	#302 Women 16&U 200 Free Prelims	3:10.58
#306 Women 16&U 50 Breast Prelims	46.52	#406 Women 16&U 200 Breast Prelims	3:29.45
#410 Women 16&U 50 Back Prelims	42.34		

Aquanova Aquatics Club-BU Total Individual Entries: 17 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Barracudas Aquarama SC-CP****1 Egen, Erigh E - Male - Age: 13 - Ind/Rel: 11 / 2**

#105 Men 13 400 Free	6:00.23	#201 Men 16&U 100 Free Prelims	1:11.71
#205 Men 16&U 100 Breast Prelims	1:37.17	#211 Men 16&U 100 Fly Prelims	1:17.87
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:50.47	#301 Men 16&U 200 Free Prelims	2:43.05
#305 Men 16&U 50 Breast Prelims	42.01	#313 Men 16&U 200 IM Prelims	2:59.79
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.26	#401 Men 16&U 50 Free Prelims	31.77
#405 Men 16&U 200 Breast Prelims	3:41.38	#409 Men 16&U 50 Back Prelims	37.24
#411 Men 16&U 50 Fly Prelims	34.49		

2 Heunis, Johan C - Male - Age: 12 - Ind/Rel: 10 / 2

#103 Men 12 400 Free	5:31.70	#201 Men 16&U 100 Free Prelims	1:08.81
#207 Men 16&U 200 Back Prelims	2:57.59	#211 Men 16&U 100 Fly Prelims	1:20.03
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:50.47	#301 Men 16&U 200 Free Prelims	2:36.61
#309 Men 16&U 100 Back Prelims	1:23.00	#313 Men 16&U 200 IM Prelims	3:00.45
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.26	#401 Men 16&U 50 Free Prelims	31.30
#409 Men 16&U 50 Back Prelims	38.10	#411 Men 16&U 50 Fly Prelims	33.70

3 Swanepoel, Roehan J - Male - Age: 12 - Ind/Rel: 8 / 2

#201 Men 16&U 100 Free Prelims	1:12.04	#205 Men 16&U 100 Breast Prelims	1:36.17
#207 Men 16&U 200 Back Prelims	3:00.42	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:50.47
#301 Men 16&U 200 Free Prelims	2:40.87	#305 Men 16&U 50 Breast Prelims	43.71
#309 Men 16&U 100 Back Prelims	1:23.18	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.26
#401 Men 16&U 50 Free Prelims	32.72	#405 Men 16&U 200 Breast Prelims	3:28.11

4 Tredoux, Simon P - Male - Age: 11 - Ind/Rel: 7 / 2

#201 Men 16&U 100 Free Prelims	1:17.91	#205 Men 16&U 100 Breast Prelims	1:41.97
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:50.47	#305 Men 16&U 50 Breast Prelims	42.92
#313 Men 16&U 200 IM Prelims	3:24.92	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.26
#401 Men 16&U 50 Free Prelims	34.47	#405 Men 16&U 200 Breast Prelims	3:41.43
#411 Men 16&U 50 Fly Prelims	42.28		

Barracudas Aquarama SC-CP Total Individual Entries: 36 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Bay Eagle Swim Team-NM****1 Berry, Olivia D - Female - Age: 12 - Ind/Rel: 6 / 0**

#104 Women 12 400 Free	5:44.83	#202 Women 16&U 100 Free Prelims	1:16.22
#206 Women 16&U 100 Breast Prelims	1:43.85	#302 Women 16&U 200 Free Prelims	2:46.40
#310 Women 16&U 100 Back Prelims	1:30.31	#314 Women 16&U 200 IM Prelims	3:15.00

2 Coates, Caleb - Male - Age: 14 - Ind/Rel: 6 / 0

#301 Men 16&U 200 Free Prelims	2:25.49	#305 Men 16&U 50 Breast Prelims	38.38
#313 Men 16&U 200 IM Prelims	2:44.24	#401 Men 16&U 50 Free Prelims	28.67
#409 Men 16&U 50 Back Prelims	35.31	#411 Men 16&U 50 Fly Prelims	29.88

3 Delpont, Reynard - Male - Age: 12 - Ind/Rel: 10 / 0

#103 Men 12 400 Free	5:24.42	#201 Men 16&U 100 Free Prelims	1:12.62
#205 Men 16&U 100 Breast Prelims	1:46.34	#207 Men 16&U 200 Back Prelims	3:09.31
#301 Men 16&U 200 Free Prelims	2:36.77	#305 Men 16&U 50 Breast Prelims	47.08
#313 Men 16&U 200 IM Prelims	3:05.21	#401 Men 16&U 50 Free Prelims	33.31
#405 Men 16&U 200 Breast Prelims	3:51.14	#411 Men 16&U 50 Fly Prelims	38.69

4 Lubbe, Esther A - Female - Age: 12 - Ind/Rel: 7 / 0

#104 Women 12 400 Free	5:49.79	#202 Women 16&U 100 Free Prelims	1:15.34
#206 Women 16&U 100 Breast Prelims	1:40.97	#302 Women 16&U 200 Free Prelims	2:44.39
#306 Women 16&U 50 Breast Prelims	46.01	#314 Women 16&U 200 IM Prelims	3:10.75
#406 Women 16&U 200 Breast Prelims	3:37.04		

5 Prince, Caleb T - Male - Age: 15 - Ind/Rel: 8 / 0

#109 Men 15 400 Free	5:04.66	#201 Men 16&U 100 Free Prelims	1:02.72
#211 Men 16&U 100 Fly Prelims	1:11.59	#301 Men 16&U 200 Free Prelims	2:21.45
#309 Men 16&U 100 Back Prelims	1:15.34	#401 Men 16&U 50 Free Prelims	28.79
#409 Men 16&U 50 Back Prelims	34.64	#411 Men 16&U 50 Fly Prelims	31.36

6 Theunissen, Jude E - Male - Age: 13 - Ind/Rel: 11 / 0

#105 Men 13 400 Free	5:07.51	#201 Men 16&U 100 Free Prelims	1:06.37
#205 Men 16&U 100 Breast Prelims	1:32.93	#211 Men 16&U 100 Fly Prelims	1:14.76
#301 Men 16&U 200 Free Prelims	2:25.67	#305 Men 16&U 50 Breast Prelims	40.92
#309 Men 16&U 100 Back Prelims	1:20.58	#313 Men 16&U 200 IM Prelims	2:42.67
#401 Men 16&U 50 Free Prelims	29.67	#409 Men 16&U 50 Back Prelims	35.89
#411 Men 16&U 50 Fly Prelims	32.44		

7 Thompson, Mia M - Female - Age: 11 - Ind/Rel: 12 / 0

#102 Women 11&U 400 Free	5:35.69	#202 Women 16&U 100 Free Prelims	1:14.14
#206 Women 16&U 100 Breast Prelims	1:38.62	#208 Women 16&U 200 Back Prelims	3:01.25
#212 Women 16&U 100 Fly Prelims	1:28.75	#302 Women 16&U 200 Free Prelims	2:39.85
#306 Women 16&U 50 Breast Prelims	44.42	#310 Women 16&U 100 Back Prelims	1:24.16
#314 Women 16&U 200 IM Prelims	3:03.93	#402 Women 16&U 50 Free Prelims	33.21
#410 Women 16&U 50 Back Prelims	38.47	#412 Women 16&U 50 Fly Prelims	38.36

Bay Eagle Swim Team-NM Total Individual Entries: 60 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Blouberg Marlins-CP****1 Askeveld, Gunther J - Male - Age: 12 - Ind/Rel: 12 / 5**

#103 Men 12 400 Free	6:09.47	#201 Men 16&U 100 Free Prelims	1:16.59
#205 Men 16&U 100 Breast Prelims	1:32.75	#207 Men 16&U 200 Back Prelims	3:11.86
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:10.14	#301 Men 16&U 200 Free Prelims	2:45.56
#305 Men 16&U 50 Breast Prelims	43.54	#309 Men 16&U 100 Back Prelims	1:24.67
#313 Men 16&U 200 IM Prelims	3:08.59	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:15.37
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.06	#401 Men 16&U 50 Free Prelims	33.89
#405 Men 16&U 200 Breast Prelims	3:17.70	#409 Men 16&U 50 Back Prelims	39.04
#411 Men 16&U 50 Fly Prelims	38.36	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:33.71
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.83		

2 Fourie, Benjamin L - Male - Age: 12 - Ind/Rel: 12 / 3

#103 Men 12 400 Free	6:19.51	#201 Men 16&U 100 Free Prelims	1:22.69
#205 Men 16&U 100 Breast Prelims	1:37.47	#211 Men 16&U 100 Fly Prelims	1:34.29
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:10.14	#301 Men 16&U 200 Free Prelims	2:56.25
#305 Men 16&U 50 Breast Prelims	47.27	#309 Men 16&U 100 Back Prelims	1:34.43
#313 Men 16&U 200 IM Prelims	3:11.32	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:15.37
#401 Men 16&U 50 Free Prelims	34.93	#405 Men 16&U 200 Breast Prelims	3:25.82
#409 Men 16&U 50 Back Prelims	44.60	#411 Men 16&U 50 Fly Prelims	37.83
#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:33.71		

3 Huang, Shi Han A - Female - Age: 16 - Ind/Rel: 8 / 0

#202 Women 16&U 100 Free Prelims	1:04.72	#212 Women 16&U 100 Fly Prelims	1:11.24
#302 Women 16&U 200 Free Prelims	2:21.28	#310 Women 16&U 100 Back Prelims	1:12.36
#314 Women 16&U 200 IM Prelims	2:46.31	#402 Women 16&U 50 Free Prelims	29.96
#410 Women 16&U 50 Back Prelims	33.28	#412 Women 16&U 50 Fly Prelims	31.50

4 Kruger, Declan - Male - Age: 11 - Ind/Rel: 13 / 5

#101 Men 11&U 400 Free	5:19.87	#201 Men 16&U 100 Free Prelims	1:11.59
#205 Men 16&U 100 Breast Prelims	1:52.07	#207 Men 16&U 200 Back Prelims	2:50.99
#211 Men 16&U 100 Fly Prelims	1:21.45	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:10.14
#301 Men 16&U 200 Free Prelims	2:31.26	#305 Men 16&U 50 Breast Prelims	49.11
#309 Men 16&U 100 Back Prelims	1:20.41	#313 Men 16&U 200 IM Prelims	2:58.63
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:15.37	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.06
#401 Men 16&U 50 Free Prelims	31.83	#405 Men 16&U 200 Breast Prelims	3:26.99
#409 Men 16&U 50 Back Prelims	37.62	#411 Men 16&U 50 Fly Prelims	35.65
#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:33.71	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.83

5 Mahlangu, Ndalo - Female - Age: 12 - Ind/Rel: 12 / 2

#104 Women 12 400 Free	5:57.38	#202 Women 16&U 100 Free Prelims	1:15.08
#208 Women 16&U 200 Back Prelims	3:08.11	#212 Women 16&U 100 Fly Prelims	1:31.25
#302 Women 16&U 200 Free Prelims	2:42.62	#306 Women 16&U 50 Breast Prelims	47.25
#310 Women 16&U 100 Back Prelims	1:24.75	#314 Women 16&U 200 IM Prelims	3:07.45
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.06	#402 Women 16&U 50 Free Prelims	33.03
#406 Women 16&U 200 Breast Prelims	3:30.90	#410 Women 16&U 50 Back Prelims	38.58
#412 Women 16&U 50 Fly Prelims	36.64	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.83

6 Saul, Astrid P - Female - Age: 11 - Ind/Rel: 11 / 2

#202 Women 16&U 100 Free Prelims	1:21.57	#206 Women 16&U 100 Breast Prelims	1:59.40
#212 Women 16&U 100 Fly Prelims	1:38.59	#302 Women 16&U 200 Free Prelims	3:01.93
#306 Women 16&U 50 Breast Prelims	50.47	#310 Women 16&U 100 Back Prelims	1:39.08
#314 Women 16&U 200 IM Prelims	3:17.55	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.06
#402 Women 16&U 50 Free Prelims	34.27	#406 Women 16&U 200 Breast Prelims	3:49.83
#410 Women 16&U 50 Back Prelims	44.26	#412 Women 16&U 50 Fly Prelims	38.87
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:04.83		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Blouberg Marlins-CP**7 Tshabalala, Jodie J - Male - Age: 12 - Ind/Rel: 12 / 3**

#103 Men 12 400 Free	6:12.38	#201 Men 16&U 100 Free Prelims	1:19.27
#205 Men 16&U 100 Breast Prelims	1:38.40	#207 Men 16&U 200 Back Prelims	3:29.11
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:10.14	#301 Men 16&U 200 Free Prelims	2:53.22
#305 Men 16&U 50 Breast Prelims	46.37	#309 Men 16&U 100 Back Prelims	1:38.76
#313 Men 16&U 200 IM Prelims	3:12.21	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:15.37
#401 Men 16&U 50 Free Prelims	34.72	#405 Men 16&U 200 Breast Prelims	3:25.44
#409 Men 16&U 50 Back Prelims	45.04	#411 Men 16&U 50 Fly Prelims	43.97
#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:33.71		

Blouberg Marlins-CP Total Individual Entries: 80 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Brave-CE****1 De Jager, Eben - Male - Age: 14 - Ind/Rel: 9 / 0**

#205 Men 16&U 100 Breast Prelims	1:16.80	#211 Men 16&U 100 Fly Prelims	1:19.52
#305 Men 16&U 50 Breast Prelims	35.59	#309 Men 16&U 100 Back Prelims	1:18.97
#313 Men 16&U 200 IM Prelims	2:46.12	#401 Men 16&U 50 Free Prelims	28.55
#405 Men 16&U 200 Breast Prelims	2:56.33	#409 Men 16&U 50 Back Prelims	35.38
#411 Men 16&U 50 Fly Prelims	31.35		

2 De Jager, Isabella - Female - Age: 11 - Ind/Rel: 10 / 0

#202 Women 16&U 100 Free Prelims	1:26.06	#206 Women 16&U 100 Breast Prelims	1:36.57
#212 Women 16&U 100 Fly Prelims	1:43.81	#306 Women 16&U 50 Breast Prelims	45.63
#310 Women 16&U 100 Back Prelims	1:40.40	#314 Women 16&U 200 IM Prelims	3:21.86
#402 Women 16&U 50 Free Prelims	38.27	#406 Women 16&U 200 Breast Prelims	3:22.65
#410 Women 16&U 50 Back Prelims	45.83	#412 Women 16&U 50 Fly Prelims	42.92

3 Malherbe, Roz R - Male - Age: 11 - Ind/Rel: 8 / 0

#205 Men 16&U 100 Breast Prelims	1:39.81	#211 Men 16&U 100 Fly Prelims	1:33.96
#305 Men 16&U 50 Breast Prelims	46.80	#309 Men 16&U 100 Back Prelims	1:34.67
#313 Men 16&U 200 IM Prelims	3:19.67	#401 Men 16&U 50 Free Prelims	35.89
#409 Men 16&U 50 Back Prelims	40.67	#411 Men 16&U 50 Fly Prelims	38.47

4 Malherbe, Max M - Male - Age: 12 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:14.21	#205 Men 16&U 100 Breast Prelims	1:34.37
#301 Men 16&U 200 Free Prelims	3:02.37	#305 Men 16&U 50 Breast Prelims	40.70
#401 Men 16&U 50 Free Prelims	32.37	#405 Men 16&U 200 Breast Prelims	3:31.32
#409 Men 16&U 50 Back Prelims	42.79		

5 Versfeld, Ben I - Male - Age: 11 - Ind/Rel: 6 / 0

#201 Men 16&U 100 Free Prelims	1:16.64	#205 Men 16&U 100 Breast Prelims	1:36.75
#301 Men 16&U 200 Free Prelims	2:46.22	#305 Men 16&U 50 Breast Prelims	47.58
#401 Men 16&U 50 Free Prelims	35.09	#405 Men 16&U 200 Breast Prelims	3:29.88

Brave-CE Total Individual Entries: 40 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****C. Barracudas de Maputo****1 Alvim, João M - Male - Age: 16 - Ind/Rel: 6 / 0**

#201 Men 16&U 100 Free Prelims	1:01.47	#207 Men 16&U 200 Back Prelims	2:30.10
#305 Men 16&U 50 Breast Prelims	35.28	#309 Men 16&U 100 Back Prelims	1:08.98
#401 Men 16&U 50 Free Prelims	27.87	#409 Men 16&U 50 Back Prelims	32.14

2 Iliev, Emily M - Female - Age: 12 - Ind/Rel: 7 / 4

#104 Women 12 400 Free	5:43.62	#202 Women 16&U 100 Free Prelims	1:14.84
#212 Women 16&U 100 Fly Prelims	1:21.63	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:51.28
#302 Women 16&U 200 Free Prelims	2:45.90	#314 Women 16&U 200 IM Prelims	3:03.67
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.08	#402 Women 16&U 50 Free Prelims	33.50
#412 Women 16&U 50 Fly Prelims	35.95	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22		

3 Mansour, Daniela - Female - Age: 13 - Ind/Rel: 7 / 4

#106 Women 13 400 Free	5:46.06	#202 Women 16&U 100 Free Prelims	1:10.65
#212 Women 16&U 100 Fly Prelims	1:16.64	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:51.28
#302 Women 16&U 200 Free Prelims	2:35.68	#314 Women 16&U 200 IM Prelims	2:55.85
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.08	#402 Women 16&U 50 Free Prelims	30.78
#412 Women 16&U 50 Fly Prelims	32.93	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22		

4 Nchumali, Kwicia - Female - Age: 12 - Ind/Rel: 7 / 4

#104 Women 12 400 Free	5:53.91	#206 Women 16&U 100 Breast Prelims	1:29.87
#208 Women 16&U 200 Back Prelims	2:53.45	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:51.28
#306 Women 16&U 50 Breast Prelims	40.63	#310 Women 16&U 100 Back Prelims	1:18.54
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.08	#406 Women 16&U 200 Breast Prelims	3:19.45
#410 Women 16&U 50 Back Prelims	35.08	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22		

5 Palacio, Ines C - Female - Age: 12 - Ind/Rel: 7 / 4

#104 Women 12 400 Free	5:41.43	#202 Women 16&U 100 Free Prelims	1:13.66
#208 Women 16&U 200 Back Prelims	3:05.62	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:51.28
#302 Women 16&U 200 Free Prelims	2:41.51	#306 Women 16&U 50 Breast Prelims	48.91
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.08	#402 Women 16&U 50 Free Prelims	32.99
#410 Women 16&U 50 Back Prelims	41.16	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.22		

6 Pioris, Whato - Male - Age: 13 - Ind/Rel: 7 / 0

#105 Men 13 400 Free	5:28.00	#201 Men 16&U 100 Free Prelims	1:05.53
#211 Men 16&U 100 Fly Prelims	1:12.59	#301 Men 16&U 200 Free Prelims	2:29.37
#401 Men 16&U 50 Free Prelims	28.69	#409 Men 16&U 50 Back Prelims	36.23
#411 Men 16&U 50 Fly Prelims	31.33		

C. Barracudas de Maputo Total Individual Entries: 41 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Cape Town Otters-CP****1 Edwards, Bryce - Male - Age: 11 - Ind/Rel: 9 / 0**

#101 Men 11&U 400 Free	5:58.82
#207 Men 16&U 200 Back Prelims	3:08.33
#309 Men 16&U 100 Back Prelims	1:25.74
#401 Men 16&U 50 Free Prelims	32.40
#411 Men 16&U 50 Fly Prelims	35.71

#201 Men 16&U 100 Free Prelims	1:14.21
#301 Men 16&U 200 Free Prelims	2:47.14
#313 Men 16&U 200 IM Prelims	3:17.04
#409 Men 16&U 50 Back Prelims	38.50

2 Fakier, Ayesha i - Female - Age: 11 - Ind/Rel: 6 / 2

#202 Women 16&U 100 Free Prelims	1:26.85
#306 Women 16&U 50 Breast Prelims	45.89
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:21.88
#406 Women 16&U 200 Breast Prelims	3:28.97

#206 Women 16&U 100 Breast Prelims	1:41.50
#314 Women 16&U 200 IM Prelims	3:30.24
#402 Women 16&U 50 Free Prelims	40.38
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:36.22

3 Hucke, Tegan - Male - Age: 14 - Ind/Rel: 8 / 1

#107 Men 14 400 Free	5:05.55
#207 Men 16&U 200 Back Prelims	2:41.75
#309 Men 16&U 100 Back Prelims	1:14.54
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:22.73
#409 Men 16&U 50 Back Prelims	34.62

#201 Men 16&U 100 Free Prelims	1:06.33
#301 Men 16&U 200 Free Prelims	2:22.42
#313 Men 16&U 200 IM Prelims	2:40.62
#401 Men 16&U 50 Free Prelims	29.88

4 Laufs, Connor R - Male - Age: 14 - Ind/Rel: 7 / 1

#107 Men 14 400 Free	4:55.69
#205 Men 16&U 100 Breast Prelims	1:25.77
#305 Men 16&U 50 Breast Prelims	36.77
#401 Men 16&U 50 Free Prelims	29.38

#201 Men 16&U 100 Free Prelims	1:07.24
#301 Men 16&U 200 Free Prelims	2:21.63
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:22.73
#405 Men 16&U 200 Breast Prelims	3:11.46

5 Levi, Zara - Female - Age: 11 - Ind/Rel: 8 / 3

#102 Women 11&U 400 Free	5:31.46
#206 Women 16&U 100 Breast Prelims	1:30.33
#306 Women 16&U 50 Breast Prelims	39.89
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:21.88
#402 Women 16&U 50 Free Prelims	31.41
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:36.22

#202 Women 16&U 100 Free Prelims	1:10.93
#302 Women 16&U 200 Free Prelims	2:35.47
#314 Women 16&U 200 IM Prelims	3:12.13
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:22.73
#406 Women 16&U 200 Breast Prelims	3:18.62

6 Maritz, Ava C - Female - Age: 10 - Ind/Rel: 9 / 3

#102 Women 11&U 400 Free	5:51.51
#206 Women 16&U 100 Breast Prelims	1:42.39
#306 Women 16&U 50 Breast Prelims	48.66
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:21.88
#402 Women 16&U 50 Free Prelims	34.34
#412 Women 16&U 50 Fly Prelims	38.44

#202 Women 16&U 100 Free Prelims	1:16.86
#302 Women 16&U 200 Free Prelims	2:47.79
#314 Women 16&U 200 IM Prelims	3:17.22
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:22.73
#406 Women 16&U 200 Breast Prelims	3:40.90
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:36.22

7 Thompson, Taya R - Female - Age: 12 - Ind/Rel: 7 / 2

#202 Women 16&U 100 Free Prelims	1:22.04
#306 Women 16&U 50 Breast Prelims	47.67
#314 Women 16&U 200 IM Prelims	3:28.99
#402 Women 16&U 50 Free Prelims	35.75
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:36.22

#208 Women 16&U 200 Back Prelims	3:07.21
#310 Women 16&U 100 Back Prelims	1:27.38
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:21.88
#410 Women 16&U 50 Back Prelims	40.48

Cape Town Otters-CP Total Individual Entries: 54 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Clube Maritimo de Desportos**1 Brissos, Filipa - Female - Age: 12 - Ind/Rel: 7 / 0**

#104 Women 12 400 Free	5:41.35	#202 Women 16&U 100 Free Prelims	1:16.89
#206 Women 16&U 100 Breast Prelims	1:42.43	#302 Women 16&U 200 Free Prelims	2:45.21
#306 Women 16&U 50 Breast Prelims	47.00	#314 Women 16&U 200 IM Prelims	3:16.24
#406 Women 16&U 200 Breast Prelims	3:28.96		

Clube Maritimo de Desportos Total Individual Entries: 7 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Aquatic Swim Club-CP****1 Adams, Ella - Female - Age: 13 - Ind/Rel: 10 / 2**

#106 Women 13 400 Free	5:40.67	#202 Women 16&U 100 Free Prelims	1:12.87
#208 Women 16&U 200 Back Prelims	3:20.34	#212 Women 16&U 100 Fly Prelims	1:42.63
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:51.80	#302 Women 16&U 200 Free Prelims	2:38.73
#310 Women 16&U 100 Back Prelims	1:34.43	#314 Women 16&U 200 IM Prelims	3:23.11
#402 Women 16&U 50 Free Prelims	34.60	#410 Women 16&U 50 Back Prelims	47.78
#412 Women 16&U 50 Fly Prelims	38.66	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:32.89

2 Botha, Rebecca P - Female - Age: 14 - Ind/Rel: 10 / 6

#108 Women 14 400 Free	5:31.91	#202 Women 16&U 100 Free Prelims	1:04.70
#208 Women 16&U 200 Back Prelims	2:49.65	#212 Women 16&U 100 Fly Prelims	1:20.37
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:31.94	#302 Women 16&U 200 Free Prelims	2:26.56
#310 Women 16&U 100 Back Prelims	1:14.32	#314 Women 16&U 200 IM Prelims	2:48.49
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:04.15	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:12.30
#402 Women 16&U 50 Free Prelims	29.33	#410 Women 16&U 50 Back Prelims	34.81
#412 Women 16&U 50 Fly Prelims	33.72	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:24.47

3 Burden, Leila A - Female - Age: 12 - Ind/Rel: 6 / 4

#212 Women 16&U 100 Fly Prelims	1:27.46	#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:51.80
#302 Women 16&U 200 Free Prelims	2:56.76	#306 Women 16&U 50 Breast Prelims	51.18
#310 Women 16&U 100 Back Prelims	1:31.82	#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:14.73
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.14	#402 Women 16&U 50 Free Prelims	36.70
#410 Women 16&U 50 Back Prelims	40.45	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:32.89

4 Burger, Juanè - Female - Age: 16 - Ind/Rel: 7 / 5

#112 Women 16 400 Free	5:18.74	#202 Women 16&U 100 Free Prelims	1:07.38
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:51.80	#302 Women 16&U 200 Free Prelims	2:28.82
#310 Women 16&U 100 Back Prelims	1:17.68	#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:14.73
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:12.76	#402 Women 16&U 50 Free Prelims	30.56
#410 Women 16&U 50 Back Prelims	35.73	#412 Women 16&U 50 Fly Prelims	32.55
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:32.89	#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:20.26

5 Coetzee, Marli - Female - Age: 14 - Ind/Rel: 8 / 5

#108 Women 14 400 Free	5:22.03	#202 Women 16&U 100 Free Prelims	1:10.02
#208 Women 16&U 200 Back Prelims	2:51.04	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:31.94
#302 Women 16&U 200 Free Prelims	2:32.79	#310 Women 16&U 100 Back Prelims	1:17.21
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:04.15	#402 Women 16&U 50 Free Prelims	31.92
#410 Women 16&U 50 Back Prelims	36.63	#412 Women 16&U 50 Fly Prelims	35.04
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:41.72		

6 De Lange, Niah - Female - Age: 11 - Ind/Rel: 9 / 4

#102 Women 11&U 400 Free	5:54.87	#202 Women 16&U 100 Free Prelims	1:18.84
#208 Women 16&U 200 Back Prelims	3:06.58	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:04.01
#302 Women 16&U 200 Free Prelims	2:49.21	#310 Women 16&U 100 Back Prelims	1:29.87
#314 Women 16&U 200 IM Prelims	3:20.54	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:20.25
#402 Women 16&U 50 Free Prelims	36.41	#406 Women 16&U 200 Breast Prelims	3:46.22
#410 Women 16&U 50 Back Prelims	42.05	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:34.22
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:02.21		

7 February, Dillon S - Male - Age: 14 - Ind/Rel: 10 / 4

#107 Men 14 400 Free	5:16.99	#201 Men 16&U 100 Free Prelims	1:07.00
#207 Men 16&U 200 Back Prelims	2:39.69	#211 Men 16&U 100 Fly Prelims	1:17.51
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:34.25	#301 Men 16&U 200 Free Prelims	2:28.83
#309 Men 16&U 100 Back Prelims	1:12.85	#313 Men 16&U 200 IM Prelims	2:43.38
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:03.27	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:12.30
#401 Men 16&U 50 Free Prelims	31.13	#405 Men 16&U 200 Breast Prelims	3:07.54
#411 Men 16&U 50 Fly Prelims	33.73	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:24.47

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Aquatic Swim Club-CP****8 Gerber, Luke M - Male - Age: 12 - Ind/Rel: 10 / 5**

#103 Men 12 400 Free	5:33.81	#201 Men 16&U 100 Free Prelims	1:12.04
#207 Men 16&U 200 Back Prelims	2:54.51	#211 Men 16&U 100 Fly Prelims	1:31.65
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:46.70	#301 Men 16&U 200 Free Prelims	2:39.37
#309 Men 16&U 100 Back Prelims	1:21.29	#313 Men 16&U 200 IM Prelims	3:01.30
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.77	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.14
#401 Men 16&U 50 Free Prelims	32.85	#409 Men 16&U 50 Back Prelims	39.52
#411 Men 16&U 50 Fly Prelims	37.90	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:34.22
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:02.21		

9 Grobler, Chris I - Male - Age: 15 - Ind/Rel: 10 / 5

#109 Men 15 400 Free	5:03.50	#201 Men 16&U 100 Free Prelims	1:02.74
#207 Men 16&U 200 Back Prelims	2:31.72	#211 Men 16&U 100 Fly Prelims	1:15.38
#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:07.68	#301 Men 16&U 200 Free Prelims	2:21.67
#309 Men 16&U 100 Back Prelims	1:07.26	#313 Men 16&U 200 IM Prelims	2:40.45
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:53.79	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:19.45
#401 Men 16&U 50 Free Prelims	28.55	#409 Men 16&U 50 Back Prelims	32.25
#411 Men 16&U 50 Fly Prelims	33.38	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:08.56
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.46		

10 Groenewald, Emma A - Female - Age: 14 - Ind/Rel: 10 / 6

#108 Women 14 400 Free	5:38.56	#202 Women 16&U 100 Free Prelims	1:11.46
#208 Women 16&U 200 Back Prelims	2:47.25	#212 Women 16&U 100 Fly Prelims	1:20.44
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:45.56	#302 Women 16&U 200 Free Prelims	2:35.60
#310 Women 16&U 100 Back Prelims	1:21.67	#314 Women 16&U 200 IM Prelims	2:56.25
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.44	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.65
#402 Women 16&U 50 Free Prelims	32.26	#410 Women 16&U 50 Back Prelims	38.23
#412 Women 16&U 50 Fly Prelims	34.21	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13	#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.46

11 Groenewald, Nina H - Female - Age: 11 - Ind/Rel: 8 / 0

#202 Women 16&U 100 Free Prelims	1:22.82	#208 Women 16&U 200 Back Prelims	3:11.34
#302 Women 16&U 200 Free Prelims	2:59.41	#310 Women 16&U 100 Back Prelims	1:30.81
#314 Women 16&U 200 IM Prelims	3:23.96	#402 Women 16&U 50 Free Prelims	37.96
#410 Women 16&U 50 Back Prelims	44.07	#412 Women 16&U 50 Fly Prelims	45.70

12 Hendricks, Jada - Female - Age: 13 - Ind/Rel: 10 / 4

#106 Women 13 400 Free	5:41.63	#202 Women 16&U 100 Free Prelims	1:12.26
#206 Women 16&U 100 Breast Prelims	1:36.87	#212 Women 16&U 100 Fly Prelims	1:22.03
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:51.80	#302 Women 16&U 200 Free Prelims	2:38.45
#306 Women 16&U 50 Breast Prelims	45.31	#314 Women 16&U 200 IM Prelims	3:03.09
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.44	#402 Women 16&U 50 Free Prelims	32.01
#410 Women 16&U 50 Back Prelims	40.56	#412 Women 16&U 50 Fly Prelims	34.51
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13

13 Hengst, Emily A - Female - Age: 12 - Ind/Rel: 9 / 5

#104 Women 12 400 Free	5:55.52	#208 Women 16&U 200 Back Prelims	2:55.38
#212 Women 16&U 100 Fly Prelims	1:32.63	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:04.01
#302 Women 16&U 200 Free Prelims	2:42.47	#310 Women 16&U 100 Back Prelims	1:21.85
#314 Women 16&U 200 IM Prelims	3:06.33	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:20.25
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:25.69	#402 Women 16&U 50 Free Prelims	34.05
#410 Women 16&U 50 Back Prelims	37.94	#412 Women 16&U 50 Fly Prelims	36.85
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:34.22	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:48.50

14 Janse van Rensburg, Hugo A - Male - Age: 10 - Ind/Rel: 6 / 0

#201 Men 16&U 100 Free Prelims	1:22.41	#207 Men 16&U 200 Back Prelims	3:12.47
#301 Men 16&U 200 Free Prelims	3:04.16	#309 Men 16&U 100 Back Prelims	1:28.34
#401 Men 16&U 50 Free Prelims	36.31	#409 Men 16&U 50 Back Prelims	39.89

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Aquatic Swim Club-CP****15 Janse van Rensburg, Wihan J - Male - Age: 11 - Ind/Rel: 9 / 3**

#101 Men 11&U 400 Free	6:10.23	#205 Men 16&U 100 Breast Prelims	1:41.81
#207 Men 16&U 200 Back Prelims	3:07.38	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:05.54
#301 Men 16&U 200 Free Prelims	2:58.56	#305 Men 16&U 50 Breast Prelims	46.70
#309 Men 16&U 100 Back Prelims	1:28.13	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:18.45
#401 Men 16&U 50 Free Prelims	35.84	#405 Men 16&U 200 Breast Prelims	3:41.30
#409 Men 16&U 50 Back Prelims	40.56	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:34.22

16 Jordaan, Mikayla E - Female - Age: 13 - Ind/Rel: 8 / 5

#106 Women 13 400 Free	5:19.18	#202 Women 16&U 100 Free Prelims	1:11.90
#212 Women 16&U 100 Fly Prelims	1:17.34	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:45.56
#302 Women 16&U 200 Free Prelims	2:33.44	#310 Women 16&U 100 Back Prelims	1:21.93
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.44	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:12.30
#402 Women 16&U 50 Free Prelims	32.86	#410 Women 16&U 50 Back Prelims	40.35
#412 Women 16&U 50 Fly Prelims	34.20	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93		

17 Joyce, Guy - Male - Age: 12 - Ind/Rel: 8 / 5

#103 Men 12 400 Free	5:21.02	#201 Men 16&U 100 Free Prelims	1:10.37
#207 Men 16&U 200 Back Prelims	2:51.34	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:46.70
#301 Men 16&U 200 Free Prelims	2:37.54	#309 Men 16&U 100 Back Prelims	1:21.36
#313 Men 16&U 200 IM Prelims	2:56.20	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.77
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:25.69	#401 Men 16&U 50 Free Prelims	31.51
#409 Men 16&U 50 Back Prelims	38.00	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:26.67
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:48.50		

18 King, Aidan J - Male - Age: 13 - Ind/Rel: 8 / 4

#105 Men 13 400 Free	5:33.21	#201 Men 16&U 100 Free Prelims	1:09.78
#207 Men 16&U 200 Back Prelims	2:47.51	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:34.25
#301 Men 16&U 200 Free Prelims	2:34.28	#309 Men 16&U 100 Back Prelims	1:17.48
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:03.27	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.65
#401 Men 16&U 50 Free Prelims	30.83	#409 Men 16&U 50 Back Prelims	34.98
#411 Men 16&U 50 Fly Prelims	34.95	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:41.72

19 Kleynhans, Michael - Male - Age: 11 - Ind/Rel: 9 / 3

#101 Men 11&U 400 Free	5:59.52	#201 Men 16&U 100 Free Prelims	1:18.19
#205 Men 16&U 100 Breast Prelims	1:33.00	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:05.54
#301 Men 16&U 200 Free Prelims	2:51.55	#305 Men 16&U 50 Breast Prelims	41.95
#313 Men 16&U 200 IM Prelims	3:07.17	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:18.45
#401 Men 16&U 50 Free Prelims	35.20	#405 Men 16&U 200 Breast Prelims	3:18.03
#409 Men 16&U 50 Back Prelims	41.34	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:34.22

20 Krause, Luke - Male - Age: 15 - Ind/Rel: 10 / 5

#109 Men 15 400 Free	5:05.32	#201 Men 16&U 100 Free Prelims	1:02.08
#205 Men 16&U 100 Breast Prelims	1:24.38	#211 Men 16&U 100 Fly Prelims	1:11.49
#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:07.68	#301 Men 16&U 200 Free Prelims	2:20.60
#305 Men 16&U 50 Breast Prelims	37.07	#313 Men 16&U 200 IM Prelims	2:43.07
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:53.79	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:12.76
#401 Men 16&U 50 Free Prelims	27.85	#405 Men 16&U 200 Breast Prelims	3:05.01
#411 Men 16&U 50 Fly Prelims	29.86	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:08.56
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:20.26		

21 Lewis, Callum R - Male - Age: 15 - Ind/Rel: 8 / 5

#109 Men 15 400 Free	4:44.18	#201 Men 16&U 100 Free Prelims	1:02.41
#207 Men 16&U 200 Back Prelims	2:30.52	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:07.68
#301 Men 16&U 200 Free Prelims	2:14.52	#309 Men 16&U 100 Back Prelims	1:08.61
#313 Men 16&U 200 IM Prelims	2:37.74	#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:53.79
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:19.45	#401 Men 16&U 50 Free Prelims	29.23
#409 Men 16&U 50 Back Prelims	32.42	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:08.56
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.46		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Aquatic Swim Club-CP****22 Lourens, Mia - Female - Age: 14 - Ind/Rel: 8 / 5**

#202 Women 16&U 100 Free Prelims	1:11.85	#208 Women 16&U 200 Back Prelims	2:51.25
#212 Women 16&U 100 Fly Prelims	1:22.27	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:45.56
#310 Women 16&U 100 Back Prelims	1:18.18	#314 Women 16&U 200 IM Prelims	2:58.18
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:09.44	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:19.45
#402 Women 16&U 50 Free Prelims	32.31	#410 Women 16&U 50 Back Prelims	36.89
#412 Women 16&U 50 Fly Prelims	34.39	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:32.89
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.46		

23 Mare, ilan - Male - Age: 11 - Ind/Rel: 10 / 3

#201 Men 16&U 100 Free Prelims	1:14.91	#205 Men 16&U 100 Breast Prelims	1:39.14
#211 Men 16&U 100 Fly Prelims	1:21.43	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:05.54
#301 Men 16&U 200 Free Prelims	2:45.22	#305 Men 16&U 50 Breast Prelims	44.50
#313 Men 16&U 200 IM Prelims	3:12.63	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:18.45
#401 Men 16&U 50 Free Prelims	33.79	#405 Men 16&U 200 Breast Prelims	3:22.59
#409 Men 16&U 50 Back Prelims	42.30	#411 Men 16&U 50 Fly Prelims	37.61
#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:26.67		

24 McGluwa, Jovanah N - Female - Age: 13 - Ind/Rel: 10 / 5

#106 Women 13 400 Free	5:21.69	#202 Women 16&U 100 Free Prelims	1:10.35
#208 Women 16&U 200 Back Prelims	2:49.67	#212 Women 16&U 100 Fly Prelims	1:25.24
#217 Women 13-14 4x100 Free Relay 4 X 100 Free R	4:45.56	#302 Women 16&U 200 Free Prelims	2:32.53
#310 Women 16&U 100 Back Prelims	1:19.44	#314 Women 16&U 200 IM Prelims	2:58.03
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:04.15	#402 Women 16&U 50 Free Prelims	31.98
#410 Women 16&U 50 Back Prelims	37.28	#412 Women 16&U 50 Fly Prelims	35.73
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:28.13
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:20.26		

25 Nothnagel, Henk K - Male - Age: 13 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:21.57	#205 Men 16&U 100 Breast Prelims	1:37.56
#301 Men 16&U 200 Free Prelims	2:56.18	#305 Men 16&U 50 Breast Prelims	45.67
#313 Men 16&U 200 IM Prelims	3:14.98	#401 Men 16&U 50 Free Prelims	36.64
#405 Men 16&U 200 Breast Prelims	3:19.72		

26 Odendaal, Riko - Male - Age: 13 - Ind/Rel: 10 / 4

#105 Men 13 400 Free	5:49.00	#201 Men 16&U 100 Free Prelims	1:13.27
#207 Men 16&U 200 Back Prelims	2:50.51	#211 Men 16&U 100 Fly Prelims	1:25.66
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:34.25	#301 Men 16&U 200 Free Prelims	2:41.05
#309 Men 16&U 100 Back Prelims	1:17.51	#313 Men 16&U 200 IM Prelims	2:56.04
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:03.27	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.65
#401 Men 16&U 50 Free Prelims	32.37	#409 Men 16&U 50 Back Prelims	37.06
#411 Men 16&U 50 Fly Prelims	35.33	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:41.72

27 Perez Castellano, Emilio - Male - Age: 12 - Ind/Rel: 9 / 5

#103 Men 12 400 Free	5:25.02	#201 Men 16&U 100 Free Prelims	1:11.39
#205 Men 16&U 100 Breast Prelims	1:28.52	#211 Men 16&U 100 Fly Prelims	1:23.30
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:46.70	#301 Men 16&U 200 Free Prelims	2:32.55
#305 Men 16&U 50 Breast Prelims	39.72	#313 Men 16&U 200 IM Prelims	2:51.12
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.77	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:25.69
#401 Men 16&U 50 Free Prelims	33.21	#405 Men 16&U 200 Breast Prelims	3:12.88
#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:26.67	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:48.50

28 Poultney, Daniel - Male - Age: 10 - Ind/Rel: 11 / 0

#101 Men 11&U 400 Free	5:33.60	#201 Men 16&U 100 Free Prelims	1:11.64
#205 Men 16&U 100 Breast Prelims	1:35.94	#301 Men 16&U 200 Free Prelims	2:37.30
#305 Men 16&U 50 Breast Prelims	44.56	#309 Men 16&U 100 Back Prelims	1:27.36
#313 Men 16&U 200 IM Prelims	3:12.85	#401 Men 16&U 50 Free Prelims	32.77
#405 Men 16&U 200 Breast Prelims	3:24.82	#409 Men 16&U 50 Back Prelims	39.25
#411 Men 16&U 50 Fly Prelims	40.27		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Aquatic Swim Club-CP****29 Ras, Annabelle - Female - Age: 12 - Ind/Rel: 10 / 5**

#104 Women 12 400 Free	6:11.81	#202 Women 16&U 100 Free Prelims	1:18.43
#206 Women 16&U 100 Breast Prelims	1:32.11	#212 Women 16&U 100 Fly Prelims	1:41.76
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:04.01	#306 Women 16&U 50 Breast Prelims	43.35
#310 Women 16&U 100 Back Prelims	1:27.65	#314 Women 16&U 200 IM Prelims	3:16.50
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:20.25	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.14
#402 Women 16&U 50 Free Prelims	35.38	#406 Women 16&U 200 Breast Prelims	3:19.23
#410 Women 16&U 50 Back Prelims	40.70	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:34.22
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:02.21		

30 Smit, Dione - Female - Age: 12 - Ind/Rel: 9 / 6

#104 Women 12 400 Free	5:55.73	#202 Women 16&U 100 Free Prelims	1:15.11
#208 Women 16&U 200 Back Prelims	3:00.37	#212 Women 16&U 100 Fly Prelims	1:27.91
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:04.01	#306 Women 16&U 50 Breast Prelims	47.04
#310 Women 16&U 100 Back Prelims	1:23.36	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:20.25
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:14.73	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:25.69
#402 Women 16&U 50 Free Prelims	34.41	#410 Women 16&U 50 Back Prelims	40.30
#412 Women 16&U 50 Fly Prelims	36.52	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:34.22
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:48.50		

31 Smit, Eduard W - Male - Age: 12 - Ind/Rel: 9 / 3

#103 Men 12 400 Free	5:43.83	#201 Men 16&U 100 Free Prelims	1:13.47
#207 Men 16&U 200 Back Prelims	2:58.99	#211 Men 16&U 100 Fly Prelims	1:31.72
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:05.54	#301 Men 16&U 200 Free Prelims	2:42.50
#309 Men 16&U 100 Back Prelims	1:23.39	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.77
#401 Men 16&U 50 Free Prelims	32.20	#409 Men 16&U 50 Back Prelims	38.53
#411 Men 16&U 50 Fly Prelims	38.98	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:34.22

32 Sonnekus, Anya - Female - Age: 14 - Ind/Rel: 7 / 7

#108 Women 14 400 Free	5:11.73	#202 Women 16&U 100 Free Prelims	1:08.57
#206 Women 16&U 100 Breast Prelims	1:35.72	#212 Women 16&U 100 Fly Prelims	1:22.44
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:31.94	#302 Women 16&U 200 Free Prelims	2:28.24
#306 Women 16&U 50 Breast Prelims	44.09	#314 Women 16&U 200 IM Prelims	2:51.77
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:14.73	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.65
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:19.45	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:24.47

33 Swartz, Seth J - Male - Age: 12 - Ind/Rel: 10 / 5

#103 Men 12 400 Free	5:37.22	#201 Men 16&U 100 Free Prelims	1:12.90
#207 Men 16&U 200 Back Prelims	2:53.89	#211 Men 16&U 100 Fly Prelims	1:29.04
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:46.70	#301 Men 16&U 200 Free Prelims	2:38.58
#309 Men 16&U 100 Back Prelims	1:21.71	#313 Men 16&U 200 IM Prelims	3:07.13
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:18.45	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.14
#401 Men 16&U 50 Free Prelims	33.62	#409 Men 16&U 50 Back Prelims	37.83
#411 Men 16&U 50 Fly Prelims	37.70	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:26.67
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:02.21		

34 van Aarde, Matthew D - Male - Age: 14 - Ind/Rel: 9 / 4

#201 Men 16&U 100 Free Prelims	1:04.20	#205 Men 16&U 100 Breast Prelims	1:18.20
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:34.25	#301 Men 16&U 200 Free Prelims	2:22.29
#305 Men 16&U 50 Breast Prelims	34.81	#313 Men 16&U 200 IM Prelims	2:40.40
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:03.27	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:12.30
#401 Men 16&U 50 Free Prelims	28.94	#405 Men 16&U 200 Breast Prelims	2:56.95
#409 Men 16&U 50 Back Prelims	36.65	#411 Men 16&U 50 Fly Prelims	30.58
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:24.47		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Aquatic Swim Club-CP****35 van Wyk, Tariq K - Male - Age: 16 - Ind/Rel: 10 / 5**

#111 Men 16 400 Free	4:46.74	#201 Men 16&U 100 Free Prelims	1:00.45
#207 Men 16&U 200 Back Prelims	2:29.75	#211 Men 16&U 100 Fly Prelims	1:05.83
#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:07.68	#301 Men 16&U 200 Free Prelims	2:14.17
#309 Men 16&U 100 Back Prelims	1:09.32	#313 Men 16&U 200 IM Prelims	2:34.28
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:53.79	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:12.76
#401 Men 16&U 50 Free Prelims	28.16	#409 Men 16&U 50 Back Prelims	32.22
#411 Men 16&U 50 Fly Prelims	30.01	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:08.56
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:20.26		

36 Vd Wal, Dine - Female - Age: 12 - Ind/Rel: 4 / 0

#206 Women 16&U 100 Breast Prelims	1:36.17	#306 Women 16&U 50 Breast Prelims	48.87
#310 Women 16&U 100 Back Prelims	1:38.01	#314 Women 16&U 200 IM Prelims	3:29.01

37 Wallis, Juliette - Female - Age: 14 - Ind/Rel: 8 / 6

#108 Women 14 400 Free	5:14.07	#202 Women 16&U 100 Free Prelims	1:08.65
#208 Women 16&U 200 Back Prelims	2:49.17	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:31.94
#302 Women 16&U 200 Free Prelims	2:26.59	#310 Women 16&U 100 Back Prelims	1:19.57
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:04.15	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:12.76
#402 Women 16&U 50 Free Prelims	30.92	#410 Women 16&U 50 Back Prelims	35.31
#412 Women 16&U 50 Fly Prelims	34.86	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:22.93	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:41.72

Curro Aquatic Swim Club-CP Total Individual Entries: 324 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Hermanus Aquatics-OB****1 Abrie, Ryn J - Male - Age: 14 - Ind/Rel: 6 / 0**

#201 Men 16&U 100 Free Prelims	1:10.68	#205 Men 16&U 100 Breast Prelims	1:27.99
#305 Men 16&U 50 Breast Prelims	39.10	#401 Men 16&U 50 Free Prelims	31.16
#405 Men 16&U 200 Breast Prelims	3:05.13	#409 Men 16&U 50 Back Prelims	37.25

2 Grebe, Ava - Female - Age: 13 - Ind/Rel: 9 / 0

#106 Women 13 400 Free	5:10.38	#202 Women 16&U 100 Free Prelims	1:09.10
#206 Women 16&U 100 Breast Prelims	1:26.67	#302 Women 16&U 200 Free Prelims	2:29.23
#306 Women 16&U 50 Breast Prelims	39.65	#314 Women 16&U 200 IM Prelims	2:57.23
#402 Women 16&U 50 Free Prelims	32.72	#406 Women 16&U 200 Breast Prelims	3:08.70
#410 Women 16&U 50 Back Prelims	40.24		

3 Jooste, Ben D - Male - Age: 14 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:04.97	#207 Men 16&U 200 Back Prelims	2:35.00
#305 Men 16&U 50 Breast Prelims	42.09	#309 Men 16&U 100 Back Prelims	1:10.75
#401 Men 16&U 50 Free Prelims	29.61	#409 Men 16&U 50 Back Prelims	32.58
#411 Men 16&U 50 Fly Prelims	31.63		

4 Whitehouse, Bramwell A - Male - Age: 11 - Ind/Rel: 8 / 0

#201 Men 16&U 100 Free Prelims	1:18.67	#205 Men 16&U 100 Breast Prelims	1:39.25
#301 Men 16&U 200 Free Prelims	2:59.92	#305 Men 16&U 50 Breast Prelims	47.70
#313 Men 16&U 200 IM Prelims	3:24.49	#401 Men 16&U 50 Free Prelims	34.89
#405 Men 16&U 200 Breast Prelims	3:30.66	#411 Men 16&U 50 Fly Prelims	41.21

Curro Hermanus Aquatics-OB Total Individual Entries: 30 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Curro Langebaan Aquatics-WC****1 Hough, Caleb - Male - Age: 15 - Ind/Rel: 6 / 3**

#109 Men 15 400 Free	4:42.56	#201 Men 16&U 100 Free Prelims	1:00.18
#207 Men 16&U 200 Back Prelims	2:40.28	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:25.99
#301 Men 16&U 200 Free Prelims	2:11.13	#309 Men 16&U 100 Back Prelims	1:11.76
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:02.43	#401 Men 16&U 50 Free Prelims	27.34
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:28.06		

2 Lamminga, Jack - Male - Age: 14 - Ind/Rel: 5 / 3

#107 Men 14 400 Free	5:26.49	#207 Men 16&U 200 Back Prelims	2:45.19
#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:25.99	#301 Men 16&U 200 Free Prelims	2:32.38
#309 Men 16&U 100 Back Prelims	1:14.41	#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:02.43
#401 Men 16&U 50 Free Prelims	33.77	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:28.06

3 Nel, Olivia - Female - Age: 13 - Ind/Rel: 8 / 2

#106 Women 13 400 Free	5:19.23	#202 Women 16&U 100 Free Prelims	1:14.12
#208 Women 16&U 200 Back Prelims	2:48.27	#302 Women 16&U 200 Free Prelims	2:32.36
#310 Women 16&U 100 Back Prelims	1:19.67	#314 Women 16&U 200 IM Prelims	3:03.11
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.31	#402 Women 16&U 50 Free Prelims	33.68
#410 Women 16&U 50 Back Prelims	37.71	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:43.95

4 Smith, Zian - Male - Age: 13 - Ind/Rel: 7 / 5

#105 Men 13 400 Free	5:30.22	#201 Men 16&U 100 Free Prelims	1:09.56
#205 Men 16&U 100 Breast Prelims	1:34.86	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:25.99
#301 Men 16&U 200 Free Prelims	2:36.68	#309 Men 16&U 100 Back Prelims	1:23.39
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:02.43	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.31
#401 Men 16&U 50 Free Prelims	31.32	#405 Men 16&U 200 Breast Prelims	3:25.41
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:28.06	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:43.95

5 Snyders, Dylan - Male - Age: 13 - Ind/Rel: 8 / 5

#105 Men 13 400 Free	5:16.91	#201 Men 16&U 100 Free Prelims	1:05.28
#205 Men 16&U 100 Breast Prelims	1:31.27	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:25.99
#301 Men 16&U 200 Free Prelims	2:23.22	#305 Men 16&U 50 Breast Prelims	38.45
#313 Men 16&U 200 IM Prelims	2:50.83	#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	2:02.43
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.31	#401 Men 16&U 50 Free Prelims	30.00
#409 Men 16&U 50 Back Prelims	36.14	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:28.06
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:43.95		

6 Swanepoel, Anja E - Female - Age: 11 - Ind/Rel: 6 / 0

#102 Women 11&U 400 Free	6:05.64	#202 Women 16&U 100 Free Prelims	1:17.93
#208 Women 16&U 200 Back Prelims	3:15.24	#302 Women 16&U 200 Free Prelims	2:49.31
#310 Women 16&U 100 Back Prelims	1:36.12	#402 Women 16&U 50 Free Prelims	35.56

7 Swanepoel, Emma - Female - Age: 11 - Ind/Rel: 6 / 2

#102 Women 11&U 400 Free	5:40.86	#202 Women 16&U 100 Free Prelims	1:14.99
#206 Women 16&U 100 Breast Prelims	1:43.87	#302 Women 16&U 200 Free Prelims	2:41.44
#310 Women 16&U 100 Back Prelims	1:32.00	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.31
#402 Women 16&U 50 Free Prelims	33.38	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:43.95

Curro Langebaan Aquatics-WC Total Individual Entries: 46 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Cybersmart Aquatics-CP****1 Chong, Sophie - Female - Age: 12 - Ind/Rel: 8 / 0**

#104 Women 12 400 Free	5:59.57	#202 Women 16&U 100 Free Prelims	1:15.49
#206 Women 16&U 100 Breast Prelims	1:39.40	#212 Women 16&U 100 Fly Prelims	1:34.72
#302 Women 16&U 200 Free Prelims	2:51.63	#314 Women 16&U 200 IM Prelims	3:09.83
#402 Women 16&U 50 Free Prelims	36.07	#406 Women 16&U 200 Breast Prelims	3:29.40

2 Kimani, Katja - Female - Age: 11 - Ind/Rel: 10 / 0

#102 Women 11&U 400 Free	5:37.35	#202 Women 16&U 100 Free Prelims	1:10.96
#206 Women 16&U 100 Breast Prelims	1:33.46	#212 Women 16&U 100 Fly Prelims	1:22.48
#302 Women 16&U 200 Free Prelims	2:39.33	#306 Women 16&U 50 Breast Prelims	45.51
#314 Women 16&U 200 IM Prelims	2:52.76	#402 Women 16&U 50 Free Prelims	31.73
#406 Women 16&U 200 Breast Prelims	3:15.35	#412 Women 16&U 50 Fly Prelims	35.89

3 Woodrup, Connor - Male - Age: 12 - Ind/Rel: 10 / 0

#103 Men 12 400 Free	5:52.26	#201 Men 16&U 100 Free Prelims	1:12.20
#207 Men 16&U 200 Back Prelims	3:02.71	#211 Men 16&U 100 Fly Prelims	1:42.44
#301 Men 16&U 200 Free Prelims	2:44.65	#309 Men 16&U 100 Back Prelims	1:25.32
#313 Men 16&U 200 IM Prelims	3:07.16	#401 Men 16&U 50 Free Prelims	34.82
#405 Men 16&U 200 Breast Prelims	3:52.03	#411 Men 16&U 50 Fly Prelims	43.99

Cybersmart Aquatics-CP Total Individual Entries: 28 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Elite Swimming Academy-CE****1 Barnard, Adelmari D - Female - Age: 16 - Ind/Rel: 7 / 3**

#202 Women 16&U 100 Free Prelims	1:11.26
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:33.42
#314 Women 16&U 200 IM Prelims	2:54.12
#402 Women 16&U 50 Free Prelims	32.20
#412 Women 16&U 50 Fly Prelims	37.63

#206 Women 16&U 100 Breast Prelims	1:26.53
#306 Women 16&U 50 Breast Prelims	39.26
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.46
#406 Women 16&U 200 Breast Prelims	3:06.98
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:19.76

2 Bester, Daniël M - Male - Age: 15 - Ind/Rel: 9 / 1

#201 Men 16&U 100 Free Prelims	1:13.26
#211 Men 16&U 100 Fly Prelims	1:20.18
#305 Men 16&U 50 Breast Prelims	37.48
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:28.43
#405 Men 16&U 200 Breast Prelims	2:57.21

#205 Men 16&U 100 Breast Prelims	1:21.45
#301 Men 16&U 200 Free Prelims	2:37.72
#313 Men 16&U 200 IM Prelims	2:46.81
#401 Men 16&U 50 Free Prelims	30.64
#411 Men 16&U 50 Fly Prelims	34.19

3 Hager, Carle - Female - Age: 16 - Ind/Rel: 8 / 5

#202 Women 16&U 100 Free Prelims	1:08.01
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:33.42
#310 Women 16&U 100 Back Prelims	1:16.55
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.46
#402 Women 16&U 50 Free Prelims	30.92
#412 Women 16&U 50 Fly Prelims	34.28
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.57

#208 Women 16&U 200 Back Prelims	2:53.11
#302 Women 16&U 200 Free Prelims	2:32.10
#314 Women 16&U 200 IM Prelims	2:53.38
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:28.43
#410 Women 16&U 50 Back Prelims	34.80
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:19.76

4 Holthuis, Keilah-Naomi - Female - Age: 16 - Ind/Rel: 7 / 4

#202 Women 16&U 100 Free Prelims	1:05.37
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:33.42
#310 Women 16&U 100 Back Prelims	1:14.24
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.46
#410 Women 16&U 50 Back Prelims	34.83
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.57

#208 Women 16&U 200 Back Prelims	2:41.73
#302 Women 16&U 200 Free Prelims	2:22.16
#314 Women 16&U 200 IM Prelims	2:44.31
#402 Women 16&U 50 Free Prelims	30.71
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:19.76

5 Kröger, Sammy - Female - Age: 15 - Ind/Rel: 10 / 0

#202 Women 16&U 100 Free Prelims	1:14.06
#212 Women 16&U 100 Fly Prelims	1:35.13
#310 Women 16&U 100 Back Prelims	1:20.88
#402 Women 16&U 50 Free Prelims	35.50
#410 Women 16&U 50 Back Prelims	38.88

#208 Women 16&U 200 Back Prelims	2:47.56
#306 Women 16&U 50 Breast Prelims	45.63
#314 Women 16&U 200 IM Prelims	2:58.70
#406 Women 16&U 200 Breast Prelims	3:28.46
#412 Women 16&U 50 Fly Prelims	37.99

6 Nienaber, Mila J - Female - Age: 14 - Ind/Rel: 9 / 4

#108 Women 14 400 Free	5:13.59
#208 Women 16&U 200 Back Prelims	2:40.32
#302 Women 16&U 200 Free Prelims	2:28.43
#314 Women 16&U 200 IM Prelims	2:56.04
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:28.43
#410 Women 16&U 50 Back Prelims	36.45
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:19.76

#202 Women 16&U 100 Free Prelims	1:08.78
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:33.42
#310 Women 16&U 100 Back Prelims	1:15.53
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:04.46
#402 Women 16&U 50 Free Prelims	30.63
#412 Women 16&U 50 Fly Prelims	34.99

7 Pretorius, Johan M - Male - Age: 11 - Ind/Rel: 6 / 2

#201 Men 16&U 100 Free Prelims	1:17.68
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:51.42
#313 Men 16&U 200 IM Prelims	3:20.94
#405 Men 16&U 200 Breast Prelims	3:46.90

#205 Men 16&U 100 Breast Prelims	1:42.05
#305 Men 16&U 50 Breast Prelims	47.09
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:11.06
#411 Men 16&U 50 Fly Prelims	39.41

8 Schabort, Lowen - Male - Age: 12 - Ind/Rel: 11 / 3

#201 Men 16&U 100 Free Prelims	1:10.64
#207 Men 16&U 200 Back Prelims	2:45.08
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:51.42
#305 Men 16&U 50 Breast Prelims	44.53
#313 Men 16&U 200 IM Prelims	2:52.14
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:28.43
#409 Men 16&U 50 Back Prelims	33.46

#205 Men 16&U 100 Breast Prelims	1:38.13
#211 Men 16&U 100 Fly Prelims	1:13.98
#301 Men 16&U 200 Free Prelims	2:33.23
#309 Men 16&U 100 Back Prelims	1:15.78
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:11.06
#401 Men 16&U 50 Free Prelims	31.67
#411 Men 16&U 50 Fly Prelims	33.53

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Elite Swimming Academy-CE****9 Schoeman, Mateo J - Male - Age: 12 - Ind/Rel: 9 / 3**

#201 Men 16&U 100 Free Prelims	1:07.74	#205 Men 16&U 100 Breast Prelims	1:29.46
#211 Men 16&U 100 Fly Prelims	1:29.37	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:51.42
#301 Men 16&U 200 Free Prelims	2:33.10	#305 Men 16&U 50 Breast Prelims	41.90
#313 Men 16&U 200 IM Prelims	2:55.95	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:11.06
#401 Men 16&U 50 Free Prelims	31.56	#405 Men 16&U 200 Breast Prelims	3:08.44
#411 Men 16&U 50 Fly Prelims	35.45	#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.57

10 Spijkerman, Stephaan - Male - Age: 12 - Ind/Rel: 9 / 2

#201 Men 16&U 100 Free Prelims	1:15.36	#205 Men 16&U 100 Breast Prelims	1:33.66
#207 Men 16&U 200 Back Prelims	2:56.43	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:51.42
#301 Men 16&U 200 Free Prelims	2:43.58	#309 Men 16&U 100 Back Prelims	1:22.35
#313 Men 16&U 200 IM Prelims	3:20.92	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:11.06
#401 Men 16&U 50 Free Prelims	32.67	#405 Men 16&U 200 Breast Prelims	3:35.35
#409 Men 16&U 50 Back Prelims	37.47		

11 Stander, Christiaan L - Male - Age: 13 - Ind/Rel: 9 / 1

#105 Men 13 400 Free	5:10.59	#201 Men 16&U 100 Free Prelims	1:07.45
#205 Men 16&U 100 Breast Prelims	1:33.14	#211 Men 16&U 100 Fly Prelims	1:23.03
#301 Men 16&U 200 Free Prelims	2:29.68	#305 Men 16&U 50 Breast Prelims	41.40
#401 Men 16&U 50 Free Prelims	30.52	#405 Men 16&U 200 Breast Prelims	3:18.04
#411 Men 16&U 50 Fly Prelims	35.66	#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:28.57

12 Van de Vyver, Mia - Female - Age: 13 - Ind/Rel: 5 / 0

#106 Women 13 400 Free	5:48.30	#202 Women 16&U 100 Free Prelims	1:12.68
#208 Women 16&U 200 Back Prelims	3:11.24	#212 Women 16&U 100 Fly Prelims	1:21.80
#302 Women 16&U 200 Free Prelims	2:42.22		

Elite Swimming Academy-CE Total Individual Entries: 99 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Fish Eagle Aquatics-ED****1 Coetzee, Tristan R - Male - Age: 12 - Ind/Rel: 10 / 2**

#103 Men 12 400 Free	5:07.94
#205 Men 16&U 100 Breast Prelims	1:32.36
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:29.76
#305 Men 16&U 50 Breast Prelims	40.36
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:00.22
#405 Men 16&U 200 Breast Prelims	3:13.65

#201 Men 16&U 100 Free Prelims	1:06.57
#211 Men 16&U 100 Fly Prelims	1:26.33
#301 Men 16&U 200 Free Prelims	2:24.83
#313 Men 16&U 200 IM Prelims	2:51.06
#401 Men 16&U 50 Free Prelims	30.87
#411 Men 16&U 50 Fly Prelims	36.12

2 Coleman, Milan - Female - Age: 14 - Ind/Rel: 8 / 3

#108 Women 14 400 Free	5:25.61
#208 Women 16&U 200 Back Prelims	2:51.11
#310 Women 16&U 100 Back Prelims	1:17.89
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.00
#410 Women 16&U 50 Back Prelims	35.79
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:16.56

#202 Women 16&U 100 Free Prelims	1:06.91
#302 Women 16&U 200 Free Prelims	2:30.43
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:03.45
#402 Women 16&U 50 Free Prelims	30.04
#412 Women 16&U 50 Fly Prelims	35.28

3 Cronjé, Miané - Female - Age: 15 - Ind/Rel: 8 / 3

#206 Women 16&U 100 Breast Prelims	1:27.50
#306 Women 16&U 50 Breast Prelims	39.93
#314 Women 16&U 200 IM Prelims	2:48.46
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:15.86
#410 Women 16&U 50 Back Prelims	34.69
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:16.56

#208 Women 16&U 200 Back Prelims	2:39.43
#310 Women 16&U 100 Back Prelims	1:14.97
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:03.45
#406 Women 16&U 200 Breast Prelims	3:02.42
#412 Women 16&U 50 Fly Prelims	34.81

4 DU Plessis, Lheané - Female - Age: 12 - Ind/Rel: 13 / 2

#104 Women 12 400 Free	5:26.10
#206 Women 16&U 100 Breast Prelims	1:31.04
#212 Women 16&U 100 Fly Prelims	1:50.56
#306 Women 16&U 50 Breast Prelims	37.96
#314 Women 16&U 200 IM Prelims	3:01.65
#402 Women 16&U 50 Free Prelims	30.08
#410 Women 16&U 50 Back Prelims	42.65
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:16.56

#202 Women 16&U 100 Free Prelims	1:12.00
#208 Women 16&U 200 Back Prelims	3:25.39
#302 Women 16&U 200 Free Prelims	2:34.21
#310 Women 16&U 100 Back Prelims	1:33.07
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:03.45
#406 Women 16&U 200 Breast Prelims	3:20.61
#412 Women 16&U 50 Fly Prelims	36.60

5 Earle, Zack C - Male - Age: 14 - Ind/Rel: 7 / 3

#107 Men 14 400 Free	5:17.86
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:29.76
#309 Men 16&U 100 Back Prelims	1:21.53
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:00.22
#401 Men 16&U 50 Free Prelims	29.27

#201 Men 16&U 100 Free Prelims	1:06.08
#301 Men 16&U 200 Free Prelims	2:26.17
#313 Men 16&U 200 IM Prelims	2:51.44
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:15.86
#411 Men 16&U 50 Fly Prelims	32.26

6 Haldane, Bella - Female - Age: 13 - Ind/Rel: 8 / 1

#106 Women 13 400 Free	5:42.95
#208 Women 16&U 200 Back Prelims	2:55.44
#310 Women 16&U 100 Back Prelims	1:17.58
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.00
#410 Women 16&U 50 Back Prelims	35.35

#202 Women 16&U 100 Free Prelims	1:13.60
#302 Women 16&U 200 Free Prelims	2:40.33
#314 Women 16&U 200 IM Prelims	2:58.36
#406 Women 16&U 200 Breast Prelims	3:19.75

7 Lindsay, Edith J - Female - Age: 15 - Ind/Rel: 5 / 3

#206 Women 16&U 100 Breast Prelims	1:24.77
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:03.45
#402 Women 16&U 50 Free Prelims	30.55
#412 Women 16&U 50 Fly Prelims	33.87

#306 Women 16&U 50 Breast Prelims	37.94
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:15.86
#406 Women 16&U 200 Breast Prelims	3:10.77
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:16.56

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Fish Eagle Aquatics-ED****8 Smith, Jacobus J - Male - Age: 14 - Ind/Rel: 13 / 1**

#107 Men 14 400 Free	5:33.54	#201 Men 16&U 100 Free Prelims	1:13.73
#205 Men 16&U 100 Breast Prelims	1:31.35	#207 Men 16&U 200 Back Prelims	3:02.40
#211 Men 16&U 100 Fly Prelims	2:07.85	#301 Men 16&U 200 Free Prelims	2:37.49
#305 Men 16&U 50 Breast Prelims	44.47	#309 Men 16&U 100 Back Prelims	1:26.70
#313 Men 16&U 200 IM Prelims	3:02.70	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.00
#401 Men 16&U 50 Free Prelims	32.88	#405 Men 16&U 200 Breast Prelims	3:12.17
#409 Men 16&U 50 Back Prelims	40.01	#411 Men 16&U 50 Fly Prelims	39.56

9 Spies, Judah J - Male - Age: 12 - Ind/Rel: 7 / 2

#201 Men 16&U 100 Free Prelims	1:11.31	#205 Men 16&U 100 Breast Prelims	1:51.59
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:29.76	#301 Men 16&U 200 Free Prelims	2:42.24
#309 Men 16&U 100 Back Prelims	1:25.14	#313 Men 16&U 200 IM Prelims	3:11.87
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:00.22	#401 Men 16&U 50 Free Prelims	31.11
#411 Men 16&U 50 Fly Prelims	34.55		

10 Spies, Pierre J - Male - Age: 14 - Ind/Rel: 8 / 3

#107 Men 14 400 Free	5:16.28	#201 Men 16&U 100 Free Prelims	1:05.80
#205 Men 16&U 100 Breast Prelims	1:35.88	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:29.76
#301 Men 16&U 200 Free Prelims	2:25.02	#309 Men 16&U 100 Back Prelims	1:20.50
#313 Men 16&U 200 IM Prelims	2:52.66	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:00.22
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.00	#401 Men 16&U 50 Free Prelims	28.97
#409 Men 16&U 50 Back Prelims	35.98		

11 Vorster, Bastian S - Male - Age: 15 - Ind/Rel: 9 / 1

#109 Men 15 400 Free	5:15.81	#205 Men 16&U 100 Breast Prelims	1:25.63
#211 Men 16&U 100 Fly Prelims	1:12.60	#305 Men 16&U 50 Breast Prelims	37.49
#309 Men 16&U 100 Back Prelims	1:14.10	#313 Men 16&U 200 IM Prelims	2:45.49
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:15.86	#401 Men 16&U 50 Free Prelims	29.86
#409 Men 16&U 50 Back Prelims	32.88	#411 Men 16&U 50 Fly Prelims	29.30

Fish Eagle Aquatics-ED Total Individual Entries: 96 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Fish Eagles Swimming Club-KC**1 Du Plessis, Caleb - Male - Age: 12 - Ind/Rel: 8 / 0**

#205 Men 16&U 100 Breast Prelims	1:32.31	#207 Men 16&U 200 Back Prelims	2:57.67
#211 Men 16&U 100 Fly Prelims	1:27.75	#301 Men 16&U 200 Free Prelims	2:44.04
#309 Men 16&U 100 Back Prelims	1:22.42	#313 Men 16&U 200 IM Prelims	2:59.01
#401 Men 16&U 50 Free Prelims	33.93	#405 Men 16&U 200 Breast Prelims	3:24.55

Fish Eagles Swimming Club-KC Total Individual Entries: 8 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

Team Entries - All Events

Harlequins Aquatic Club-BU

1 Armist, Caleb - Male - Age: 16 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:06.43	#207 Men 16&U 200 Back Prelims	2:39.71
#211 Men 16&U 100 Fly Prelims	1:12.15	#309 Men 16&U 100 Back Prelims	1:16.68
#313 Men 16&U 200 IM Prelims	2:42.31	#401 Men 16&U 50 Free Prelims	30.43
#409 Men 16&U 50 Back Prelims	34.49		

2 Arnold, Samuel D - Male - Age: 13 - Ind/Rel: 10 / 2

#201 Men 16&U 100 Free Prelims	1:11.51	#205 Men 16&U 100 Breast Prelims	1:38.01
#207 Men 16&U 200 Back Prelims	2:53.57	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:12.09
#301 Men 16&U 200 Free Prelims	2:39.58	#305 Men 16&U 50 Breast Prelims	46.57
#309 Men 16&U 100 Back Prelims	1:21.47	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.00
#401 Men 16&U 50 Free Prelims	32.40	#405 Men 16&U 200 Breast Prelims	3:32.06
#409 Men 16&U 50 Back Prelims	38.80	#411 Men 16&U 50 Fly Prelims	40.99

3 Avellana, Jowen R - Male - Age: 11 - Ind/Rel: 10 / 5

#101 Men 11&U 400 Free	5:39.09	#201 Men 16&U 100 Free Prelims	1:10.67
#207 Men 16&U 200 Back Prelims	2:56.77	#211 Men 16&U 100 Fly Prelims	1:25.36
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:08.83	#305 Men 16&U 50 Breast Prelims	46.40
#309 Men 16&U 100 Back Prelims	1:21.90	#313 Men 16&U 200 IM Prelims	3:03.88
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:16.19	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.15
#401 Men 16&U 50 Free Prelims	31.34	#409 Men 16&U 50 Back Prelims	35.38
#411 Men 16&U 50 Fly Prelims	34.14	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:34.56
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:56.20		

4 Beard, Elijah - Male - Age: 12 - Ind/Rel: 6 / 5

#201 Men 16&U 100 Free Prelims	1:26.15	#205 Men 16&U 100 Breast Prelims	1:43.46
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:08.83	#305 Men 16&U 50 Breast Prelims	48.97
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:16.19	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:41.50
#401 Men 16&U 50 Free Prelims	37.17	#405 Men 16&U 200 Breast Prelims	3:42.27
#411 Men 16&U 50 Fly Prelims	45.82	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:34.56
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:25.18		

5 Hartwig, Connor M - Male - Age: 14 - Ind/Rel: 6 / 0

#203 Men 99&U 200 IM Multi Class Prelims	4:30.49	#209 Men 99&U 50 Back Multi Class Prelims	51.62
#303 Men 99&U 100 Free Multi Class Prelims	1:47.32	#311 Men 99&U 100 Back Multi Class Prelims	1:52.64
#403 Men 99&U 50 Free Multi Class Prelims	48.09	#413 Men 99&U 50 Fly Multi Class Prelims	53.17

6 Jogie, Ryan J - Male - Age: 12 - Ind/Rel: 10 / 5

#103 Men 12 400 Free	5:42.71	#201 Men 16&U 100 Free Prelims	1:16.21
#207 Men 16&U 200 Back Prelims	2:56.42	#211 Men 16&U 100 Fly Prelims	1:38.13
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:08.83	#301 Men 16&U 200 Free Prelims	2:44.86
#309 Men 16&U 100 Back Prelims	1:22.34	#313 Men 16&U 200 IM Prelims	3:06.96
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:16.19	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:41.50
#401 Men 16&U 50 Free Prelims	34.01	#409 Men 16&U 50 Back Prelims	37.83
#411 Men 16&U 50 Fly Prelims	37.90	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medle	2:34.56
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:25.18		

7 McMaster, Rachael A - Female - Age: 11 - Ind/Rel: 7 / 2

#202 Women 16&U 100 Free Prelims	1:22.74	#212 Women 16&U 100 Fly Prelims	1:34.42
#302 Women 16&U 200 Free Prelims	3:01.39	#310 Women 16&U 100 Back Prelims	1:37.41
#314 Women 16&U 200 IM Prelims	3:21.68	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:41.50
#402 Women 16&U 50 Free Prelims	40.24	#412 Women 16&U 50 Fly Prelims	40.30
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:38.09		

8 Muller, Skyler M - Female - Age: 12 - Ind/Rel: 7 / 5

#104 Women 12 400 Free	5:39.63	#202 Women 16&U 100 Free Prelims	1:15.99
#206 Women 16&U 100 Breast Prelims	1:34.62	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:12.55
#302 Women 16&U 200 Free Prelims	2:42.70	#314 Women 16&U 200 IM Prelims	3:11.64
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:18.42	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:41.50
#402 Women 16&U 50 Free Prelims	34.40	#406 Women 16&U 200 Breast Prelims	3:34.60
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:38.09	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:56.20

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Harlequins Aquatic Club-BU****9 Oliphant, Isabelle - Female - Age: 11 - Ind/Rel: 5 / 5**

#206 Women 16&U 100 Breast Prelims	1:36.73	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:12.55
#306 Women 16&U 50 Breast Prelims	44.57	#314 Women 16&U 200 IM Prelims	3:22.55
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:18.42	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.15
#406 Women 16&U 200 Breast Prelims	3:30.40	#410 Women 16&U 50 Back Prelims	43.51
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:38.09	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:25.18

10 Schemel, Brody L - Male - Age: 13 - Ind/Rel: 3 / 2

#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:12.09	#301 Men 16&U 200 Free Prelims	2:30.61
#309 Men 16&U 100 Back Prelims	1:19.66	#313 Men 16&U 200 IM Prelims	3:00.39
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.00		

11 Schemel, Leah I - Female - Age: 12 - Ind/Rel: 6 / 3

#202 Women 16&U 100 Free Prelims	1:20.74	#206 Women 16&U 100 Breast Prelims	1:37.57
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:12.55	#306 Women 16&U 50 Breast Prelims	46.01
#314 Women 16&U 200 IM Prelims	3:10.88	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:18.42
#402 Women 16&U 50 Free Prelims	36.65	#406 Women 16&U 200 Breast Prelims	3:28.46
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	5:25.18		

12 Striglia, Elio - Male - Age: 14 - Ind/Rel: 6 / 2

#201 Men 16&U 100 Free Prelims	1:03.14	#211 Men 16&U 100 Fly Prelims	1:10.31
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:12.09	#305 Men 16&U 50 Breast Prelims	35.35
#313 Men 16&U 200 IM Prelims	2:58.70	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.00
#401 Men 16&U 50 Free Prelims	27.81	#411 Men 16&U 50 Fly Prelims	28.97

13 Van Daalen, Lohan - Male - Age: 14 - Ind/Rel: 6 / 2

#201 Men 16&U 100 Free Prelims	1:03.93	#207 Men 16&U 200 Back Prelims	2:37.70
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:12.09	#301 Men 16&U 200 Free Prelims	2:28.48
#309 Men 16&U 100 Back Prelims	1:11.62	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.00
#401 Men 16&U 50 Free Prelims	28.28	#409 Men 16&U 50 Back Prelims	33.63

14 Vermeulen, Jaime-Lynn - Female - Age: 12 - Ind/Rel: 7 / 5

#104 Women 12 400 Free	5:46.07	#202 Women 16&U 100 Free Prelims	1:13.74
#208 Women 16&U 200 Back Prelims	3:01.99	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:12.55
#302 Women 16&U 200 Free Prelims	2:44.18	#310 Women 16&U 100 Back Prelims	1:25.79
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:18.42	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.15
#402 Women 16&U 50 Free Prelims	31.98	#410 Women 16&U 50 Back Prelims	38.82
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:38.09	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:56.20

15 Worley, Owen L - Male - Age: 12 - Ind/Rel: 10 / 5

#103 Men 12 400 Free	5:39.41	#201 Men 16&U 100 Free Prelims	1:15.80
#207 Men 16&U 200 Back Prelims	3:07.13	#211 Men 16&U 100 Fly Prelims	1:22.62
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:08.83	#301 Men 16&U 200 Free Prelims	2:40.55
#309 Men 16&U 100 Back Prelims	1:27.54	#313 Men 16&U 200 IM Prelims	3:03.17
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:16.19	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:31.15
#401 Men 16&U 50 Free Prelims	33.67	#405 Men 16&U 200 Breast Prelims	3:37.87
#411 Men 16&U 50 Fly Prelims	36.42	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:34.56
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:56.20		

Harlequins Aquatic Club-BU Total Individual Entries: 106 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Helderberg Titans Swimming Aca-CP****1 Engelbrecht, Giselle K - Female - Age: 15 - Ind/Rel: 9 / 0**

#202 Women 16&U 100 Free Prelims	1:12.51	#208 Women 16&U 200 Back Prelims	2:46.40
#212 Women 16&U 100 Fly Prelims	1:28.21	#302 Women 16&U 200 Free Prelims	2:37.74
#310 Women 16&U 100 Back Prelims	1:17.32	#314 Women 16&U 200 IM Prelims	2:55.27
#402 Women 16&U 50 Free Prelims	31.89	#410 Women 16&U 50 Back Prelims	35.47
#412 Women 16&U 50 Fly Prelims	38.05		

2 Engelbrecht, Zia-Bella L - Female - Age: 12 - Ind/Rel: 13 / 0

#104 Women 12 400 Free	5:46.45	#202 Women 16&U 100 Free Prelims	1:15.90
#206 Women 16&U 100 Breast Prelims	1:36.20	#208 Women 16&U 200 Back Prelims	2:58.42
#212 Women 16&U 100 Fly Prelims	1:27.32	#302 Women 16&U 200 Free Prelims	2:45.11
#306 Women 16&U 50 Breast Prelims	45.24	#310 Women 16&U 100 Back Prelims	1:23.70
#314 Women 16&U 200 IM Prelims	3:00.26	#402 Women 16&U 50 Free Prelims	33.96
#406 Women 16&U 200 Breast Prelims	3:29.35	#410 Women 16&U 50 Back Prelims	40.00
#412 Women 16&U 50 Fly Prelims	39.08		

Helderberg Titans Swimming Aca-CP Total Individual Entries: 22 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Infinity Swimming Academy-NM****1 Bradfield, Joel-Luke - Male - Age: 12 - Ind/Rel: 7 / 2**

#201 Men 16&U 100 Free Prelims	1:08.60
#301 Men 16&U 200 Free Prelims	2:33.12
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.25
#409 Men 16&U 50 Back Prelims	36.53
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:43.12

#207 Men 16&U 200 Back Prelims	2:52.17
#309 Men 16&U 100 Back Prelims	1:20.60
#401 Men 16&U 50 Free Prelims	29.84
#411 Men 16&U 50 Fly Prelims	39.16

2 Davis-Taylor, Bela S - Female - Age: 12 - Ind/Rel: 7 / 1

#208 Women 16&U 200 Back Prelims	3:05.21
#302 Women 16&U 200 Free Prelims	2:41.74
#402 Women 16&U 50 Free Prelims	34.17
#412 Women 16&U 50 Fly Prelims	36.58

#212 Women 16&U 100 Fly Prelims	1:26.02
#310 Women 16&U 100 Back Prelims	1:24.12
#410 Women 16&U 50 Back Prelims	36.65
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:25.53

3 Fischer, Blake D - Male - Age: 11 - Ind/Rel: 9 / 2

#101 Men 11&U 400 Free	5:16.35
#205 Men 16&U 100 Breast Prelims	1:33.37
#305 Men 16&U 50 Breast Prelims	40.84
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.25
#405 Men 16&U 200 Breast Prelims	3:14.29
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:43.12

#201 Men 16&U 100 Free Prelims	1:10.15
#301 Men 16&U 200 Free Prelims	2:35.02
#313 Men 16&U 200 IM Prelims	3:02.15
#401 Men 16&U 50 Free Prelims	31.51
#411 Men 16&U 50 Fly Prelims	36.08

4 Joubert, Rebecca J - Female - Age: 12 - Ind/Rel: 6 / 3

#104 Women 12 400 Free	5:37.27
#212 Women 16&U 100 Fly Prelims	1:26.15
#302 Women 16&U 200 Free Prelims	2:37.88
#402 Women 16&U 50 Free Prelims	32.71
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:43.12

#202 Women 16&U 100 Free Prelims	1:12.00
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.14
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:07.19
#412 Women 16&U 50 Fly Prelims	37.37

5 Loni, Yama - Female - Age: 12 - Ind/Rel: 7 / 2

#104 Women 12 400 Free	5:58.48
#212 Women 16&U 100 Fly Prelims	1:27.11
#314 Women 16&U 200 IM Prelims	3:13.24
#402 Women 16&U 50 Free Prelims	32.63
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:25.53

#202 Women 16&U 100 Free Prelims	1:14.63
#302 Women 16&U 200 Free Prelims	2:45.90
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:09.03
#412 Women 16&U 50 Fly Prelims	36.19

6 Meiring, Scarlett J - Female - Age: 11 - Ind/Rel: 11 / 3

#102 Women 11&U 400 Free	6:14.32
#206 Women 16&U 100 Breast Prelims	1:44.35
#212 Women 16&U 100 Fly Prelims	1:32.80
#306 Women 16&U 50 Breast Prelims	47.02
#314 Women 16&U 200 IM Prelims	3:08.99
#402 Women 16&U 50 Free Prelims	32.70
#412 Women 16&U 50 Fly Prelims	35.95

#202 Women 16&U 100 Free Prelims	1:12.53
#208 Women 16&U 200 Back Prelims	3:02.68
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.14
#310 Women 16&U 100 Back Prelims	1:22.10
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:09.03
#410 Women 16&U 50 Back Prelims	37.00
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.39

7 Nikolic, Sebastian N - Male - Age: 14 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:06.83
#305 Men 16&U 50 Breast Prelims	34.41
#401 Men 16&U 50 Free Prelims	29.50
#409 Men 16&U 50 Back Prelims	36.47

#205 Men 16&U 100 Breast Prelims	1:20.80
#313 Men 16&U 200 IM Prelims	2:52.44
#405 Men 16&U 200 Breast Prelims	3:02.32

8 Pieterse, Abby L - Female - Age: 16 - Ind/Rel: 7 / 0

#202 Women 16&U 100 Free Prelims	1:04.69
#302 Women 16&U 200 Free Prelims	2:23.36
#402 Women 16&U 50 Free Prelims	30.21
#412 Women 16&U 50 Fly Prelims	33.50

#208 Women 16&U 200 Back Prelims	2:44.81
#310 Women 16&U 100 Back Prelims	1:14.14
#410 Women 16&U 50 Back Prelims	34.19

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Infinity Swimming Academy-NM****9 Serdyn, Jana - Female - Age: 12 - Ind/Rel: 9 / 4**

#202 Women 16&U 100 Free Prelims	1:13.24	#206 Women 16&U 100 Breast Prelims	1:35.32
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.14	#302 Women 16&U 200 Free Prelims	2:43.30
#306 Women 16&U 50 Breast Prelims	42.39	#314 Women 16&U 200 IM Prelims	3:07.72
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:09.03	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.25
#402 Women 16&U 50 Free Prelims	31.63	#406 Women 16&U 200 Breast Prelims	3:30.43
#410 Women 16&U 50 Back Prelims	38.24	#412 Women 16&U 50 Fly Prelims	35.73
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:25.53		

10 Stearn, Hannah - Female - Age: 12 - Ind/Rel: 9 / 5

#202 Women 16&U 100 Free Prelims	1:12.37	#206 Women 16&U 100 Breast Prelims	1:35.86
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:50.14	#306 Women 16&U 50 Breast Prelims	41.06
#310 Women 16&U 100 Back Prelims	1:31.05	#314 Women 16&U 200 IM Prelims	3:11.08
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:09.03	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.25
#402 Women 16&U 50 Free Prelims	32.07	#406 Women 16&U 200 Breast Prelims	3:26.71
#410 Women 16&U 50 Back Prelims	39.25	#412 Women 16&U 50 Fly Prelims	37.57
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:25.53	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:43.12

11 Strydom, Mia - Female - Age: 14 - Ind/Rel: 7 / 2

#108 Women 14 400 Free	5:07.47	#202 Women 16&U 100 Free Prelims	1:09.66
#302 Women 16&U 200 Free Prelims	2:27.58	#314 Women 16&U 200 IM Prelims	3:00.91
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:07.19	#402 Women 16&U 50 Free Prelims	32.80
#410 Women 16&U 50 Back Prelims	39.32	#412 Women 16&U 50 Fly Prelims	36.93
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.39		

12 van der Westhuizen, Amalia - Female - Age: 14 - Ind/Rel: 8 / 2

#108 Women 14 400 Free	5:22.26	#202 Women 16&U 100 Free Prelims	1:08.81
#212 Women 16&U 100 Fly Prelims	1:24.62	#302 Women 16&U 200 Free Prelims	2:31.58
#306 Women 16&U 50 Breast Prelims	46.80	#314 Women 16&U 200 IM Prelims	2:57.79
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:07.19	#402 Women 16&U 50 Free Prelims	31.49
#412 Women 16&U 50 Fly Prelims	35.56	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.39

13 van der Westhuizen, Anrich C - Male - Age: 12 - Ind/Rel: 8 / 0

#103 Men 12 400 Free	5:45.42	#201 Men 16&U 100 Free Prelims	1:12.66
#207 Men 16&U 200 Back Prelims	3:05.06	#301 Men 16&U 200 Free Prelims	2:40.81
#309 Men 16&U 100 Back Prelims	1:25.90	#401 Men 16&U 50 Free Prelims	33.38
#409 Men 16&U 50 Back Prelims	39.13	#411 Men 16&U 50 Fly Prelims	37.64

14 Wilson, Samantha - Female - Age: 13 - Ind/Rel: 6 / 2

#202 Women 16&U 100 Free Prelims	1:07.81	#212 Women 16&U 100 Fly Prelims	1:15.86
#302 Women 16&U 200 Free Prelims	2:31.98	#310 Women 16&U 100 Back Prelims	1:20.22
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:07.19	#402 Women 16&U 50 Free Prelims	30.19
#412 Women 16&U 50 Fly Prelims	32.41	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:26.39

Infinity Swimming Academy-NM Total Individual Entries: 108 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Joie Swimmers Club**1 Noeth, Beané - Female - Age: 15 - Ind/Rel: 5 / 0**

#110 Women 15 400 Free	5:16.46	#202 Women 16&U 100 Free Prelims	1:05.98
#212 Women 16&U 100 Fly Prelims	1:21.04	#302 Women 16&U 200 Free Prelims	2:29.48
#402 Women 16&U 50 Free Prelims	30.30		

2 Visser, Noah - Male - Age: 11 - Ind/Rel: 8 / 0

#101 Men 11&U 400 Free	6:33.32	#201 Men 16&U 100 Free Prelims	1:17.46
#205 Men 16&U 100 Breast Prelims	1:42.52	#301 Men 16&U 200 Free Prelims	3:02.62
#305 Men 16&U 50 Breast Prelims	44.26	#313 Men 16&U 200 IM Prelims	3:25.50
#401 Men 16&U 50 Free Prelims	34.00	#405 Men 16&U 200 Breast Prelims	3:40.54

Joie Swimmers Club Total Individual Entries: 13 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Knysna Aquatics-ED****1 Bouffé, Hunter K - Male - Age: 11 - Ind/Rel: 5 / 0**

#101 Men 11&U 400 Free	5:52.08	#201 Men 16&U 100 Free Prelims	1:18.56
#207 Men 16&U 200 Back Prelims	3:09.86	#301 Men 16&U 200 Free Prelims	2:47.59
#309 Men 16&U 100 Back Prelims	1:27.97		

2 Croft, Danni - Female - Age: 11 - Ind/Rel: 8 / 1

#102 Women 11&U 400 Free	6:04.11	#202 Women 16&U 100 Free Prelims	1:19.96
#208 Women 16&U 200 Back Prelims	3:10.33	#310 Women 16&U 100 Back Prelims	1:31.25
#314 Women 16&U 200 IM Prelims	3:16.68	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.86
#402 Women 16&U 50 Free Prelims	36.56	#406 Women 16&U 200 Breast Prelims	3:41.90
#410 Women 16&U 50 Back Prelims	43.00		

3 Freislich, Reid A - Male - Age: 11 - Ind/Rel: 6 / 0

#201 Men 16&U 100 Free Prelims	1:23.28	#205 Men 16&U 100 Breast Prelims	1:48.63
#301 Men 16&U 200 Free Prelims	3:03.47	#305 Men 16&U 50 Breast Prelims	49.29
#401 Men 16&U 50 Free Prelims	37.28	#405 Men 16&U 200 Breast Prelims	3:45.15

4 Parr, Colbyn S - Male - Age: 14 - Ind/Rel: 8 / 1

#107 Men 14 400 Free	5:06.79	#201 Men 16&U 100 Free Prelims	1:05.64
#207 Men 16&U 200 Back Prelims	2:32.27	#301 Men 16&U 200 Free Prelims	2:23.00
#309 Men 16&U 100 Back Prelims	1:10.07	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.86
#401 Men 16&U 50 Free Prelims	29.91	#409 Men 16&U 50 Back Prelims	32.69
#411 Men 16&U 50 Fly Prelims	34.52		

5 Parr, Riley C - Male - Age: 12 - Ind/Rel: 10 / 0

#103 Men 12 400 Free	5:37.90	#201 Men 16&U 100 Free Prelims	1:14.95
#205 Men 16&U 100 Breast Prelims	1:37.28	#207 Men 16&U 200 Back Prelims	3:02.79
#301 Men 16&U 200 Free Prelims	2:41.41	#305 Men 16&U 50 Breast Prelims	45.59
#309 Men 16&U 100 Back Prelims	1:25.39	#313 Men 16&U 200 IM Prelims	3:24.18
#401 Men 16&U 50 Free Prelims	34.35	#409 Men 16&U 50 Back Prelims	39.85

6 Swanepoel, Hallett J - Male - Age: 13 - Ind/Rel: 6 / 1

#201 Men 16&U 100 Free Prelims	1:07.26	#205 Men 16&U 100 Breast Prelims	1:30.55
#301 Men 16&U 200 Free Prelims	2:35.81	#305 Men 16&U 50 Breast Prelims	39.18
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.86	#401 Men 16&U 50 Free Prelims	30.21
#411 Men 16&U 50 Fly Prelims	33.58		

7 Tembo, Noku L - Female - Age: 13 - Ind/Rel: 10 / 1

#106 Women 13 400 Free	5:44.15	#202 Women 16&U 100 Free Prelims	1:09.52
#208 Women 16&U 200 Back Prelims	2:46.76	#212 Women 16&U 100 Fly Prelims	1:26.69
#302 Women 16&U 200 Free Prelims	2:31.16	#310 Women 16&U 100 Back Prelims	1:21.24
#314 Women 16&U 200 IM Prelims	3:08.03	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:27.86
#402 Women 16&U 50 Free Prelims	31.89	#410 Women 16&U 50 Back Prelims	35.92
#412 Women 16&U 50 Fly Prelims	37.53		

Knysna Aquatics-ED Total Individual Entries: 53 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Lane Leader Stellenbosch-CE****1 De Nooy, Wyatt J - Male - Age: 10 - Ind/Rel: 7 / 0**

#101 Men 11&U 400 Free	5:50.91	#201 Men 16&U 100 Free Prelims	1:20.05
#301 Men 16&U 200 Free Prelims	2:44.81	#313 Men 16&U 200 IM Prelims	3:19.11
#401 Men 16&U 50 Free Prelims	35.64	#409 Men 16&U 50 Back Prelims	43.91
#411 Men 16&U 50 Fly Prelims	43.14		

2 Henning, Christiaan P - Male - Age: 11 - Ind/Rel: 11 / 0

#101 Men 11&U 400 Free	6:10.51	#201 Men 16&U 100 Free Prelims	1:23.34
#205 Men 16&U 100 Breast Prelims	1:46.08	#211 Men 16&U 100 Fly Prelims	1:47.09
#301 Men 16&U 200 Free Prelims	2:55.07	#305 Men 16&U 50 Breast Prelims	48.64
#309 Men 16&U 100 Back Prelims	1:40.13	#313 Men 16&U 200 IM Prelims	3:21.76
#401 Men 16&U 50 Free Prelims	35.72	#405 Men 16&U 200 Breast Prelims	3:47.38
#411 Men 16&U 50 Fly Prelims	43.35		

3 Hodge, Cameron P - Male - Age: 15 - Ind/Rel: 5 / 0

#207 Men 16&U 200 Back Prelims	2:31.18	#309 Men 16&U 100 Back Prelims	1:12.92
#313 Men 16&U 200 IM Prelims	3:14.97	#401 Men 16&U 50 Free Prelims	30.81
#409 Men 16&U 50 Back Prelims	40.74		

4 Retief, Jane - Female - Age: 14 - Ind/Rel: 5 / 0

#108 Women 14 400 Free	5:12.59	#206 Women 16&U 100 Breast Prelims	1:28.56
#302 Women 16&U 200 Free Prelims	2:30.32	#306 Women 16&U 50 Breast Prelims	40.95
#406 Women 16&U 200 Breast Prelims	3:09.64		

5 Van Der Westhuizen, Ewan - Male - Age: 11 - Ind/Rel: 5 / 0

#205 Men 16&U 100 Breast Prelims	1:35.91	#305 Men 16&U 50 Breast Prelims	41.92
#313 Men 16&U 200 IM Prelims	3:39.25	#405 Men 16&U 200 Breast Prelims	3:30.25
#411 Men 16&U 50 Fly Prelims	48.87		

6 Van Tromp, Seruby - Female - Age: 15 - Ind/Rel: 7 / 0

#110 Women 15 400 Free	5:17.21	#202 Women 16&U 100 Free Prelims	1:06.62
#206 Women 16&U 100 Breast Prelims	1:28.98	#302 Women 16&U 200 Free Prelims	2:32.18
#314 Women 16&U 200 IM Prelims	2:46.76	#402 Women 16&U 50 Free Prelims	30.39
#412 Women 16&U 50 Fly Prelims	33.83		

7 VerLoren Van Themaat, Hein M - Male - Age: 14 - Ind/Rel: 6 / 0

#107 Men 14 400 Free	4:52.09	#201 Men 16&U 100 Free Prelims	59.98
#301 Men 16&U 200 Free Prelims	2:16.17	#309 Men 16&U 100 Back Prelims	1:10.58
#401 Men 16&U 50 Free Prelims	27.43	#411 Men 16&U 50 Fly Prelims	29.96

Lane Leader Stellenbosch-CE Total Individual Entries: 46 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Manta SC-CP****1 Arendse, Emma - Female - Age: 12 - Ind/Rel: 9 / 3**

#104 Women 12 400 Free	5:55.23	#202 Women 16&U 100 Free Prelims	1:21.89
#206 Women 16&U 100 Breast Prelims	1:42.02	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:57.89
#302 Women 16&U 200 Free Prelims	2:50.34	#306 Women 16&U 50 Breast Prelims	47.12
#310 Women 16&U 100 Back Prelims	1:39.07	#314 Women 16&U 200 IM Prelims	3:17.95
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:39.31	#406 Women 16&U 200 Breast Prelims	3:29.88
#412 Women 16&U 50 Fly Prelims	44.91	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.90

2 Barthus, Alessia - Female - Age: 13 - Ind/Rel: 11 / 2

#106 Women 13 400 Free	5:51.46	#202 Women 16&U 100 Free Prelims	1:14.72
#206 Women 16&U 100 Breast Prelims	1:45.26	#208 Women 16&U 200 Back Prelims	2:52.51
#212 Women 16&U 100 Fly Prelims	1:19.48	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:57.89
#302 Women 16&U 200 Free Prelims	2:42.57	#310 Women 16&U 100 Back Prelims	1:17.58
#314 Women 16&U 200 IM Prelims	3:04.55	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.72
#402 Women 16&U 50 Free Prelims	33.61	#410 Women 16&U 50 Back Prelims	34.77
#412 Women 16&U 50 Fly Prelims	33.18		

3 Fortune, Hakeem - Male - Age: 14 - Ind/Rel: 11 / 3

#107 Men 14 400 Free	5:51.56	#201 Men 16&U 100 Free Prelims	1:11.74
#205 Men 16&U 100 Breast Prelims	1:28.97	#207 Men 16&U 200 Back Prelims	2:52.40
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:44.10	#301 Men 16&U 200 Free Prelims	2:40.74
#305 Men 16&U 50 Breast Prelims	39.47	#309 Men 16&U 100 Back Prelims	1:18.72
#313 Men 16&U 200 IM Prelims	2:51.70	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.62
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.72	#401 Men 16&U 50 Free Prelims	32.16
#405 Men 16&U 200 Breast Prelims	3:04.72	#411 Men 16&U 50 Fly Prelims	36.87

4 Fortune, Yaseen - Male - Age: 16 - Ind/Rel: 12 / 0

#111 Men 16 400 Free	5:51.29	#201 Men 16&U 100 Free Prelims	1:07.04
#205 Men 16&U 100 Breast Prelims	1:30.90	#207 Men 16&U 200 Back Prelims	2:34.84
#301 Men 16&U 200 Free Prelims	2:33.58	#305 Men 16&U 50 Breast Prelims	38.82
#309 Men 16&U 100 Back Prelims	1:11.36	#313 Men 16&U 200 IM Prelims	2:50.55
#401 Men 16&U 50 Free Prelims	28.86	#405 Men 16&U 200 Breast Prelims	3:09.39
#409 Men 16&U 50 Back Prelims	34.42	#411 Men 16&U 50 Fly Prelims	33.26

5 Gallie, Abdul-Aziz - Male - Age: 14 - Ind/Rel: 13 / 3

#107 Men 14 400 Free	5:27.04	#201 Men 16&U 100 Free Prelims	1:07.34
#205 Men 16&U 100 Breast Prelims	1:27.19	#207 Men 16&U 200 Back Prelims	2:41.26
#211 Men 16&U 100 Fly Prelims	1:30.73	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:44.10
#301 Men 16&U 200 Free Prelims	2:30.88	#305 Men 16&U 50 Breast Prelims	41.48
#309 Men 16&U 100 Back Prelims	1:13.39	#313 Men 16&U 200 IM Prelims	2:45.32
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.62	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.72
#401 Men 16&U 50 Free Prelims	30.88	#405 Men 16&U 200 Breast Prelims	3:12.78
#409 Men 16&U 50 Back Prelims	35.91	#411 Men 16&U 50 Fly Prelims	37.84

6 Heiberg, Ethan - Male - Age: 12 - Ind/Rel: 12 / 4

#103 Men 12 400 Free	5:53.46	#201 Men 16&U 100 Free Prelims	1:14.73
#205 Men 16&U 100 Breast Prelims	1:30.68	#207 Men 16&U 200 Back Prelims	3:03.35
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:44.10	#301 Men 16&U 200 Free Prelims	2:40.97
#305 Men 16&U 50 Breast Prelims	45.37	#309 Men 16&U 100 Back Prelims	1:23.73
#313 Men 16&U 200 IM Prelims	3:00.44	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.62
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:39.31	#401 Men 16&U 50 Free Prelims	33.73
#405 Men 16&U 200 Breast Prelims	3:14.14	#409 Men 16&U 50 Back Prelims	39.12
#411 Men 16&U 50 Fly Prelims	40.92	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.90

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Manta SC-CP****7 Jantjies, Zara - Female - Age: 13 - Ind/Rel: 11 / 2**

#106 Women 13 400 Free	5:37.20	#202 Women 16&U 100 Free Prelims	1:10.29
#206 Women 16&U 100 Breast Prelims	1:38.15	#212 Women 16&U 100 Fly Prelims	1:20.67
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:57.89	#302 Women 16&U 200 Free Prelims	2:39.07
#306 Women 16&U 50 Breast Prelims	44.39	#310 Women 16&U 100 Back Prelims	1:22.48
#314 Women 16&U 200 IM Prelims	2:57.58	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.72
#402 Women 16&U 50 Free Prelims	32.64	#410 Women 16&U 50 Back Prelims	37.57
#412 Women 16&U 50 Fly Prelims	33.98		

8 Sebastian, Alexander - Male - Age: 12 - Ind/Rel: 12 / 4

#103 Men 12 400 Free	5:47.67	#201 Men 16&U 100 Free Prelims	1:10.29
#205 Men 16&U 100 Breast Prelims	1:28.39	#211 Men 16&U 100 Fly Prelims	1:23.55
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:44.10	#301 Men 16&U 200 Free Prelims	2:36.72
#305 Men 16&U 50 Breast Prelims	40.53	#309 Men 16&U 100 Back Prelims	1:18.95
#313 Men 16&U 200 IM Prelims	2:55.11	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:08.62
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:39.31	#401 Men 16&U 50 Free Prelims	31.85
#405 Men 16&U 200 Breast Prelims	3:16.37	#409 Men 16&U 50 Back Prelims	35.84
#411 Men 16&U 50 Fly Prelims	35.34	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.90

9 Sebastian, Catherine - Female - Age: 12 - Ind/Rel: 10 / 3

#202 Women 16&U 100 Free Prelims	1:10.99	#206 Women 16&U 100 Breast Prelims	1:36.51
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:57.89	#302 Women 16&U 200 Free Prelims	2:46.31
#306 Women 16&U 50 Breast Prelims	46.17	#310 Women 16&U 100 Back Prelims	1:28.60
#314 Women 16&U 200 IM Prelims	3:01.07	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:39.31
#402 Women 16&U 50 Free Prelims	32.36	#406 Women 16&U 200 Breast Prelims	3:27.63
#410 Women 16&U 50 Back Prelims	40.38	#412 Women 16&U 50 Fly Prelims	38.79
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.90		

Manta SC-CP Total Individual Entries: 101 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Marlin Swimming Club-CP****1 Abrahams, Amaani - Female - Age: 15 - Ind/Rel: 10 / 0**

#110 Women 15 400 Free	5:38.07	#202 Women 16&U 100 Free Prelims	1:13.01
#206 Women 16&U 100 Breast Prelims	1:29.46	#212 Women 16&U 100 Fly Prelims	1:20.29
#306 Women 16&U 50 Breast Prelims	40.02	#310 Women 16&U 100 Back Prelims	1:22.25
#314 Women 16&U 200 IM Prelims	2:53.71	#406 Women 16&U 200 Breast Prelims	3:11.58
#410 Women 16&U 50 Back Prelims	37.96	#412 Women 16&U 50 Fly Prelims	33.98

2 Ganger, Zeke D - Male - Age: 15 - Ind/Rel: 10 / 0

#109 Men 15 400 Free	5:28.43	#201 Men 16&U 100 Free Prelims	1:02.21
#205 Men 16&U 100 Breast Prelims	1:25.96	#211 Men 16&U 100 Fly Prelims	1:09.67
#305 Men 16&U 50 Breast Prelims	37.39	#309 Men 16&U 100 Back Prelims	1:11.60
#313 Men 16&U 200 IM Prelims	2:38.80	#401 Men 16&U 50 Free Prelims	28.66
#409 Men 16&U 50 Back Prelims	32.02	#411 Men 16&U 50 Fly Prelims	31.29

3 Gomez, Alex W - Male - Age: 15 - Ind/Rel: 9 / 0

#109 Men 15 400 Free	5:08.65	#201 Men 16&U 100 Free Prelims	1:05.44
#205 Men 16&U 100 Breast Prelims	1:22.33	#301 Men 16&U 200 Free Prelims	2:24.05
#305 Men 16&U 50 Breast Prelims	36.99	#313 Men 16&U 200 IM Prelims	2:43.31
#401 Men 16&U 50 Free Prelims	29.31	#405 Men 16&U 200 Breast Prelims	2:56.12
#411 Men 16&U 50 Fly Prelims	33.54		

4 Samsodien, Saaligh S - Male - Age: 15 - Ind/Rel: 9 / 0

#109 Men 15 400 Free	5:25.37	#201 Men 16&U 100 Free Prelims	1:02.33
#205 Men 16&U 100 Breast Prelims	1:20.25	#211 Men 16&U 100 Fly Prelims	1:11.76
#301 Men 16&U 200 Free Prelims	2:20.37	#305 Men 16&U 50 Breast Prelims	35.67
#313 Men 16&U 200 IM Prelims	2:45.33	#401 Men 16&U 50 Free Prelims	27.67
#411 Men 16&U 50 Fly Prelims	31.10		

Marlin Swimming Club-CP Total Individual Entries: 38 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Matlosana Swimming Club-KK**1 Brits, AJJ - Male - Age: 16 - Ind/Rel: 6 / 0**

#111 Men 16 400 Free	5:04.95	#201 Men 16&U 100 Free Prelims	1:04.54
#211 Men 16&U 100 Fly Prelims	1:12.43	#301 Men 16&U 200 Free Prelims	2:21.27
#309 Men 16&U 100 Back Prelims	1:13.81	#313 Men 16&U 200 IM Prelims	2:40.40

Matlosana Swimming Club-KK Total Individual Entries: 6 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Paarl Aquarius SC-CE****1 Anthony, Jazmin A - Female - Age: 13 - Ind/Rel: 7 / 1**

#206 Women 16&U 100 Breast Prelims	1:34.95	#212 Women 16&U 100 Fly Prelims	1:23.44
#302 Women 16&U 200 Free Prelims	2:47.76	#306 Women 16&U 50 Breast Prelims	43.36
#314 Women 16&U 200 IM Prelims	3:06.88	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:37.14
#402 Women 16&U 50 Free Prelims	34.03	#406 Women 16&U 200 Breast Prelims	3:20.32

2 Baadjies, Cruden H - Male - Age: 14 - Ind/Rel: 7 / 1

#107 Men 14 400 Free	5:45.28	#201 Men 16&U 100 Free Prelims	1:14.85
#205 Men 16&U 100 Breast Prelims	1:27.85	#301 Men 16&U 200 Free Prelims	2:41.84
#305 Men 16&U 50 Breast Prelims	35.19	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:37.14
#401 Men 16&U 50 Free Prelims	32.90	#405 Men 16&U 200 Breast Prelims	3:06.48

3 Cleophas, Kyle - Male - Age: 16 - Ind/Rel: 7 / 0

#111 Men 16 400 Free	4:56.88	#201 Men 16&U 100 Free Prelims	58.80
#211 Men 16&U 100 Fly Prelims	1:06.20	#301 Men 16&U 200 Free Prelims	2:13.69
#309 Men 16&U 100 Back Prelims	1:10.32	#401 Men 16&U 50 Free Prelims	26.38
#411 Men 16&U 50 Fly Prelims	29.33		

4 Munnik, Connor C - Male - Age: 14 - Ind/Rel: 5 / 1

#201 Men 16&U 100 Free Prelims	1:17.71	#205 Men 16&U 100 Breast Prelims	1:31.97
#301 Men 16&U 200 Free Prelims	2:49.13	#305 Men 16&U 50 Breast Prelims	42.35
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:37.14	#405 Men 16&U 200 Breast Prelims	3:12.80

5 Olivier, Gianna G - Female - Age: 12 - Ind/Rel: 9 / 1

#104 Women 12 400 Free	5:25.88	#202 Women 16&U 100 Free Prelims	1:13.82
#206 Women 16&U 100 Breast Prelims	1:30.89	#302 Women 16&U 200 Free Prelims	2:33.79
#306 Women 16&U 50 Breast Prelims	41.70	#314 Women 16&U 200 IM Prelims	3:02.89
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:37.14	#402 Women 16&U 50 Free Prelims	33.25
#406 Women 16&U 200 Breast Prelims	3:13.57	#412 Women 16&U 50 Fly Prelims	42.80

6 Olivier, Simeon - Male - Age: 11 - Ind/Rel: 6 / 0

#101 Men 11&U 400 Free	6:04.06	#201 Men 16&U 100 Free Prelims	1:21.77
#205 Men 16&U 100 Breast Prelims	1:39.27	#301 Men 16&U 200 Free Prelims	2:51.86
#305 Men 16&U 50 Breast Prelims	45.30	#405 Men 16&U 200 Breast Prelims	3:27.84

7 Titus, Brody - Male - Age: 13 - Ind/Rel: 7 / 0

#105 Men 13 400 Free	5:33.31	#205 Men 16&U 100 Breast Prelims	1:32.46
#211 Men 16&U 100 Fly Prelims	1:17.14	#305 Men 16&U 50 Breast Prelims	43.57
#313 Men 16&U 200 IM Prelims	2:56.20	#409 Men 16&U 50 Back Prelims	40.23
#411 Men 16&U 50 Fly Prelims	35.26		

Paarl Aquarius SC-CE Total Individual Entries: 48 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Players-CE****1 De Beer, Isabella C - Female - Age: 14 - Ind/Rel: 6 / 0**

#202 Women 16&U 100 Free Prelims	1:10.39	#208 Women 16&U 200 Back Prelims	2:44.84
#302 Women 16&U 200 Free Prelims	2:28.12	#310 Women 16&U 100 Back Prelims	1:15.11
#402 Women 16&U 50 Free Prelims	30.97	#410 Women 16&U 50 Back Prelims	30.86

2 Fenner, Olivia M - Female - Age: 15 - Ind/Rel: 7 / 0

#202 Women 16&U 100 Free Prelims	1:05.82	#208 Women 16&U 200 Back Prelims	2:44.87
#302 Women 16&U 200 Free Prelims	2:28.46	#310 Women 16&U 100 Back Prelims	1:13.87
#402 Women 16&U 50 Free Prelims	29.70	#410 Women 16&U 50 Back Prelims	34.55
#412 Women 16&U 50 Fly Prelims	33.53		

3 Hawley, Nicola - Female - Age: 15 - Ind/Rel: 8 / 0

#110 Women 15 400 Free	5:28.08	#202 Women 16&U 100 Free Prelims	1:07.22
#206 Women 16&U 100 Breast Prelims	1:26.79	#306 Women 16&U 50 Breast Prelims	38.54
#314 Women 16&U 200 IM Prelims	2:55.56	#402 Women 16&U 50 Free Prelims	31.19
#406 Women 16&U 200 Breast Prelims	3:13.61	#412 Women 16&U 50 Fly Prelims	34.30

4 Jonas, Leonardo - Male - Age: 14 - Ind/Rel: 4 / 0

#201 Men 16&U 100 Free Prelims	1:03.36	#205 Men 16&U 100 Breast Prelims	1:27.17
#301 Men 16&U 200 Free Prelims	2:23.14	#401 Men 16&U 50 Free Prelims	29.08

5 Joubert, Daniel J - Male - Age: 11 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:20.30	#205 Men 16&U 100 Breast Prelims	1:38.91
#301 Men 16&U 200 Free Prelims	2:50.78	#305 Men 16&U 50 Breast Prelims	44.79
#401 Men 16&U 50 Free Prelims	35.98	#405 Men 16&U 200 Breast Prelims	3:28.79
#411 Men 16&U 50 Fly Prelims	42.93		

6 Malan, Lua B - Female - Age: 14 - Ind/Rel: 6 / 0

#208 Women 16&U 200 Back Prelims	2:55.71	#212 Women 16&U 100 Fly Prelims	1:24.63
#310 Women 16&U 100 Back Prelims	1:22.78	#314 Women 16&U 200 IM Prelims	2:58.01
#410 Women 16&U 50 Back Prelims	37.15	#412 Women 16&U 50 Fly Prelims	37.00

7 Oosthuizen, Ethan - Male - Age: 16 - Ind/Rel: 10 / 0

#205 Men 16&U 100 Breast Prelims	1:20.56	#207 Men 16&U 200 Back Prelims	2:50.68
#211 Men 16&U 100 Fly Prelims	1:07.55	#305 Men 16&U 50 Breast Prelims	38.03
#309 Men 16&U 100 Back Prelims	1:13.80	#313 Men 16&U 200 IM Prelims	2:40.99
#401 Men 16&U 50 Free Prelims	28.75	#405 Men 16&U 200 Breast Prelims	3:04.57
#409 Men 16&U 50 Back Prelims	33.77	#411 Men 16&U 50 Fly Prelims	29.85

Players-CE Total Individual Entries: 48 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

Team Entries - All Events

Port Elizabeth Amateur Swimmin-NM

1 Basson, Zaryd D - Male - Age: 11 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:21.57	#205 Men 16&U 100 Breast Prelims	1:40.85
#305 Men 16&U 50 Breast Prelims	44.50	#309 Men 16&U 100 Back Prelims	1:32.81
#401 Men 16&U 50 Free Prelims	35.81	#405 Men 16&U 200 Breast Prelims	3:38.86
#409 Men 16&U 50 Back Prelims	43.19		

2 Basson, Zethan L - Male - Age: 15 - Ind/Rel: 6 / 1

#201 Men 16&U 100 Free Prelims	1:04.61	#205 Men 16&U 100 Breast Prelims	1:16.15
#305 Men 16&U 50 Breast Prelims	34.38	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:08.17
#401 Men 16&U 50 Free Prelims	29.25	#405 Men 16&U 200 Breast Prelims	2:51.89
#411 Men 16&U 50 Fly Prelims	33.29		

3 Claassen, Cayden D - Male - Age: 10 - Ind/Rel: 8 / 5

#201 Men 16&U 100 Free Prelims	1:09.59	#205 Men 16&U 100 Breast Prelims	1:29.03
#211 Men 16&U 100 Fly Prelims	1:21.11	#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:48.98
#305 Men 16&U 50 Breast Prelims	40.54	#313 Men 16&U 200 IM Prelims	2:49.40
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.93	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.73
#401 Men 16&U 50 Free Prelims	31.32	#409 Men 16&U 50 Back Prelims	37.67
#411 Men 16&U 50 Fly Prelims	34.08	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:26.36
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.38		

4 Cruickshank, Carter C - Male - Age: 16 - Ind/Rel: 5 / 2

#111 Men 16 400 Free	4:57.47	#201 Men 16&U 100 Free Prelims	59.54
#211 Men 16&U 100 Fly Prelims	1:04.27	#301 Men 16&U 200 Free Prelims	2:09.54
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:08.17	#411 Men 16&U 50 Fly Prelims	28.93
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:19.95		

5 Davenport, Daniel J - Male - Age: 12 - Ind/Rel: 10 / 5

#103 Men 12 400 Free	5:37.28	#201 Men 16&U 100 Free Prelims	1:10.33
#205 Men 16&U 100 Breast Prelims	1:35.11	#211 Men 16&U 100 Fly Prelims	1:24.84
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:48.98	#301 Men 16&U 200 Free Prelims	2:32.37
#305 Men 16&U 50 Breast Prelims	42.87	#313 Men 16&U 200 IM Prelims	2:58.02
#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.93	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.73
#401 Men 16&U 50 Free Prelims	32.31	#405 Men 16&U 200 Breast Prelims	3:25.49
#411 Men 16&U 50 Fly Prelims	34.44	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:26.36
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.38		

6 Diessner, Ava - Female - Age: 14 - Ind/Rel: 9 / 3

#108 Women 14 400 Free	5:28.25	#202 Women 16&U 100 Free Prelims	1:09.77
#208 Women 16&U 200 Back Prelims	2:53.32	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:36.25
#302 Women 16&U 200 Free Prelims	2:35.39	#310 Women 16&U 100 Back Prelims	1:19.03
#314 Women 16&U 200 IM Prelims	3:05.19	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:05.80
#402 Women 16&U 50 Free Prelims	32.50	#410 Women 16&U 50 Back Prelims	35.99
#412 Women 16&U 50 Fly Prelims	38.80	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:20.07

7 Du Plessis, Leah - Female - Age: 13 - Ind/Rel: 10 / 0

#106 Women 13 400 Free	5:58.75	#202 Women 16&U 100 Free Prelims	1:12.65
#206 Women 16&U 100 Breast Prelims	1:36.66	#212 Women 16&U 100 Fly Prelims	1:23.91
#302 Women 16&U 200 Free Prelims	2:43.24	#306 Women 16&U 50 Breast Prelims	44.48
#314 Women 16&U 200 IM Prelims	3:14.61	#402 Women 16&U 50 Free Prelims	33.80
#406 Women 16&U 200 Breast Prelims	3:25.24	#412 Women 16&U 50 Fly Prelims	36.23

8 Jewell, Stefan E - Male - Age: 12 - Ind/Rel: 8 / 2

#201 Men 16&U 100 Free Prelims	1:16.87	#205 Men 16&U 100 Breast Prelims	1:39.33
#301 Men 16&U 200 Free Prelims	2:45.16	#305 Men 16&U 50 Breast Prelims	43.91
#313 Men 16&U 200 IM Prelims	3:06.92	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.93
#401 Men 16&U 50 Free Prelims	32.99	#405 Men 16&U 200 Breast Prelims	3:29.83
#411 Men 16&U 50 Fly Prelims	41.09	#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:26.36

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026

Team Entries - All Events

Port Elizabeth Amateur Swimmin-NM

9 McLean, Daniella L - Female - Age: 14 - Ind/Rel: 10 / 5

#108 Women 14 400 Free	5:12.37	#202 Women 16&U 100 Free Prelims	1:08.17
#208 Women 16&U 200 Back Prelims	2:48.77	#212 Women 16&U 100 Fly Prelims	1:17.86
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:36.25	#302 Women 16&U 200 Free Prelims	2:31.19
#310 Women 16&U 100 Back Prelims	1:16.44	#314 Women 16&U 200 IM Prelims	2:47.67
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:05.80	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:08.17
#402 Women 16&U 50 Free Prelims	30.97	#410 Women 16&U 50 Back Prelims	35.24
#412 Women 16&U 50 Fly Prelims	32.51	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:20.07
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:19.95		

10 Pieterse, Adriaan - Male - Age: 11 - Ind/Rel: 11 / 2

#101 Men 11&U 400 Free	5:29.69	#201 Men 16&U 100 Free Prelims	1:15.77
#207 Men 16&U 200 Back Prelims	2:46.43	#211 Men 16&U 100 Fly Prelims	1:30.78
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:48.98	#301 Men 16&U 200 Free Prelims	2:40.07
#309 Men 16&U 100 Back Prelims	1:20.94	#313 Men 16&U 200 IM Prelims	2:56.16
#401 Men 16&U 50 Free Prelims	35.13	#405 Men 16&U 200 Breast Prelims	3:33.95
#409 Men 16&U 50 Back Prelims	38.39	#411 Men 16&U 50 Fly Prelims	41.10
#415 Men 12&U 4x50 Medley Relay 4 x 50 Medley	2:26.36		

11 Pieterse, Kate J - Female - Age: 12 - Ind/Rel: 5 / 2

#104 Women 12 400 Free	5:50.47	#202 Women 16&U 100 Free Prelims	1:14.21
#302 Women 16&U 200 Free Prelims	2:43.40	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.73
#402 Women 16&U 50 Free Prelims	33.39	#412 Women 16&U 50 Fly Prelims	38.02
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.38		

12 Pieterse, Nina - Female - Age: 13 - Ind/Rel: 9 / 3

#106 Women 13 400 Free	5:08.06	#202 Women 16&U 100 Free Prelims	1:10.27
#206 Women 16&U 100 Breast Prelims	1:29.14	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:36.25
#302 Women 16&U 200 Free Prelims	2:31.28	#306 Women 16&U 50 Breast Prelims	41.17
#314 Women 16&U 200 IM Prelims	2:44.89	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:05.80
#402 Women 16&U 50 Free Prelims	31.69	#406 Women 16&U 200 Breast Prelims	3:03.83
#412 Women 16&U 50 Fly Prelims	34.93	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:20.07

13 Repinz, Chase P - Male - Age: 16 - Ind/Rel: 12 / 1

#111 Men 16 400 Free	5:01.01	#201 Men 16&U 100 Free Prelims	1:04.20
#205 Men 16&U 100 Breast Prelims	1:23.06	#207 Men 16&U 200 Back Prelims	2:31.81
#301 Men 16&U 200 Free Prelims	2:20.24	#305 Men 16&U 50 Breast Prelims	36.50
#309 Men 16&U 100 Back Prelims	1:11.56	#313 Men 16&U 200 IM Prelims	2:35.23
#401 Men 16&U 50 Free Prelims	29.06	#405 Men 16&U 200 Breast Prelims	3:01.76
#409 Men 16&U 50 Back Prelims	32.70	#411 Men 16&U 50 Fly Prelims	31.52
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:19.95		

14 Roth, Elle - Female - Age: 13 - Ind/Rel: 7 / 5

#202 Women 16&U 100 Free Prelims	1:08.04	#208 Women 16&U 200 Back Prelims	2:45.89
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:36.25	#310 Women 16&U 100 Back Prelims	1:15.30
#314 Women 16&U 200 IM Prelims	2:49.74	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:05.80
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:08.17	#402 Women 16&U 50 Free Prelims	30.64
#410 Women 16&U 50 Back Prelims	33.89	#412 Women 16&U 50 Fly Prelims	33.57
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:20.07	#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:19.95

15 van der Merwe, Naude - Male - Age: 12 - Ind/Rel: 7 / 0

#103 Men 12 400 Free	5:52.48	#201 Men 16&U 100 Free Prelims	1:18.25
#207 Men 16&U 200 Back Prelims	2:59.93	#301 Men 16&U 200 Free Prelims	2:49.00
#309 Men 16&U 100 Back Prelims	1:22.97	#401 Men 16&U 50 Free Prelims	38.60
#409 Men 16&U 50 Back Prelims	38.76		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Port Elizabeth Amateur Swimmin-NM****16 Van der Veen, Aiden L - Male - Age: 11 - Ind/Rel: 12 / 2**

#101 Men 11&U 400 Free	5:30.49	#201 Men 16&U 100 Free Prelims	1:13.29
#205 Men 16&U 100 Breast Prelims	1:37.95	#207 Men 16&U 200 Back Prelims	3:05.83
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	4:48.98	#301 Men 16&U 200 Free Prelims	2:34.79
#305 Men 16&U 50 Breast Prelims	45.24	#309 Men 16&U 100 Back Prelims	1:28.47
#313 Men 16&U 200 IM Prelims	3:03.68	#315 Men 12&U 4x50 Free Relay 4 x 50 Free Rela	2:09.93
#401 Men 16&U 50 Free Prelims	33.31	#405 Men 16&U 200 Breast Prelims	3:24.79
#409 Men 16&U 50 Back Prelims	41.91	#411 Men 16&U 50 Fly Prelims	37.59

17 Van Rooyen, Maggie L - Female - Age: 11 - Ind/Rel: 11 / 1

#202 Women 16&U 100 Free Prelims	1:24.04	#206 Women 16&U 100 Breast Prelims	1:43.87
#212 Women 16&U 100 Fly Prelims	1:33.14	#302 Women 16&U 200 Free Prelims	3:03.43
#306 Women 16&U 50 Breast Prelims	46.14	#310 Women 16&U 100 Back Prelims	1:30.49
#314 Women 16&U 200 IM Prelims	3:17.46	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.73
#402 Women 16&U 50 Free Prelims	37.49	#406 Women 16&U 200 Breast Prelims	3:35.63
#410 Women 16&U 50 Back Prelims	40.36	#412 Women 16&U 50 Fly Prelims	38.10

18 Victor, Amy-Mae - Female - Age: 11 - Ind/Rel: 9 / 1

#202 Women 16&U 100 Free Prelims	1:23.25	#206 Women 16&U 100 Breast Prelims	1:38.15
#208 Women 16&U 200 Back Prelims	3:11.38	#306 Women 16&U 50 Breast Prelims	44.89
#310 Women 16&U 100 Back Prelims	1:30.82	#314 Women 16&U 200 IM Prelims	3:18.20
#406 Women 16&U 200 Breast Prelims	3:29.43	#410 Women 16&U 50 Back Prelims	41.80
#412 Women 16&U 50 Fly Prelims	43.95	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:57.38

Port Elizabeth Amateur Swimmin-NM Total Individual Entries: 156 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Quick Silver Swimming Club-CP****1 Afonso, Aragon G - Male - Age: 15 - Ind/Rel: 8 / 3**

#109 Men 15 400 Free	4:39.83	#201 Men 16&U 100 Free Prelims	59.18
#211 Men 16&U 100 Fly Prelims	1:04.70	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:09.99
#301 Men 16&U 200 Free Prelims	2:08.70	#309 Men 16&U 100 Back Prelims	1:11.12
#313 Men 16&U 200 IM Prelims	2:34.62	#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:54.07
#401 Men 16&U 50 Free Prelims	28.12	#411 Men 16&U 50 Fly Prelims	28.87
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:25.48		

2 Coetzee, Sion M - Male - Age: 15 - Ind/Rel: 8 / 2

#109 Men 15 400 Free	4:50.88	#201 Men 16&U 100 Free Prelims	1:01.35
#207 Men 16&U 200 Back Prelims	2:27.17	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:09.99
#305 Men 16&U 50 Breast Prelims	36.61	#309 Men 16&U 100 Back Prelims	1:08.10
#313 Men 16&U 200 IM Prelims	2:33.91	#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:54.07
#401 Men 16&U 50 Free Prelims	27.13	#409 Men 16&U 50 Back Prelims	32.32

3 Kannemeyer, Luan - Male - Age: 12 - Ind/Rel: 12 / 2

#103 Men 12 400 Free	6:20.35	#201 Men 16&U 100 Free Prelims	1:09.06
#205 Men 16&U 100 Breast Prelims	1:34.43	#207 Men 16&U 200 Back Prelims	3:08.69
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:00.18	#301 Men 16&U 200 Free Prelims	2:47.63
#305 Men 16&U 50 Breast Prelims	41.70	#309 Men 16&U 100 Back Prelims	1:23.76
#313 Men 16&U 200 IM Prelims	3:03.70	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.27
#401 Men 16&U 50 Free Prelims	31.73	#405 Men 16&U 200 Breast Prelims	3:28.28
#409 Men 16&U 50 Back Prelims	37.17	#411 Men 16&U 50 Fly Prelims	36.69

4 Klopper, Lene - Female - Age: 13 - Ind/Rel: 7 / 1

#202 Women 16&U 100 Free Prelims	1:13.91	#206 Women 16&U 100 Breast Prelims	1:46.60
#212 Women 16&U 100 Fly Prelims	1:21.86	#302 Women 16&U 200 Free Prelims	2:58.88
#310 Women 16&U 100 Back Prelims	1:21.79	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.47
#410 Women 16&U 50 Back Prelims	39.52	#412 Women 16&U 50 Fly Prelims	34.25

5 Kriel, Ewan - Male - Age: 12 - Ind/Rel: 11 / 1

#103 Men 12 400 Free	5:31.74	#201 Men 16&U 100 Free Prelims	1:16.01
#205 Men 16&U 100 Breast Prelims	1:41.62	#207 Men 16&U 200 Back Prelims	3:07.30
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:00.18	#301 Men 16&U 200 Free Prelims	2:36.59
#309 Men 16&U 100 Back Prelims	1:27.30	#313 Men 16&U 200 IM Prelims	3:16.87
#401 Men 16&U 50 Free Prelims	33.68	#405 Men 16&U 200 Breast Prelims	3:34.39
#409 Men 16&U 50 Back Prelims	43.46	#411 Men 16&U 50 Fly Prelims	40.34

6 Lichthart, Nicus - Male - Age: 15 - Ind/Rel: 10 / 2

#109 Men 15 400 Free	4:57.07	#201 Men 16&U 100 Free Prelims	1:01.28
#207 Men 16&U 200 Back Prelims	2:41.23	#211 Men 16&U 100 Fly Prelims	1:08.56
#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:09.99	#301 Men 16&U 200 Free Prelims	2:14.53
#309 Men 16&U 100 Back Prelims	1:08.85	#313 Men 16&U 200 IM Prelims	2:35.98
#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:54.07	#401 Men 16&U 50 Free Prelims	28.03
#409 Men 16&U 50 Back Prelims	31.83	#411 Men 16&U 50 Fly Prelims	28.88

7 Nel, Charles Paul - Male - Age: 13 - Ind/Rel: 7 / 3

#205 Men 16&U 100 Breast Prelims	1:29.10	#211 Men 16&U 100 Fly Prelims	1:22.33
#301 Men 16&U 200 Free Prelims	2:47.78	#305 Men 16&U 50 Breast Prelims	42.56
#313 Men 16&U 200 IM Prelims	3:03.82	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.27
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.47	#405 Men 16&U 200 Breast Prelims	3:17.85
#411 Men 16&U 50 Fly Prelims	34.70	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:25.48

8 Rossouw, Marais - Male - Age: 12 - Ind/Rel: 7 / 3

#201 Men 16&U 100 Free Prelims	1:13.23	#207 Men 16&U 200 Back Prelims	2:52.60
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:00.18	#301 Men 16&U 200 Free Prelims	2:44.95
#309 Men 16&U 100 Back Prelims	1:19.63	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.27
#401 Men 16&U 50 Free Prelims	33.13	#409 Men 16&U 50 Back Prelims	36.06
#411 Men 16&U 50 Fly Prelims	40.60	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:25.48

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Quick Silver Swimming Club-CP****9 Schutte, Ethan - Male - Age: 11 - Ind/Rel: 8 / 2**

#201 Men 16&U 100 Free Prelims	1:21.88	#207 Men 16&U 200 Back Prelims	3:09.02
#213 Men 12&U 4x100 Free Relay 4 X 100 Free R	5:00.18	#301 Men 16&U 200 Free Prelims	2:52.12
#309 Men 16&U 100 Back Prelims	1:25.21	#313 Men 16&U 200 IM Prelims	3:25.74
#401 Men 16&U 50 Free Prelims	37.99	#409 Men 16&U 50 Back Prelims	41.11
#411 Men 16&U 50 Fly Prelims	48.15	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:25.48

10 Shipton, Christopher J - Male - Age: 14 - Ind/Rel: 9 / 2

#107 Men 14 400 Free	5:27.34	#201 Men 16&U 100 Free Prelims	1:08.18
#207 Men 16&U 200 Back Prelims	2:44.27	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:09.99
#301 Men 16&U 200 Free Prelims	2:31.14	#309 Men 16&U 100 Back Prelims	1:16.34
#313 Men 16&U 200 IM Prelims	2:50.13	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.27
#401 Men 16&U 50 Free Prelims	29.99	#409 Men 16&U 50 Back Prelims	35.42
#411 Men 16&U 50 Fly Prelims	34.31		

11 Stevenson, Mikayla - Female - Age: 13 - Ind/Rel: 9 / 1

#106 Women 13 400 Free	5:49.93	#202 Women 16&U 100 Free Prelims	1:15.21
#208 Women 16&U 200 Back Prelims	2:54.34	#212 Women 16&U 100 Fly Prelims	1:24.58
#302 Women 16&U 200 Free Prelims	2:39.99	#310 Women 16&U 100 Back Prelims	1:19.82
#314 Women 16&U 200 IM Prelims	3:00.32	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.47
#406 Women 16&U 200 Breast Prelims	3:29.81	#410 Women 16&U 50 Back Prelims	37.40

12 Troskie, Roean - Male - Age: 14 - Ind/Rel: 3 / 2

#309 Men 16&U 100 Back Prelims	1:13.77	#317 Men 15-16 4x50 Free Relay 4 x 50 Free Rela	1:54.07
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.47	#401 Men 16&U 50 Free Prelims	30.79
#409 Men 16&U 50 Back Prelims	33.49		

Quick Silver Swimming Club-CP Total Individual Entries: 99 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Royal Swimming Academy-ED****1 Douglas, Keyla - Female - Age: 12 - Ind/Rel: 9 / 1**

#104 Women 12 400 Free	5:22.18	#202 Women 16&U 100 Free Prelims	1:08.56
#212 Women 16&U 100 Fly Prelims	1:17.69	#302 Women 16&U 200 Free Prelims	2:33.12
#310 Women 16&U 100 Back Prelims	1:22.18	#314 Women 16&U 200 IM Prelims	2:53.25
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.87	#402 Women 16&U 50 Free Prelims	31.46
#410 Women 16&U 50 Back Prelims	39.28	#412 Women 16&U 50 Fly Prelims	35.55

2 Kleynhans, Kayla - Female - Age: 13 - Ind/Rel: 4 / 1

#106 Women 13 400 Free	5:28.90	#202 Women 16&U 100 Free Prelims	1:11.33
#302 Women 16&U 200 Free Prelims	2:33.51	#314 Women 16&U 200 IM Prelims	3:04.87
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.87		

3 Schäffler, James - Male - Age: 11 - Ind/Rel: 10 / 1

#205 Men 16&U 100 Breast Prelims	1:39.00	#207 Men 16&U 200 Back Prelims	3:04.99
#211 Men 16&U 100 Fly Prelims	1:33.99	#305 Men 16&U 50 Breast Prelims	42.15
#309 Men 16&U 100 Back Prelims	1:27.58	#313 Men 16&U 200 IM Prelims	3:00.06
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.87	#401 Men 16&U 50 Free Prelims	34.41
#405 Men 16&U 200 Breast Prelims	3:23.45	#409 Men 16&U 50 Back Prelims	42.83
#411 Men 16&U 50 Fly Prelims	34.79		

4 Smit, Christian F - Male - Age: 14 - Ind/Rel: 9 / 1

#107 Men 14 400 Free	5:05.37	#201 Men 16&U 100 Free Prelims	1:05.86
#205 Men 16&U 100 Breast Prelims	1:23.80	#207 Men 16&U 200 Back Prelims	2:42.22
#301 Men 16&U 200 Free Prelims	2:24.50	#305 Men 16&U 50 Breast Prelims	39.31
#309 Men 16&U 100 Back Prelims	1:16.84	#313 Men 16&U 200 IM Prelims	2:41.97
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.87	#405 Men 16&U 200 Breast Prelims	3:03.59

5 Van Wyngaard, Daniël C - Male - Age: 12 - Ind/Rel: 7 / 0

#103 Men 12 400 Free	5:27.55	#201 Men 16&U 100 Free Prelims	1:13.04
#205 Men 16&U 100 Breast Prelims	1:34.02	#301 Men 16&U 200 Free Prelims	2:34.33
#305 Men 16&U 50 Breast Prelims	43.69	#313 Men 16&U 200 IM Prelims	3:03.72
#405 Men 16&U 200 Breast Prelims	3:19.94		

Royal Swimming Academy-ED Total Individual Entries: 39 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Sport Science Institute of SA-CP**1 Groves, Philippa R - Female - Age: 15 - Ind/Rel: 7 / 0**

#202 Women 16&U 100 Free Prelims	1:07.60	#208 Women 16&U 200 Back Prelims	2:58.73
#302 Women 16&U 200 Free Prelims	2:31.18	#310 Women 16&U 100 Back Prelims	1:19.71
#402 Women 16&U 50 Free Prelims	29.90	#410 Women 16&U 50 Back Prelims	36.14
#412 Women 16&U 50 Fly Prelims	35.03		

2 Hagglund, Emma H - Female - Age: 16 - Ind/Rel: 9 / 0

#202 Women 16&U 100 Free Prelims	1:10.58	#208 Women 16&U 200 Back Prelims	3:02.49
#212 Women 16&U 100 Fly Prelims	1:22.98	#302 Women 16&U 200 Free Prelims	2:37.04
#310 Women 16&U 100 Back Prelims	1:18.85	#314 Women 16&U 200 IM Prelims	2:50.57
#402 Women 16&U 50 Free Prelims	1:01.29	#410 Women 16&U 50 Back Prelims	37.05
#412 Women 16&U 50 Fly Prelims	35.40		

Sport Science Institute of SA-CP Total Individual Entries: 16 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Stellenbosch Aquatics-CE****1 Barenblatt, Sienna G - Female - Age: 13 - Ind/Rel: 5 / 0**

#106 Women 13 400 Free	5:55.38
#208 Women 16&U 200 Back Prelims	2:53.44
#310 Women 16&U 100 Back Prelims	1:22.48

#202 Women 16&U 100 Free Prelims	1:13.54
#302 Women 16&U 200 Free Prelims	2:42.53

2 Gerber, Kayla M - Female - Age: 13 - Ind/Rel: 6 / 0

#202 Women 16&U 100 Free Prelims	1:09.44
#310 Women 16&U 100 Back Prelims	1:22.41
#402 Women 16&U 50 Free Prelims	30.38

#212 Women 16&U 100 Fly Prelims	1:17.31
#314 Women 16&U 200 IM Prelims	3:14.14
#412 Women 16&U 50 Fly Prelims	33.47

3 Harvett, Logan L - Female - Age: 11 - Ind/Rel: 9 / 0

#202 Women 16&U 100 Free Prelims	1:19.11
#208 Women 16&U 200 Back Prelims	3:16.27
#306 Women 16&U 50 Breast Prelims	43.62
#402 Women 16&U 50 Free Prelims	35.64
#410 Women 16&U 50 Back Prelims	42.63

#206 Women 16&U 100 Breast Prelims	1:39.25
#302 Women 16&U 200 Free Prelims	2:55.07
#310 Women 16&U 100 Back Prelims	1:30.70
#406 Women 16&U 200 Breast Prelims	3:35.87

4 Mansfield, Luke T - Male - Age: 16 - Ind/Rel: 8 / 0

#111 Men 16 400 Free	4:55.09
#205 Men 16&U 100 Breast Prelims	1:14.52
#305 Men 16&U 50 Breast Prelims	33.85
#401 Men 16&U 50 Free Prelims	28.57

#201 Men 16&U 100 Free Prelims	1:01.92
#301 Men 16&U 200 Free Prelims	2:15.61
#313 Men 16&U 200 IM Prelims	2:34.85
#405 Men 16&U 200 Breast Prelims	2:42.91

5 O'Carroll, Nia E - Female - Age: 15 - Ind/Rel: 11 / 0

#110 Women 15 400 Free	5:10.78
#208 Women 16&U 200 Back Prelims	2:45.10
#302 Women 16&U 200 Free Prelims	2:29.00
#310 Women 16&U 100 Back Prelims	1:16.38
#402 Women 16&U 50 Free Prelims	31.63
#412 Women 16&U 50 Fly Prelims	34.16

#202 Women 16&U 100 Free Prelims	1:08.43
#212 Women 16&U 100 Fly Prelims	1:18.90
#306 Women 16&U 50 Breast Prelims	43.86
#314 Women 16&U 200 IM Prelims	2:45.01
#410 Women 16&U 50 Back Prelims	35.58

6 Pieterse, Nicholas N - Male - Age: 12 - Ind/Rel: 8 / 0

#103 Men 12 400 Free	5:22.37
#207 Men 16&U 200 Back Prelims	2:52.38
#309 Men 16&U 100 Back Prelims	1:19.92
#409 Men 16&U 50 Back Prelims	38.18

#201 Men 16&U 100 Free Prelims	1:11.47
#301 Men 16&U 200 Free Prelims	2:33.85
#401 Men 16&U 50 Free Prelims	32.76
#411 Men 16&U 50 Fly Prelims	38.49

7 Wustefeld-Janssens, Harry G - Male - Age: 13 - Ind/Rel: 6 / 0

#105 Men 13 400 Free	6:09.71
#207 Men 16&U 200 Back Prelims	3:02.09
#309 Men 16&U 100 Back Prelims	1:25.79

#205 Men 16&U 100 Breast Prelims	1:46.21
#301 Men 16&U 200 Free Prelims	2:45.42
#313 Men 16&U 200 IM Prelims	3:12.85

Stellenbosch Aquatics-CE Total Individual Entries: 53 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Streamline Aquatics-CP**1 Kalapac, Lexi - Female - Age: 13 - Ind/Rel: 6 / 0**

#206 Women 16&U 100 Breast Prelims	1:27.00	#212 Women 16&U 100 Fly Prelims	1:24.56
#306 Women 16&U 50 Breast Prelims	38.72	#314 Women 16&U 200 IM Prelims	3:00.40
#406 Women 16&U 200 Breast Prelims	3:09.73	#412 Women 16&U 50 Fly Prelims	36.11

2 Messiter-Tooze, Luna S - Female - Age: 15 - Ind/Rel: 5 / 0

#110 Women 15 400 Free	5:11.49	#202 Women 16&U 100 Free Prelims	1:08.84
#208 Women 16&U 200 Back Prelims	2:48.96	#302 Women 16&U 200 Free Prelims	2:29.05
#310 Women 16&U 100 Back Prelims	1:18.71		

Streamline Aquatics-CP Total Individual Entries: 11 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Swimlab Aquatic Academ-CP****1 Albino, Nemzi L - Female - Age: 16 - Ind/Rel: 9 / 2**

#202 Women 16&U 100 Free Prelims	1:07.50	#206 Women 16&U 100 Breast Prelims	1:24.35
#302 Women 16&U 200 Free Prelims	2:37.00	#306 Women 16&U 50 Breast Prelims	37.64
#310 Women 16&U 100 Back Prelims	1:17.26	#314 Women 16&U 200 IM Prelims	2:54.00
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:14.23	#406 Women 16&U 200 Breast Prelims	3:07.56
#410 Women 16&U 50 Back Prelims	34.68	#412 Women 16&U 50 Fly Prelims	37.16
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:22.66		

2 Benade, Aria - Female - Age: 12 - Ind/Rel: 9 / 3

#202 Women 16&U 100 Free Prelims	1:20.12	#206 Women 16&U 100 Breast Prelims	1:28.55
#208 Women 16&U 200 Back Prelims	3:07.81	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:15.14
#302 Women 16&U 200 Free Prelims	2:51.69	#306 Women 16&U 50 Breast Prelims	40.62
#314 Women 16&U 200 IM Prelims	3:05.51	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:23.06
#406 Women 16&U 200 Breast Prelims	3:14.32	#410 Women 16&U 50 Back Prelims	40.80
#412 Women 16&U 50 Fly Prelims	38.66	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:35.69

3 Beukes, Ryan M - Male - Age: 11 - Ind/Rel: 13 / 0

#101 Men 11&U 400 Free	5:48.18	#201 Men 16&U 100 Free Prelims	1:14.69
#205 Men 16&U 100 Breast Prelims	1:41.80	#207 Men 16&U 200 Back Prelims	3:12.60
#211 Men 16&U 100 Fly Prelims	1:31.04	#301 Men 16&U 200 Free Prelims	2:44.24
#305 Men 16&U 50 Breast Prelims	47.84	#309 Men 16&U 100 Back Prelims	1:32.27
#313 Men 16&U 200 IM Prelims	3:06.55	#401 Men 16&U 50 Free Prelims	33.64
#405 Men 16&U 200 Breast Prelims	3:31.67	#409 Men 16&U 50 Back Prelims	44.13
#411 Men 16&U 50 Fly Prelims	39.97		

4 Glass, Gabi - Female - Age: 11 - Ind/Rel: 10 / 3

#202 Women 16&U 100 Free Prelims	1:17.30	#206 Women 16&U 100 Breast Prelims	1:48.25
#208 Women 16&U 200 Back Prelims	3:12.73	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:15.14
#302 Women 16&U 200 Free Prelims	2:50.69	#306 Women 16&U 50 Breast Prelims	49.12
#310 Women 16&U 100 Back Prelims	1:29.04	#314 Women 16&U 200 IM Prelims	3:15.55
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:23.06	#402 Women 16&U 50 Free Prelims	34.66
#410 Women 16&U 50 Back Prelims	40.13	#412 Women 16&U 50 Fly Prelims	48.92
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:35.69		

5 Pearson-Adams, Oshun O - Female - Age: 13 - Ind/Rel: 8 / 1

#202 Women 16&U 100 Free Prelims	1:09.69	#208 Women 16&U 200 Back Prelims	2:45.80
#302 Women 16&U 200 Free Prelims	2:34.51	#310 Women 16&U 100 Back Prelims	1:15.67
#314 Women 16&U 200 IM Prelims	2:54.96	#402 Women 16&U 50 Free Prelims	31.34
#410 Women 16&U 50 Back Prelims	33.55	#412 Women 16&U 50 Fly Prelims	34.72
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:22.66		

6 Pearson-Adams, Wolfe D - Male - Age: 16 - Ind/Rel: 7 / 2

#201 Men 16&U 100 Free Prelims	59.43	#211 Men 16&U 100 Fly Prelims	1:06.76
#301 Men 16&U 200 Free Prelims	2:16.50	#305 Men 16&U 50 Breast Prelims	36.97
#313 Men 16&U 200 IM Prelims	2:37.39	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:14.23
#401 Men 16&U 50 Free Prelims	26.61	#411 Men 16&U 50 Fly Prelims	28.30
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:22.66		

7 Ramorwesi, Oratilwe M - Male - Age: 14 - Ind/Rel: 9 / 2

#107 Men 14 400 Free	5:08.85	#201 Men 16&U 100 Free Prelims	1:06.04
#207 Men 16&U 200 Back Prelims	2:39.42	#211 Men 16&U 100 Fly Prelims	1:12.49
#301 Men 16&U 200 Free Prelims	2:27.51	#309 Men 16&U 100 Back Prelims	1:13.68
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:14.23	#401 Men 16&U 50 Free Prelims	29.72
#409 Men 16&U 50 Back Prelims	34.09	#411 Men 16&U 50 Fly Prelims	32.08
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:22.66		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Swimlab Aquatic Academ-CP****8 Richards, Emma E - Female - Age: 11 - Ind/Rel: 9 / 3**

#102 Women 11&U 400 Free	5:56.41	#202 Women 16&U 100 Free Prelims	1:18.17
#208 Women 16&U 200 Back Prelims	3:02.29	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:15.14
#302 Women 16&U 200 Free Prelims	2:45.92	#310 Women 16&U 100 Back Prelims	1:27.74
#314 Women 16&U 200 IM Prelims	3:14.88	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:23.06
#402 Women 16&U 50 Free Prelims	37.30	#410 Women 16&U 50 Back Prelims	41.32
#412 Women 16&U 50 Fly Prelims	46.97	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:35.69

9 Robinson, Alana - Female - Age: 15 - Ind/Rel: 7 / 1

#110 Women 15 400 Free	5:20.60	#202 Women 16&U 100 Free Prelims	1:10.49
#208 Women 16&U 200 Back Prelims	2:51.59	#302 Women 16&U 200 Free Prelims	2:31.07
#310 Women 16&U 100 Back Prelims	1:20.52	#314 Women 16&U 200 IM Prelims	2:58.00
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:14.23	#406 Women 16&U 200 Breast Prelims	3:20.07

10 Sadi, Chrisela F - Female - Age: 11 - Ind/Rel: 9 / 3

#202 Women 16&U 100 Free Prelims	1:19.55	#208 Women 16&U 200 Back Prelims	3:24.83
#212 Women 16&U 100 Fly Prelims	1:36.02	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:15.14
#302 Women 16&U 200 Free Prelims	2:53.04	#310 Women 16&U 100 Back Prelims	1:32.18
#314 Women 16&U 200 IM Prelims	3:17.58	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:23.06
#402 Women 16&U 50 Free Prelims	35.00	#410 Women 16&U 50 Back Prelims	42.12
#412 Women 16&U 50 Fly Prelims	39.09	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:35.69

Swimlab Aquatic Academ-CP Total Individual Entries: 90 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

The Well-CE**1 Christensen, Milla M - Female - Age: 13 - Ind/Rel: 4 / 0**

#202 Women 16&U 100 Free Prelims	1:09.39	#206 Women 16&U 100 Breast Prelims	1:38.59
#306 Women 16&U 50 Breast Prelims	44.78	#402 Women 16&U 50 Free Prelims	34.86

The Well-CE Total Individual Entries: 4 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Tygerberg Aquatics-CP****1 Botha, Andre - Male - Age: 13 - Ind/Rel: 8 / 2**

#201 Men 16&U 100 Free Prelims	1:20.78
#301 Men 16&U 200 Free Prelims	3:19.45
#313 Men 16&U 200 IM Prelims	3:22.50
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.78
#405 Men 16&U 200 Breast Prelims	3:16.34

#205 Men 16&U 100 Breast Prelims	1:31.12
#305 Men 16&U 50 Breast Prelims	40.81
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.48
#401 Men 16&U 50 Free Prelims	35.89
#411 Men 16&U 50 Fly Prelims	40.62

2 Heunis, Le Roux - Male - Age: 14 - Ind/Rel: 10 / 4

#107 Men 14 400 Free	5:08.95
#207 Men 16&U 200 Back Prelims	2:33.34
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:47.19
#309 Men 16&U 100 Back Prelims	1:10.51
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.48
#401 Men 16&U 50 Free Prelims	31.05
#411 Men 16&U 50 Fly Prelims	31.17

#201 Men 16&U 100 Free Prelims	1:06.94
#211 Men 16&U 100 Fly Prelims	1:06.21
#301 Men 16&U 200 Free Prelims	2:30.99
#313 Men 16&U 200 IM Prelims	2:37.70
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.78
#409 Men 16&U 50 Back Prelims	32.96
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:45.95

3 Lee, Daniel - Male - Age: 13 - Ind/Rel: 10 / 2

#105 Men 13 400 Free	5:23.61
#207 Men 16&U 200 Back Prelims	2:52.75
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:47.19
#309 Men 16&U 100 Back Prelims	1:19.47
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.48
#409 Men 16&U 50 Back Prelims	35.40

#201 Men 16&U 100 Free Prelims	1:11.94
#211 Men 16&U 100 Fly Prelims	1:19.41
#301 Men 16&U 200 Free Prelims	2:42.51
#313 Men 16&U 200 IM Prelims	2:49.95
#401 Men 16&U 50 Free Prelims	31.43
#411 Men 16&U 50 Fly Prelims	35.77

4 Lilley, Kenna - Female - Age: 13 - Ind/Rel: 8 / 2

#106 Women 13 400 Free	5:56.00
#208 Women 16&U 200 Back Prelims	3:00.70
#310 Women 16&U 100 Back Prelims	1:23.97
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.78
#412 Women 16&U 50 Fly Prelims	37.49

#202 Women 16&U 100 Free Prelims	1:13.51
#302 Women 16&U 200 Free Prelims	2:46.37
#314 Women 16&U 200 IM Prelims	3:04.96
#410 Women 16&U 50 Back Prelims	41.08
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:45.95

5 Louw, Milea - Female - Age: 11 - Ind/Rel: 8 / 3

#102 Women 11&U 400 Free	6:12.80
#208 Women 16&U 200 Back Prelims	3:09.45
#302 Women 16&U 200 Free Prelims	2:55.04
#314 Women 16&U 200 IM Prelims	3:19.65
#402 Women 16&U 50 Free Prelims	36.87
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:37.22

#202 Women 16&U 100 Free Prelims	1:22.80
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:01.77
#310 Women 16&U 100 Back Prelims	1:30.64
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:16.23
#410 Women 16&U 50 Back Prelims	42.28

6 Newham, Christopher J - Male - Age: 13 - Ind/Rel: 10 / 3

#105 Men 13 400 Free	5:38.25
#207 Men 16&U 200 Back Prelims	2:53.32
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:47.19
#309 Men 16&U 100 Back Prelims	1:20.67
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:10.48
#409 Men 16&U 50 Back Prelims	38.43
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:45.95

#201 Men 16&U 100 Free Prelims	1:09.56
#211 Men 16&U 100 Fly Prelims	1:34.36
#301 Men 16&U 200 Free Prelims	2:37.16
#313 Men 16&U 200 IM Prelims	3:01.86
#401 Men 16&U 50 Free Prelims	32.11
#411 Men 16&U 50 Fly Prelims	36.32

7 Rossouw, Cara - Female - Age: 16 - Ind/Rel: 10 / 0

#112 Women 16 400 Free	5:07.81
#208 Women 16&U 200 Back Prelims	2:37.63
#306 Women 16&U 50 Breast Prelims	39.48
#314 Women 16&U 200 IM Prelims	2:36.09
#406 Women 16&U 200 Breast Prelims	3:10.35

#206 Women 16&U 100 Breast Prelims	1:26.86
#212 Women 16&U 100 Fly Prelims	1:12.25
#310 Women 16&U 100 Back Prelims	1:12.85
#402 Women 16&U 50 Free Prelims	30.81
#412 Women 16&U 50 Fly Prelims	32.04

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Tygerberg Aquatics-CP****8 Schenck, Maya K - Female - Age: 11 - Ind/Rel: 11 / 5**

#102 Women 11&U 400 Free	6:22.58	#202 Women 16&U 100 Free Prelims	1:15.94
#208 Women 16&U 200 Back Prelims	3:04.25	#212 Women 16&U 100 Fly Prelims	1:33.34
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:01.77	#302 Women 16&U 200 Free Prelims	2:49.26
#310 Women 16&U 100 Back Prelims	1:25.84	#314 Women 16&U 200 IM Prelims	3:08.60
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:16.23	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.78
#402 Women 16&U 50 Free Prelims	33.52	#406 Women 16&U 200 Breast Prelims	3:39.42
#410 Women 16&U 50 Back Prelims	39.80	#412 Women 16&U 50 Fly Prelims	37.21
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:37.22	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:45.95

9 Van der Merwe, Logan - Male - Age: 12 - Ind/Rel: 11 / 2

#103 Men 12 400 Free	5:41.82	#201 Men 16&U 100 Free Prelims	1:12.96
#205 Men 16&U 100 Breast Prelims	1:39.93	#207 Men 16&U 200 Back Prelims	2:55.44
#211 Men 16&U 100 Fly Prelims	1:19.85	#301 Men 16&U 200 Free Prelims	2:32.47
#309 Men 16&U 100 Back Prelims	1:19.59	#313 Men 16&U 200 IM Prelims	2:54.31
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.80	#401 Men 16&U 50 Free Prelims	33.77
#409 Men 16&U 50 Back Prelims	38.62	#411 Men 16&U 50 Fly Prelims	35.91
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:51.38		

10 Van der Merwe, Ulric - Male - Age: 11 - Ind/Rel: 11 / 2

#101 Men 11&U 400 Free	5:46.74	#201 Men 16&U 100 Free Prelims	1:15.39
#205 Men 16&U 100 Breast Prelims	1:38.75	#207 Men 16&U 200 Back Prelims	3:00.48
#211 Men 16&U 100 Fly Prelims	1:23.24	#301 Men 16&U 200 Free Prelims	2:42.99
#309 Men 16&U 100 Back Prelims	1:25.06	#313 Men 16&U 200 IM Prelims	3:01.03
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.80	#401 Men 16&U 50 Free Prelims	34.75
#409 Men 16&U 50 Back Prelims	41.62	#411 Men 16&U 50 Fly Prelims	38.14
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:51.38		

11 Van Jaarsveld, Bianca I - Female - Age: 12 - Ind/Rel: 12 / 5

#104 Women 12 400 Free	5:31.93	#202 Women 16&U 100 Free Prelims	1:10.59
#206 Women 16&U 100 Breast Prelims	1:40.14	#208 Women 16&U 200 Back Prelims	2:58.28
#212 Women 16&U 100 Fly Prelims	1:26.80	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:01.77
#302 Women 16&U 200 Free Prelims	2:36.31	#310 Women 16&U 100 Back Prelims	1:21.76
#314 Women 16&U 200 IM Prelims	2:57.65	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:16.23
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.80	#402 Women 16&U 50 Free Prelims	32.41
#406 Women 16&U 200 Breast Prelims	3:36.78	#410 Women 16&U 50 Back Prelims	35.95
#412 Women 16&U 50 Fly Prelims	36.37	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:37.22
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:51.38		

12 Van Onselen, Annabelle - Female - Age: 11 - Ind/Rel: 11 / 5

#102 Women 11&U 400 Free	5:50.76	#202 Women 16&U 100 Free Prelims	1:12.44
#206 Women 16&U 100 Breast Prelims	1:41.19	#208 Women 16&U 200 Back Prelims	2:57.00
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	5:01.77	#302 Women 16&U 200 Free Prelims	2:42.84
#306 Women 16&U 50 Breast Prelims	47.19	#310 Women 16&U 100 Back Prelims	1:23.58
#314 Women 16&U 200 IM Prelims	3:07.73	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:16.23
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:33.80	#402 Women 16&U 50 Free Prelims	33.43
#406 Women 16&U 200 Breast Prelims	3:31.67	#410 Women 16&U 50 Back Prelims	38.94
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:37.22	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:51.38

13 Vleggaar, Daniel - Male - Age: 13 - Ind/Rel: 10 / 1

#105 Men 13 400 Free	5:34.56	#205 Men 16&U 100 Breast Prelims	1:33.70
#211 Men 16&U 100 Fly Prelims	1:39.61	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:47.19
#301 Men 16&U 200 Free Prelims	2:41.66	#305 Men 16&U 50 Breast Prelims	44.99
#309 Men 16&U 100 Back Prelims	1:29.11	#313 Men 16&U 200 IM Prelims	3:03.71
#401 Men 16&U 50 Free Prelims	38.22	#405 Men 16&U 200 Breast Prelims	3:23.33
#411 Men 16&U 50 Fly Prelims	43.97		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Tygerberg Aquatics-CP14 **Wright, Jonah S - Male - Age: 15 - Ind/Rel: 10 / 0**

#109 Men 15 400 Free	4:46.73	#201 Men 16&U 100 Free Prelims	58.34
#207 Men 16&U 200 Back Prelims	2:24.95	#211 Men 16&U 100 Fly Prelims	1:11.47
#301 Men 16&U 200 Free Prelims	2:08.92	#309 Men 16&U 100 Back Prelims	1:09.26
#313 Men 16&U 200 IM Prelims	2:36.50	#401 Men 16&U 50 Free Prelims	27.01
#409 Men 16&U 50 Back Prelims	32.24	#411 Men 16&U 50 Fly Prelims	31.10

Tygerberg Aquatics-CP Total Individual Entries: 140 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Ultimate Swim Club-BU****1 Abrams, Sophia E - Female - Age: 11 - Ind/Rel: 8 / 4**

#102 Women 11&U 400 Free	5:41.45	#202 Women 16&U 100 Free Prelims	1:11.47
#206 Women 16&U 100 Breast Prelims	1:44.98	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:55.01
#302 Women 16&U 200 Free Prelims	2:38.31	#314 Women 16&U 200 IM Prelims	3:06.10
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:12.10	#402 Women 16&U 50 Free Prelims	32.61
#410 Women 16&U 50 Back Prelims	41.46	#412 Women 16&U 50 Fly Prelims	36.49
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:27.85	#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:47.23

2 Bowman, Bailey J - Female - Age: 11 - Ind/Rel: 8 / 0

#102 Women 11&U 400 Free	6:11.16	#206 Women 16&U 100 Breast Prelims	1:51.84
#212 Women 16&U 100 Fly Prelims	1:35.06	#302 Women 16&U 200 Free Prelims	3:04.39
#306 Women 16&U 50 Breast Prelims	48.97	#314 Women 16&U 200 IM Prelims	3:16.71
#402 Women 16&U 50 Free Prelims	36.22	#412 Women 16&U 50 Fly Prelims	39.87

3 Clifford, Jack K - Male - Age: 13 - Ind/Rel: 10 / 4

#105 Men 13 400 Free	5:13.06	#201 Men 16&U 100 Free Prelims	1:09.93
#205 Men 16&U 100 Breast Prelims	1:33.07	#211 Men 16&U 100 Fly Prelims	1:26.31
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:41.77	#301 Men 16&U 200 Free Prelims	2:29.37
#305 Men 16&U 50 Breast Prelims	41.17	#313 Men 16&U 200 IM Prelims	2:54.60
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.34	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.43
#401 Men 16&U 50 Free Prelims	31.49	#405 Men 16&U 200 Breast Prelims	3:18.72
#411 Men 16&U 50 Fly Prelims	35.30	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:32.30

4 Dart, Mackenzi J - Female - Age: 12 - Ind/Rel: 8 / 3

#104 Women 12 400 Free	5:47.41	#202 Women 16&U 100 Free Prelims	1:17.60
#208 Women 16&U 200 Back Prelims	2:50.89	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:55.01
#302 Women 16&U 200 Free Prelims	2:44.78	#310 Women 16&U 100 Back Prelims	1:20.32
#314 Women 16&U 200 IM Prelims	3:08.21	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.74
#402 Women 16&U 50 Free Prelims	35.30	#410 Women 16&U 50 Back Prelims	37.44
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:27.85		

5 Du Preez, Kyra J - Female - Age: 12 - Ind/Rel: 9 / 3

#202 Women 16&U 100 Free Prelims	1:16.26	#206 Women 16&U 100 Breast Prelims	1:38.21
#212 Women 16&U 100 Fly Prelims	1:32.70	#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:55.01
#302 Women 16&U 200 Free Prelims	2:44.96	#306 Women 16&U 50 Breast Prelims	43.18
#314 Women 16&U 200 IM Prelims	3:03.14	#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:12.10
#402 Women 16&U 50 Free Prelims	34.33	#406 Women 16&U 200 Breast Prelims	3:32.86
#412 Women 16&U 50 Fly Prelims	37.80	#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:27.85

6 Goldswain, Nicholas J - Male - Age: 12 - Ind/Rel: 7 / 4

#201 Men 16&U 100 Free Prelims	1:09.71	#211 Men 16&U 100 Fly Prelims	1:32.64
#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:34.12	#301 Men 16&U 200 Free Prelims	2:39.96
#313 Men 16&U 200 IM Prelims	3:05.99	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.74
#401 Men 16&U 50 Free Prelims	32.11	#409 Men 16&U 50 Back Prelims	38.28
#411 Men 16&U 50 Fly Prelims	37.39	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:19.40
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:47.23		

7 Goliath, Cooper C - Male - Age: 13 - Ind/Rel: 7 / 3

#105 Men 13 400 Free	5:30.02	#201 Men 16&U 100 Free Prelims	1:10.64
#211 Men 16&U 100 Fly Prelims	1:21.65	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:41.77
#301 Men 16&U 200 Free Prelims	2:36.84	#313 Men 16&U 200 IM Prelims	2:58.37
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.34	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.43
#401 Men 16&U 50 Free Prelims	31.89	#411 Men 16&U 50 Fly Prelims	35.01

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Ultimate Swim Club-BU****8 Greyvenstein, Hayley - Female - Age: 12 - Ind/Rel: 9 / 6**

#202 Women 16&U 100 Free Prelims	1:09.68
#216 Women 12&U 4x100 Free Relay 4 X 100 Fre	4:55.01
#306 Women 16&U 50 Breast Prelims	40.00
#314 Women 16&U 200 IM Prelims	2:50.35
#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.74
#402 Women 16&U 50 Free Prelims	31.14
#412 Women 16&U 50 Fly Prelims	34.70
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:47.23

#206 Women 16&U 100 Breast Prelims	1:29.15
#302 Women 16&U 200 Free Prelims	2:31.74
#310 Women 16&U 100 Back Prelims	1:22.18
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:12.10
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.43
#406 Women 16&U 200 Breast Prelims	3:09.38
#418 Women 12&U 4x50 Medley Relay 4 x 50 Me	2:27.85

9 Kretzmann, Kaleb B - Male - Age: 15 - Ind/Rel: 7 / 4

#201 Men 16&U 100 Free Prelims	1:06.99
#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:34.12
#305 Men 16&U 50 Breast Prelims	37.18
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:13.55
#405 Men 16&U 200 Breast Prelims	2:53.89
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:43.62

#205 Men 16&U 100 Breast Prelims	1:21.54
#301 Men 16&U 200 Free Prelims	2:30.21
#313 Men 16&U 200 IM Prelims	2:40.79
#401 Men 16&U 50 Free Prelims	29.19
#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:19.40

10 Kretzmann, Sophie F - Female - Age: 13 - Ind/Rel: 7 / 2

#106 Women 13 400 Free	5:45.69
#208 Women 16&U 200 Back Prelims	2:51.09
#310 Women 16&U 100 Back Prelims	1:22.40
#402 Women 16&U 50 Free Prelims	33.64
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:24.02

#202 Women 16&U 100 Free Prelims	1:15.27
#302 Women 16&U 200 Free Prelims	2:41.76
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:24.43
#410 Women 16&U 50 Back Prelims	37.93

11 Lockyear, Devon P - Male - Age: 14 - Ind/Rel: 7 / 4

#201 Men 16&U 100 Free Prelims	1:04.63
#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:41.77
#305 Men 16&U 50 Breast Prelims	35.78
#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.34
#401 Men 16&U 50 Free Prelims	29.69
#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:32.30

#205 Men 16&U 100 Breast Prelims	1:18.02
#301 Men 16&U 200 Free Prelims	2:27.50
#313 Men 16&U 200 IM Prelims	2:44.82
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:19.13
#405 Men 16&U 200 Breast Prelims	2:55.79

12 Lottering, Eirley - Female - Age: 15 - Ind/Rel: 8 / 4

#202 Women 16&U 100 Free Prelims	1:12.20
#212 Women 16&U 100 Fly Prelims	1:31.78
#306 Women 16&U 50 Breast Prelims	41.52
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:08.48
#402 Women 16&U 50 Free Prelims	31.75
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:28.57

#206 Women 16&U 100 Breast Prelims	1:28.23
#302 Women 16&U 200 Free Prelims	2:36.59
#314 Women 16&U 200 IM Prelims	3:01.56
#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:13.55
#406 Women 16&U 200 Breast Prelims	3:14.27
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:43.62

13 Mauer, Kayden - Female - Age: 16 - Ind/Rel: 8 / 2

#202 Women 16&U 100 Free Prelims	1:12.58
#212 Women 16&U 100 Fly Prelims	1:26.83
#306 Women 16&U 50 Breast Prelims	41.09
#402 Women 16&U 50 Free Prelims	32.60
#412 Women 16&U 50 Fly Prelims	36.93

#206 Women 16&U 100 Breast Prelims	1:29.92
#302 Women 16&U 200 Free Prelims	2:41.52
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:08.48
#406 Women 16&U 200 Breast Prelims	3:14.33
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:28.57

14 Mfabe, Zingce Z - Female - Age: 13 - Ind/Rel: 7 / 3

#106 Women 13 400 Free	5:40.33
#212 Women 16&U 100 Fly Prelims	1:25.84
#302 Women 16&U 200 Free Prelims	2:45.74
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:10.02
#412 Women 16&U 50 Fly Prelims	36.74

#202 Women 16&U 100 Free Prelims	1:12.90
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:46.16
#314 Women 16&U 200 IM Prelims	3:06.15
#402 Women 16&U 50 Free Prelims	33.29
#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:28.57

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Ultimate Swim Club-BU****15 Minnaar, Amelia C - Female - Age: 14 - Ind/Rel: 9 / 5**

#202 Women 16&U 100 Free Prelims	1:09.05	#208 Women 16&U 200 Back Prelims	2:56.82
#212 Women 16&U 100 Fly Prelims	1:26.44	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:46.16
#302 Women 16&U 200 Free Prelims	2:36.33	#310 Women 16&U 100 Back Prelims	1:20.37
#314 Women 16&U 200 IM Prelims	2:53.68	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:10.02
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:19.13	#402 Women 16&U 50 Free Prelims	31.49
#410 Women 16&U 50 Back Prelims	37.40	#412 Women 16&U 50 Fly Prelims	35.52
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:24.02	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:32.30

16 Petzer, Jayden S - Male - Age: 13 - Ind/Rel: 8 / 3

#105 Men 13 400 Free	5:55.02	#201 Men 16&U 100 Free Prelims	1:16.57
#207 Men 16&U 200 Back Prelims	2:53.35	#214 Men 13-14 4x100 Free Relay 4 X 100 Free R	4:41.77
#301 Men 16&U 200 Free Prelims	2:45.76	#309 Men 16&U 100 Back Prelims	1:22.12
#313 Men 16&U 200 IM Prelims	3:00.77	#316 Men 13-14 4x50 Free Relay 4 x 50 Free Rela	2:07.34
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:19.13	#401 Men 16&U 50 Free Prelims	34.27
#409 Men 16&U 50 Back Prelims	37.94		

17 Ranger, Emma L - Female - Age: 12 - Ind/Rel: 8 / 1

#104 Women 12 400 Free	6:06.94	#202 Women 16&U 100 Free Prelims	1:17.86
#206 Women 16&U 100 Breast Prelims	1:37.89	#302 Women 16&U 200 Free Prelims	2:41.79
#306 Women 16&U 50 Breast Prelims	45.04	#314 Women 16&U 200 IM Prelims	3:10.56
#318 Women 12&U 4x50 Free Relay 4 x 50 Free R	2:12.10	#402 Women 16&U 50 Free Prelims	34.02
#406 Women 16&U 200 Breast Prelims	3:28.98		

18 Ristow, Emma K - Female - Age: 13 - Ind/Rel: 7 / 2

#202 Women 16&U 100 Free Prelims	1:15.17	#206 Women 16&U 100 Breast Prelims	1:29.80
#306 Women 16&U 50 Breast Prelims	40.68	#314 Women 16&U 200 IM Prelims	3:00.71
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:08.48	#402 Women 16&U 50 Free Prelims	33.74
#406 Women 16&U 200 Breast Prelims	3:19.67	#412 Women 16&U 50 Fly Prelims	38.07
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:24.02		

19 Schutler, Amelia-Rose - Female - Age: 13 - Ind/Rel: 8 / 0

#106 Women 13 400 Free	5:38.47	#206 Women 16&U 100 Breast Prelims	1:31.41
#212 Women 16&U 100 Fly Prelims	1:27.69	#306 Women 16&U 50 Breast Prelims	42.18
#314 Women 16&U 200 IM Prelims	3:06.90	#402 Women 16&U 50 Free Prelims	34.40
#406 Women 16&U 200 Breast Prelims	3:13.71	#412 Women 16&U 50 Fly Prelims	37.63

20 Smith, Ava-Sophia H - Female - Age: 14 - Ind/Rel: 8 / 2

#202 Women 16&U 100 Free Prelims	1:13.44	#206 Women 16&U 100 Breast Prelims	1:30.85
#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:46.16	#302 Women 16&U 200 Free Prelims	2:49.20
#306 Women 16&U 50 Breast Prelims	40.53	#314 Women 16&U 200 IM Prelims	3:11.39
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:10.02	#402 Women 16&U 50 Free Prelims	33.30
#406 Women 16&U 200 Breast Prelims	3:19.97	#412 Women 16&U 50 Fly Prelims	41.99

21 Smith, Isabel H - Female - Age: 12 - Ind/Rel: 8 / 0

#202 Women 16&U 100 Free Prelims	1:21.16	#206 Women 16&U 100 Breast Prelims	1:39.56
#302 Women 16&U 200 Free Prelims	3:06.79	#306 Women 16&U 50 Breast Prelims	44.69
#314 Women 16&U 200 IM Prelims	3:15.94	#402 Women 16&U 50 Free Prelims	36.71
#406 Women 16&U 200 Breast Prelims	3:28.52	#412 Women 16&U 50 Fly Prelims	44.39

22 Stevens, Ava - Female - Age: 12 - Ind/Rel: 7 / 0

#202 Women 16&U 100 Free Prelims	1:28.05	#206 Women 16&U 100 Breast Prelims	1:36.70
#306 Women 16&U 50 Breast Prelims	45.43	#310 Women 16&U 100 Back Prelims	1:39.61
#402 Women 16&U 50 Free Prelims	37.82	#406 Women 16&U 200 Breast Prelims	3:23.75
#410 Women 16&U 50 Back Prelims	46.04		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Ultimate Swim Club-BU****23 Terwin, Brooklyn - Female - Age: 13 - Ind/Rel: 9 / 5**

#106 Women 13 400 Free	5:31.47	#202 Women 16&U 100 Free Prelims	1:08.69
#212 Women 16&U 100 Fly Prelims	1:15.82	#217 Women 13-14 4x100 Free Relay 4 X 100 Fre	4:46.16
#302 Women 16&U 200 Free Prelims	2:27.27	#310 Women 16&U 100 Back Prelims	1:24.16
#314 Women 16&U 200 IM Prelims	2:50.79	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:10.02
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:19.13	#402 Women 16&U 50 Free Prelims	31.94
#410 Women 16&U 50 Back Prelims	37.53	#412 Women 16&U 50 Fly Prelims	33.92
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:24.02	#422 Mixed 13-14 4x100 Free Relay 4 x 100 Mixe	4:32.30

24 Thyse, Morgan K - Female - Age: 11 - Ind/Rel: 9 / 0

#102 Women 11&U 400 Free	5:57.36	#202 Women 16&U 100 Free Prelims	1:21.04
#206 Women 16&U 100 Breast Prelims	1:39.21	#306 Women 16&U 50 Breast Prelims	44.97
#310 Women 16&U 100 Back Prelims	1:31.87	#314 Women 16&U 200 IM Prelims	3:14.64
#402 Women 16&U 50 Free Prelims	36.43	#406 Women 16&U 200 Breast Prelims	3:30.47
#410 Women 16&U 50 Back Prelims	42.32		

25 Weimann, Erin J - Female - Age: 15 - Ind/Rel: 5 / 4

#306 Women 16&U 50 Breast Prelims	39.25	#314 Women 16&U 200 IM Prelims	2:50.18
#320 Women 15-16 4x50 Free Relay 4 x 50 Free F	2:08.48	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:13.55
#402 Women 16&U 50 Free Prelims	30.39	#406 Women 16&U 200 Breast Prelims	2:59.51
#412 Women 16&U 50 Fly Prelims	33.70	#420 Women 15-16 4x50 Medley Relay 4 x 50 Me	2:28.57
#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:43.62		

26 Wessels, Jeandre - Male - Age: 12 - Ind/Rel: 9 / 5

#103 Men 12 400 Free	5:33.98	#201 Men 16&U 100 Free Prelims	1:16.37
#205 Men 16&U 100 Breast Prelims	1:43.59	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:34.12
#301 Men 16&U 200 Free Prelims	2:45.56	#305 Men 16&U 50 Breast Prelims	46.89
#313 Men 16&U 200 IM Prelims	3:11.56	#321 Mixed 12&U 4x50 Medley Relay 4 x 50 Mixe	2:28.74
#401 Men 16&U 50 Free Prelims	33.83	#405 Men 16&U 200 Breast Prelims	3:33.11
#411 Men 16&U 50 Fly Prelims	39.19	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:19.40
#421 Mixed 12&U 4x100 Free Relay 4 x 100 Mixe	4:47.23	#423 Mixed 15-16 4x100 Free Relay 4 x 100 Mixe	4:43.62

27 Wessels, Tiaan - Male - Age: 15 - Ind/Rel: 9 / 3

#201 Men 16&U 100 Free Prelims	1:01.05	#207 Men 16&U 200 Back Prelims	2:27.13
#211 Men 16&U 100 Fly Prelims	1:10.50	#215 Men 15-16 4x100 Free Relay 4 X 100 Free R	4:34.12
#301 Men 16&U 200 Free Prelims	2:19.49	#309 Men 16&U 100 Back Prelims	1:06.80
#313 Men 16&U 200 IM Prelims	2:32.13	#323 Mixed 15-16 4x50 Medley Relay 4 x 50 Mixe	2:13.55
#401 Men 16&U 50 Free Prelims	27.87	#409 Men 16&U 50 Back Prelims	30.92
#411 Men 16&U 50 Fly Prelims	31.96	#417 Men 15-16 4x50 Medley Relay 4 x 50 Medle	2:19.40

28 Wiltshire, James - Male - Age: 12 - Ind/Rel: 5 / 0

#201 Men 16&U 100 Free Prelims	1:13.00	#205 Men 16&U 100 Breast Prelims	1:34.00
#305 Men 16&U 50 Breast Prelims	44.69	#313 Men 16&U 200 IM Prelims	3:11.06
#401 Men 16&U 50 Free Prelims	31.54		

Ultimate Swim Club-BU Total Individual Entries: 219 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Uwc Aquatics-CP****1 Clark, Alexander L - Male - Age: 12 - Ind/Rel: 13 / 0**

#103 Men 12 400 Free	6:04.38	#201 Men 16&U 100 Free Prelims	1:11.14
#205 Men 16&U 100 Breast Prelims	1:30.57	#207 Men 16&U 200 Back Prelims	2:52.67
#211 Men 16&U 100 Fly Prelims	1:29.88	#301 Men 16&U 200 Free Prelims	2:39.39
#305 Men 16&U 50 Breast Prelims	39.69	#309 Men 16&U 100 Back Prelims	1:19.56
#313 Men 16&U 200 IM Prelims	2:56.17	#401 Men 16&U 50 Free Prelims	31.77
#405 Men 16&U 200 Breast Prelims	3:18.96	#409 Men 16&U 50 Back Prelims	36.76
#411 Men 16&U 50 Fly Prelims	36.61		

2 Fourie, Ezra - Male - Age: 13 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:22.31	#205 Men 16&U 100 Breast Prelims	1:31.64
#211 Men 16&U 100 Fly Prelims	1:48.02	#305 Men 16&U 50 Breast Prelims	44.02
#313 Men 16&U 200 IM Prelims	3:28.09	#401 Men 16&U 50 Free Prelims	35.61
#411 Men 16&U 50 Fly Prelims	44.04		

3 Isaacs, Christiano A - Male - Age: 16 - Ind/Rel: 8 / 0

#201 Men 16&U 100 Free Prelims	1:10.07	#205 Men 16&U 100 Breast Prelims	1:16.89
#211 Men 16&U 100 Fly Prelims	1:19.94	#305 Men 16&U 50 Breast Prelims	34.05
#313 Men 16&U 200 IM Prelims	2:52.86	#401 Men 16&U 50 Free Prelims	29.39
#405 Men 16&U 200 Breast Prelims	2:52.21	#411 Men 16&U 50 Fly Prelims	31.19

4 Matthee, Zarah - Female - Age: 13 - Ind/Rel: 12 / 0

#106 Women 13 400 Free	5:32.35	#202 Women 16&U 100 Free Prelims	1:11.65
#206 Women 16&U 100 Breast Prelims	1:44.43	#208 Women 16&U 200 Back Prelims	2:52.59
#212 Women 16&U 100 Fly Prelims	1:26.59	#302 Women 16&U 200 Free Prelims	2:40.37
#306 Women 16&U 50 Breast Prelims	47.21	#310 Women 16&U 100 Back Prelims	1:20.93
#314 Women 16&U 200 IM Prelims	2:56.73	#402 Women 16&U 50 Free Prelims	33.10
#410 Women 16&U 50 Back Prelims	37.44	#412 Women 16&U 50 Fly Prelims	37.28

5 Onkruid, Gianna R - Female - Age: 12 - Ind/Rel: 8 / 0

#202 Women 16&U 100 Free Prelims	1:19.38	#206 Women 16&U 100 Breast Prelims	1:31.77
#212 Women 16&U 100 Fly Prelims	1:26.48	#306 Women 16&U 50 Breast Prelims	41.17
#314 Women 16&U 200 IM Prelims	3:05.15	#402 Women 16&U 50 Free Prelims	34.17
#406 Women 16&U 200 Breast Prelims	3:18.05	#412 Women 16&U 50 Fly Prelims	36.49

6 Scheffer, Shaylee C - Female - Age: 11 - Ind/Rel: 8 / 0

#102 Women 11&U 400 Free	5:32.55	#202 Women 16&U 100 Free Prelims	1:12.67
#206 Women 16&U 100 Breast Prelims	1:39.22	#208 Women 16&U 200 Back Prelims	2:52.08
#302 Women 16&U 200 Free Prelims	2:35.90	#310 Women 16&U 100 Back Prelims	1:20.42
#314 Women 16&U 200 IM Prelims	2:59.68	#406 Women 16&U 200 Breast Prelims	3:26.38

7 Snyders, Reece - Male - Age: 15 - Ind/Rel: 10 / 0

#109 Men 15 400 Free	5:29.26	#201 Men 16&U 100 Free Prelims	1:06.38
#205 Men 16&U 100 Breast Prelims	1:22.39	#211 Men 16&U 100 Fly Prelims	1:17.99
#301 Men 16&U 200 Free Prelims	2:27.17	#305 Men 16&U 50 Breast Prelims	37.01
#313 Men 16&U 200 IM Prelims	2:41.55	#401 Men 16&U 50 Free Prelims	31.11
#405 Men 16&U 200 Breast Prelims	2:55.44	#411 Men 16&U 50 Fly Prelims	34.80

8 Van der Merwe, Luan J - Male - Age: 13 - Ind/Rel: 9 / 0

#105 Men 13 400 Free	5:06.33	#201 Men 16&U 100 Free Prelims	1:04.39
#207 Men 16&U 200 Back Prelims	2:48.42	#301 Men 16&U 200 Free Prelims	2:22.03
#309 Men 16&U 100 Back Prelims	1:16.64	#313 Men 16&U 200 IM Prelims	2:43.98
#401 Men 16&U 50 Free Prelims	28.99	#409 Men 16&U 50 Back Prelims	35.32
#411 Men 16&U 50 Fly Prelims	33.06		

Uwc Aquatics-CP Total Individual Entries: 75 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Vineyard SC-CP****1 Abrahamse, Lexi - Female - Age: 11 - Ind/Rel: 5 / 3**

#206 Women 16&U 100 Breast Prelims	1:33.62	#302 Women 16&U 200 Free Prelims	2:53.86
#306 Women 16&U 50 Breast Prelims	42.96	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:14.89
#406 Women 16&U 200 Breast Prelims	3:17.33	#412 Women 16&U 50 Fly Prelims	43.27
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04

2 Adams, Sydney M - Female - Age: 16 - Ind/Rel: 8 / 1

#202 Women 16&U 100 Free Prelims	1:07.02	#206 Women 16&U 100 Breast Prelims	1:21.67
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:47.98	#306 Women 16&U 50 Breast Prelims	36.97
#314 Women 16&U 200 IM Prelims	2:45.40	#402 Women 16&U 50 Free Prelims	29.81
#406 Women 16&U 200 Breast Prelims	2:59.28	#410 Women 16&U 50 Back Prelims	35.88
#412 Women 16&U 50 Fly Prelims	32.94		

3 Brown, Magmoed - Male - Age: 13 - Ind/Rel: 7 / 0

#201 Men 16&U 100 Free Prelims	1:33.81	#205 Men 16&U 100 Breast Prelims	1:54.25
#305 Men 16&U 50 Breast Prelims	49.39	#313 Men 16&U 200 IM Prelims	3:55.66
#401 Men 16&U 50 Free Prelims	39.64	#409 Men 16&U 50 Back Prelims	58.88
#411 Men 16&U 50 Fly Prelims	46.22		

4 Endres, Josephine - Female - Age: 15 - Ind/Rel: 8 / 1

#202 Women 16&U 100 Free Prelims	1:15.93	#206 Women 16&U 100 Breast Prelims	1:40.59
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:47.98	#306 Women 16&U 50 Breast Prelims	43.75
#310 Women 16&U 100 Back Prelims	1:25.59	#314 Women 16&U 200 IM Prelims	3:12.85
#402 Women 16&U 50 Free Prelims	32.42	#410 Women 16&U 50 Back Prelims	37.94
#412 Women 16&U 50 Fly Prelims	36.32		

5 Harder, Callum R - Male - Age: 12 - Ind/Rel: 8 / 1

#201 Men 16&U 100 Free Prelims	1:11.86	#207 Men 16&U 200 Back Prelims	2:44.84
#301 Men 16&U 200 Free Prelims	2:37.75	#309 Men 16&U 100 Back Prelims	1:14.74
#313 Men 16&U 200 IM Prelims	3:06.65	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.61
#401 Men 16&U 50 Free Prelims	31.80	#409 Men 16&U 50 Back Prelims	35.24
#411 Men 16&U 50 Fly Prelims	36.52		

6 Haynes-Smart, Kaitlyn - Female - Age: 13 - Ind/Rel: 12 / 4

#106 Women 13 400 Free	5:45.22	#202 Women 16&U 100 Free Prelims	1:13.34
#206 Women 16&U 100 Breast Prelims	1:34.61	#208 Women 16&U 200 Back Prelims	3:11.40
#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:47.98	#302 Women 16&U 200 Free Prelims	2:41.54
#306 Women 16&U 50 Breast Prelims	44.40	#310 Women 16&U 100 Back Prelims	1:24.19
#314 Women 16&U 200 IM Prelims	3:11.72	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:14.89
#402 Women 16&U 50 Free Prelims	33.90	#406 Women 16&U 200 Breast Prelims	3:26.35
#410 Women 16&U 50 Back Prelims	40.32	#412 Women 16&U 50 Fly Prelims	40.74
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04

7 Jurgens, Chloe-Leigh - Female - Age: 13 - Ind/Rel: 11 / 4

#202 Women 16&U 100 Free Prelims	1:16.03	#206 Women 16&U 100 Breast Prelims	1:31.52
#212 Women 16&U 100 Fly Prelims	1:25.22	#302 Women 16&U 200 Free Prelims	2:46.97
#306 Women 16&U 50 Breast Prelims	41.76	#310 Women 16&U 100 Back Prelims	1:28.51
#314 Women 16&U 200 IM Prelims	3:00.95	#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:14.89
#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.61	#402 Women 16&U 50 Free Prelims	32.75
#406 Women 16&U 200 Breast Prelims	3:20.91	#410 Women 16&U 50 Back Prelims	40.66
#412 Women 16&U 50 Fly Prelims	35.86	#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04
#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04		

8 Lloyd, Jemma A - Female - Age: 13 - Ind/Rel: 9 / 5

#202 Women 16&U 100 Free Prelims	1:11.69	#206 Women 16&U 100 Breast Prelims	1:35.33
#208 Women 16&U 200 Back Prelims	2:51.78	#218 Women 15-16 4x100 Free Relay 4 X 100 Fre	4:47.98
#302 Women 16&U 200 Free Prelims	2:35.30	#306 Women 16&U 50 Breast Prelims	44.11
#310 Women 16&U 100 Back Prelims	1:21.62	#314 Women 16&U 200 IM Prelims	2:59.25
#319 Women 13-14 4x50 Free Relay 4 x 50 Free F	2:14.89	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.61
#406 Women 16&U 200 Breast Prelims	3:25.61	#410 Women 16&U 50 Back Prelims	37.32
#416 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04	#419 Women 13-14 4x50 Medley Relay 4 x 50 Me	2:30.04

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Vineyard SC-CP****9 Louw, James - Male - Age: 13 - Ind/Rel: 8 / 0**

#201 Men 16&U 100 Free Prelims	1:08.40	#207 Men 16&U 200 Back Prelims	2:56.19
#301 Men 16&U 200 Free Prelims	2:37.56	#309 Men 16&U 100 Back Prelims	1:18.30
#313 Men 16&U 200 IM Prelims	2:53.87	#401 Men 16&U 50 Free Prelims	31.49
#409 Men 16&U 50 Back Prelims	35.74	#411 Men 16&U 50 Fly Prelims	34.34

10 Neuhold, Sebastian - Male - Age: 12 - Ind/Rel: 8 / 1

#201 Men 16&U 100 Free Prelims	1:08.10	#211 Men 16&U 100 Fly Prelims	1:48.68
#301 Men 16&U 200 Free Prelims	2:36.20	#309 Men 16&U 100 Back Prelims	1:25.53
#313 Men 16&U 200 IM Prelims	3:07.77	#322 Mixed 13-14 4x50 Medley Relay 4 x 50 Mixe	2:25.61
#401 Men 16&U 50 Free Prelims	30.40	#409 Men 16&U 50 Back Prelims	39.22
#411 Men 16&U 50 Fly Prelims	44.04		

Vineyard SC-CP Total Individual Entries: 84 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Waterbender Aquatic Club-ED****1 Kleynhans, Sian - Female - Age: 16 - Ind/Rel: 9 / 0**

#112 Women 16 400 Free	5:09.38	#202 Women 16&U 100 Free Prelims	1:12.98
#208 Women 16&U 200 Back Prelims	2:46.48	#302 Women 16&U 200 Free Prelims	2:35.78
#310 Women 16&U 100 Back Prelims	1:20.20	#314 Women 16&U 200 IM Prelims	2:54.78
#402 Women 16&U 50 Free Prelims	32.78	#406 Women 16&U 200 Breast Prelims	3:22.67
#410 Women 16&U 50 Back Prelims	37.67		

2 Van Heerden, Emile L - Male - Age: 12 - Ind/Rel: 9 / 0

#103 Men 12 400 Free	5:36.26	#201 Men 16&U 100 Free Prelims	1:13.17
#205 Men 16&U 100 Breast Prelims	1:29.80	#301 Men 16&U 200 Free Prelims	2:36.84
#305 Men 16&U 50 Breast Prelims	39.47	#313 Men 16&U 200 IM Prelims	2:57.99
#401 Men 16&U 50 Free Prelims	32.41	#405 Men 16&U 200 Breast Prelims	3:13.57
#411 Men 16&U 50 Fly Prelims	37.32		

3 Van Rooyen, Louis B - Male - Age: 16 - Ind/Rel: 6 / 0

#205 Men 16&U 100 Breast Prelims	1:19.73	#211 Men 16&U 100 Fly Prelims	1:18.00
#301 Men 16&U 200 Free Prelims	2:27.95	#313 Men 16&U 200 IM Prelims	2:44.13
#405 Men 16&U 200 Breast Prelims	2:52.21	#411 Men 16&U 50 Fly Prelims	34.45

Waterbender Aquatic Club-ED Total Individual Entries: 24 - Total Relays: 0

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events****Xcel Swim Academy-CP****1 Eksteen, Pisces M - Male - Age: 11 - Ind/Rel: 11 / 0**

#101 Men 11&U 400 Free	6:14.09	#201 Men 16&U 100 Free Prelims	1:19.79
#205 Men 16&U 100 Breast Prelims	1:45.72	#207 Men 16&U 200 Back Prelims	3:13.77
#301 Men 16&U 200 Free Prelims	2:53.29	#305 Men 16&U 50 Breast Prelims	48.61
#309 Men 16&U 100 Back Prelims	1:29.40	#313 Men 16&U 200 IM Prelims	3:20.14
#401 Men 16&U 50 Free Prelims	37.54	#405 Men 16&U 200 Breast Prelims	3:51.26
#411 Men 16&U 50 Fly Prelims	44.11		

2 Horn, Ben - Male - Age: 11 - Ind/Rel: 10 / 0

#101 Men 11&U 400 Free	5:37.34	#205 Men 16&U 100 Breast Prelims	1:31.05
#207 Men 16&U 200 Back Prelims	2:54.10	#211 Men 16&U 100 Fly Prelims	1:33.51
#305 Men 16&U 50 Breast Prelims	41.24	#309 Men 16&U 100 Back Prelims	1:19.92
#313 Men 16&U 200 IM Prelims	2:54.02	#401 Men 16&U 50 Free Prelims	33.72
#405 Men 16&U 200 Breast Prelims	3:21.19	#411 Men 16&U 50 Fly Prelims	36.07

3 Julies, Grace J - Female - Age: 13 - Ind/Rel: 10 / 0

#106 Women 13 400 Free	5:24.72	#202 Women 16&U 100 Free Prelims	1:09.77
#206 Women 16&U 100 Breast Prelims	1:27.93	#212 Women 16&U 100 Fly Prelims	1:23.75
#302 Women 16&U 200 Free Prelims	2:32.96	#306 Women 16&U 50 Breast Prelims	39.81
#314 Women 16&U 200 IM Prelims	2:50.71	#402 Women 16&U 50 Free Prelims	32.58
#406 Women 16&U 200 Breast Prelims	3:05.48	#412 Women 16&U 50 Fly Prelims	33.96

4 Koegelenberg, Emily - Female - Age: 13 - Ind/Rel: 9 / 0

#106 Women 13 400 Free	5:10.11	#202 Women 16&U 100 Free Prelims	1:08.47
#208 Women 16&U 200 Back Prelims	2:47.79	#212 Women 16&U 100 Fly Prelims	1:18.51
#302 Women 16&U 200 Free Prelims	2:28.46	#310 Women 16&U 100 Back Prelims	1:19.11
#314 Women 16&U 200 IM Prelims	2:47.77	#410 Women 16&U 50 Back Prelims	37.90
#412 Women 16&U 50 Fly Prelims	35.72		

5 Normington, Olivia - Female - Age: 12 - Ind/Rel: 10 / 0

#104 Women 12 400 Free	5:24.75	#206 Women 16&U 100 Breast Prelims	1:32.06
#208 Women 16&U 200 Back Prelims	2:58.21	#212 Women 16&U 100 Fly Prelims	1:21.59
#302 Women 16&U 200 Free Prelims	2:37.71	#306 Women 16&U 50 Breast Prelims	41.58
#314 Women 16&U 200 IM Prelims	2:50.85	#406 Women 16&U 200 Breast Prelims	3:13.51
#410 Women 16&U 50 Back Prelims	39.38	#412 Women 16&U 50 Fly Prelims	36.17

6 Pieterse, Marcelle J - Male - Age: 15 - Ind/Rel: 10 / 0

#109 Men 15 400 Free	4:40.54	#201 Men 16&U 100 Free Prelims	1:01.15
#207 Men 16&U 200 Back Prelims	2:26.35	#211 Men 16&U 100 Fly Prelims	1:07.13
#301 Men 16&U 200 Free Prelims	2:15.96	#309 Men 16&U 100 Back Prelims	1:09.51
#313 Men 16&U 200 IM Prelims	2:29.61	#401 Men 16&U 50 Free Prelims	28.74
#409 Men 16&U 50 Back Prelims	32.66	#411 Men 16&U 50 Fly Prelims	30.24

7 Spangenberg, Zach A - Male - Age: 13 - Ind/Rel: 13 / 0

#105 Men 13 400 Free	5:25.08	#201 Men 16&U 100 Free Prelims	1:09.87
#205 Men 16&U 100 Breast Prelims	1:38.04	#207 Men 16&U 200 Back Prelims	2:49.96
#211 Men 16&U 100 Fly Prelims	1:18.87	#301 Men 16&U 200 Free Prelims	2:32.34
#305 Men 16&U 50 Breast Prelims	44.31	#309 Men 16&U 100 Back Prelims	1:18.69
#313 Men 16&U 200 IM Prelims	2:57.39	#401 Men 16&U 50 Free Prelims	32.62
#405 Men 16&U 200 Breast Prelims	3:22.40	#409 Men 16&U 50 Back Prelims	37.91
#411 Men 16&U 50 Fly Prelims	34.82		

SA Level 3 Regional Age Group Champs 2026-EC - 09/04/2026 to 12/04/2026**Team Entries - All Events**

Xcel Swim Academy-CP**8 Spangenberg, Luke A - Male - Age: 11 - Ind/Rel: 13 / 0**

#101 Men 11&U 400 Free	6:08.63	#201 Men 16&U 100 Free Prelims	1:21.52
#205 Men 16&U 100 Breast Prelims	1:40.08	#207 Men 16&U 200 Back Prelims	3:15.13
#211 Men 16&U 100 Fly Prelims	1:36.61	#301 Men 16&U 200 Free Prelims	2:57.34
#305 Men 16&U 50 Breast Prelims	46.11	#309 Men 16&U 100 Back Prelims	1:33.66
#313 Men 16&U 200 IM Prelims	3:10.36	#401 Men 16&U 50 Free Prelims	36.71
#405 Men 16&U 200 Breast Prelims	3:34.53	#409 Men 16&U 50 Back Prelims	43.90
#411 Men 16&U 50 Fly Prelims	41.20		

Xcel Swim Academy-CP Total Individual Entries: 86 - Total Relays: 0